

60m			time/distance	wind
W55	1	Mandy Mason	8.00	+0.2
W70	1	Maureen Keshwar	10.16	+0.2
	4	Barb Wilson	11.49	+0.2
W75	4	Brenda Painter	13.51	-0.4
M60	8	Ken Wilkins	10.44	-0.3
M65	5	Dave Wilkie	9.80	-0.7
M70	4	Harold Membrey	10.17	-0.6
100m				
W55	1	Mandy Mason	12.26	-1.0
M60	9	Ken Wilkins	16.93	+1.5
M65	2	Campbell Till	13.53	+1.4
M70	3	Harold Membrey	15.98	+0.5
200m				
W70	1	Barbara Blurton	33.73	-0.5
M65	1	Campbell Till	27.81	+0.5
M70	4	Harold Membrey	34.88	+0.6
400m				
W55	1	Mandy Mason	57.86	Pending WR
W65	3	Carol Bowman	1:30.09	
W70		Barbara Blurton	DNF	
M55	7	Uwe Pufke	61.05	
M65	2	Campbell Till	62.83	
800m				
W55	4	Jacqui McQueen	4:00.95	
M40	3	Tyne Timmers	2:12.72	
M55	4	Uwe Pufke	2:23.64	
	5	Simon McGarvie	2:32.59	
M60	1	Anthony Grendon	2:17.15	

M80 2 Bob Schickert 4:41.85

1500m

W55 2 Jacqui McQueen 7:58.33

W70 1 Julie Wilson 7:30.24

2 Carey Dickason 8:30.27

M40 4 Tyne Timmers 4:48.68

M55 6 Simon McGarvie 5:10.54

M60 1 Anthony Grendon 4:41.93

M80 2 Bob Schickert 9:52.22

5000m

W45 2 Vanessa Carson 21:26.53

W60 5 Sue Zlnay 22:22.04

9 Lori Sexton 26:18.02

W70 1 Julie Wilson 26:52.46

M55 3 Simon McGarvie 19:59.59

M80 2 Bob Schickert 36:32.62

10000m

W60 1 Sue Zlnay 47:15.05

3 Lori Sexton 55:21.10

1500m walk

W35 1 Melissa Lewis 7:19.82

SR

W55 1 Karyn Tolardo 8:35.13

W70 2 Julie Wilson 10:23.42

W80 3 Lynne Schickert 11:56.89

M60 3 Garry Hastie 8:32.08

M75 2 John McDonagh 9:54.10

5000m walk

W35 1 Melissa Lewis 26:49.57

W55 1 Karyn Tolardo 29:58.73

W65	1	Lyn Ventris	28:37.28	
W80	2	Lynne Schickert	42:24.35	
M75	2	John McDonagh	37:31.97	
80m hurdles				
W55	1	Jenn Parker	14.82	+0.1 SR
W60	3	Carrie Francis	20.82	+0.7
100m hurdles				
M65	2	Dave Wilkie	21.91	+2.1
300m hurdles				
W55	1	Jenn Parker	55.12	
	2	Sue Coate	62.28	
M65	2	Dave Wilkie	64.02	
M70	2	Harold Membrey	82.66	
400m hurdles				
M40	3	Tyne Timmers	69.69	
M55	6	Roger Parenzee	84.13	
2000m steeple				
W55	1	Sue Coate	9:32.27	
	3	Jacqui McQueen	11:52.61	
W65	1	Carol Bowman	12:34.35	
W70	1	Julie Wilson	11:10.21	
W80	1	Lynne Schickert	19:32.89	
M70	3	Harold Membrey	12:32.26	
M80	1	Bob Schickert	15:30.54	
Long Jump				
W45	1	Melissa Foster	5.39m	-0.6
W55	1	Jenn Parker	4.57m	+0.0
	4	Sue Coate	3.87m	+0.0
W70	1	Barb Wilson	2.86m	-1.6
	4	Carey Dickason	2.06m	-0.4

W75	4	Brenda Painter	1.85m	-1.0
W80	1	Lynne Schickert	1.82m	+1.9
M65	2	Dave Wilkie	3.63m	-0.9

Triple Jump

W45	1	Melissa Foster	11.69m	+0.6
W55	1	Jenn Parker	9.26m	-0.2 SR
	2	Sue Coate	8.44m	+0.0
W70	1	Barb Wilson	6.39m	-1.1
	3	Carey Dickason	4.92m	-0.1
W75	3	Brenda Painter	4.61m	+0.0
W80	1	Lynne Schickert	4.52m	-1.4
M65	2	Dave Wilkie	7.30m	+0.0

