

Track and Field Results Thursday 22 August 2024

100m			3000m		
Heat 1			Ciarain Hoey	Vis	11.16.9
Matt Walker	M40	12.6	Andy Roach	M45	13.21.7
Ciarain Hoey	Vis	13.0	Paul Every	M60	14.35.2
Imogen Spooner	Vis	15.9	Paz Storey	W35	14.48.9
Andy Roach	M45	17.7	Karyn Tolardo	W55	16.15.6
Heat 2			Glenys Duncan	W80	27.17.1 (Walk)
Owen Renting	Vis	17.0			
Paz Storey	W35	18.1			
George Renting	Vis	18.9			
300m					
Imogen Spooner	Vis	51.2			
Andy Roach	M45	52.9			
1500m					
Ciarain Hoey	Vis	5.08.8			
Owen Renting	Vis	6.53.7			
Paul Every	M60	7.10.4			
Karyn Tolardo	W55	7.35.2			
60m					
Matt Walker	M40	7.9			
Paz Storey	W35	9.2			
Imogen Spooner	Vis	9.5			
Owen Renting	Vis	10.0			
George Renting	Vis	11.1			