High Jump

W55	2	Jenn Parker	1.36m
	4	Sue Coate	1.24m
W75	2	Brenda Painter	0.86m
W80		Lynne Schickert	NH
M65	2	Dave Wilkie	1.39m
M75	1	Greg Wilson	1.21m

Pole Vault

W55	1	Sue Coate	2.10m
M65	2	Dave Wilkie	2.10m

Discus

W55	4	Jenn Parker	27.38m
W70	1	Maureen Keshwar	19.40m
	3	Barb Wilson	15.60m
	6	Christina Faithful	12.98m
W75	4	Bev Hamilton	17.56m
M50	1	John Fettus	39.98m

M60	10	Ken Wilkins	22.83m	
M65	2	Tom Gravestock	37.26m	
	9	Barry Francis	16.79m	
M70	1	Jo Peters	42.10m	
M75	3	Greg Wilson	25.27m	
M90	1	Jim Davis	18.99m	SR

Hammer

W55	2	Jenn Parker	34.50m	
W70	3	Carey Dickason	18.03m	
	5	Christina Faithful	12.67m	
W75	5	Bev Hamilton	19.94m	
M50	1	John Fettus	42.82m	
M65	3	Tom Gravestock	33.45m	
M70	2	Jo Peters	43.23m	
	6	Harold Membrey	23.65m	
M75	5	Greg Wilson	23.24m	
M90	1	Jim Davis	23.52m	SR

Javelin

W55	1	Sue Coate	29.31m	
W70	3	Barb Wilson	15.83m	
	4	Maureen Keshwar	14.82m	
	6	Christina Faithful	13.28m	
W75	5	Brenda Painter	11.28m	
	7	Bev Hamilton	10.06m	
M60	1	Garry Hastie	36.11m	
	10	Ken Wilkins	26.33m	
M70	2	Jo Peters	34.71m	
M75	5	Greg Wilson	20.61m	
M90	2	Jim Davis	9.82m	

Shot

W55	6	Sue Coate	9.44m
	9	Jenn Parker	8.81m
W70	2	Maureen Keshwar	7.42m
	3	Barb Wilson	6.97m
	6	Christina Faithful	5.25m
W75	5	Bev Hamilton	6.93m
M50	1	John Fettus	14.49m
M65	3	Tom Gravestock	10.27m
M70	2	Jo Peters	11.80m
	3	Geoffrey Gee	11.77m
M75	5	Greg Wilson	8.13m
M90	1	Jim Davis	6.71m
Weight			
W70	1	Barb Wilson	8.33m
W75	4	Bev Hamilton	8.46m
M50	1	John Fettus	16.51m
M65	4	Tom Gravestock	11.07m
M70	2	Jo Peters	17.15m
	3	Geoffrey Gee	13.86m
	6	Harold Membrey	10.70m
M75	5	Greg Wilson	9.24m
M90	2	Jim Davis	7.44m
Pentathlon			
W45	1	Melissa Foster	3343
W55	2	Sue Coate	3325
W70	1	Carey Dickason	1429
W75	1	Brenda Painter	872
M40	2	Tyne Timmers	2498
M60	4	Garry Hastie	1313

SR

Throws Pentathlon

W70	4	Carey Dickason	1915
W75	4	Bev Hamilton	2382
M50	2	John Fettus	3291
M60	4	Garry Hastie	2142
M65	3	Tom Gravestock	2980
M70	1	Jo Peters	3916
	3	Geoffrey Gee	2840
	8	Harold Membrey	1771
M75	5	Greg Wilson	2288

10km Road walk

W35	1	Melissa Lewis	57:03	SR
W55	1	Karyn Tolardo	61:55	
W65	1	Lyn Ventris	63:50	SR
W80	2	Lynne Schickert	1:27:48	
M75	1	John McDonagh	1:11:37	

6km x-c

M80	3	Bob Schickert	50:50
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8km x-c

W45	2	Vanessa Carson	38:35
W60	3	Sue Zlnay	39:07
	6	Lori Sexton	46:41
M55	6	Simon McGarvie	39:19

4 x 100m relay

W(180-239)	4	Jenn Parker Sue Coate Maureen Keshwar Mandy Mason	57.71
W(240+)	7	Lynne Schickert Julie Wilson Jacqui McQueen Carol Bowman	83.58

M(180-239)	4	Roger Parenzee Dave Wilkie Harold Membrey Tyne Timmers	59.69
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4 x 400m relay

W(240+)	2	Jenn Parker Carol Bowman Julie Wilson Barbara Blurton	5:55.35
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