

| | | | |
|------------------|---------------------------|------------|---------|
| David Adams | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M30-59 3000m Steeplechase | 14/03/2024 | 6:45pm |
| | M45-54 800m | 16/03/2024 | 9:55am |
| | M40-49 200m | 16/03/2024 | 10:50am |
| | M30-49 60m | 16/03/2024 | 1:55pm |
| Rochelle Airey | W55 10000m | 29/02/2024 | 7:45pm |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| Mike Anderson | M50-94 Weight | 16/03/2024 | 8:00am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M70-94 Shot | 17/03/2024 | 8:25am |
| Gin Ang | M50-64 100m | 17/03/2024 | 12:20pm |
| Tolli Antoniulli | M65-74 60m | 16/03/2024 | 1:45pm |
| Darrell Arnett | M75-89 800m | 16/03/2024 | 9:25am |
| | M75-89 200m | 16/03/2024 | 10:40am |
| | M75-89 400m | 17/03/2024 | 9:25am |
| | M75-89 100m | 17/03/2024 | 12:10pm |
| Jannie Baard | M55-64 800m | 16/03/2024 | 9:45am |
| | M55 400m | 17/03/2024 | 9:45am |
| Delia Baldock | W60-84 60m | 16/03/2024 | 1:30pm |
| | W60-84 100m | 17/03/2024 | 12:00pm |
| Nigel Bancroft | M60-69 5000m | 09/03/2024 | 9:00am |
| | M30-79 High Jump | 09/03/2024 | 2:00pm |
| | M55-64 800m | 16/03/2024 | 9:45am |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| | M60 400m | 17/03/2024 | 9:40am |
| Steve Barrie | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| Tristan Bell | M30-59 10000m | 29/02/2024 | 6:45pm |
| Brian Bennett | M70-89 5000m | 09/03/2024 | 8:15am |
| Barbara Blurton | W60-79 200m | 16/03/2024 | 10:20am |
| | W50-74 400m | 17/03/2024 | 9:15am |
| | W60-84 100m | 17/03/2024 | 12:00pm |
| Carol Bowman | W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |
| | W40-74 800m | 16/03/2024 | 9:15am |
| | W60-79 200m | 16/03/2024 | 10:20am |

| | | | |
|-----------------|---------------------------|------------|---------|
| | W65 300m Hurdles | 16/03/2024 | 1:00pm |
| | W50-74 400m | 17/03/2024 | 9:15am |
| Geoff Brayshaw | | | |
| | M30-74 Triple Jump | 16/03/2024 | 8:15am |
| | M65-94 Javelin | 16/03/2024 | 9:30am |
| | M65-74 200m | 16/03/2024 | 10:35am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M70-94 Shot | 17/03/2024 | 8:25am |
| | M70 400m | 17/03/2024 | 9:30am |
| | M60-89 Long Jump | 17/03/2024 | 10:00am |
| | M70-79 80m Hurdles | 17/03/2024 | 11:00am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| | M65-74 100m | 17/03/2024 | 12:15pm |
| Greg Brennan | | | |
| | M50-64 60m | 16/03/2024 | 1:50pm |
| | M50-64 100m | 17/03/2024 | 12:20pm |
| Michael Brophy | | | |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| Ivan Brown | | | |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| Sam Burke | | | |
| | M30-44 800m | 16/03/2024 | 10:05am |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| Roberto Busi | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 3000m Steeplechase | 14/03/2024 | 6:45pm |
| | M45-54 800m | 16/03/2024 | 9:55am |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Wayne Byram | | | |
| | M30-59 3000m Steeplechase | 14/03/2024 | 6:45pm |
| | M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| | M50 400m Hurdles | 16/03/2024 | 12:45pm |
| Michael Byrne | | | |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M65-74 800m | 16/03/2024 | 9:35am |
| | M65-74 200m | 16/03/2024 | 10:35am |
| | M65-74 60m | 16/03/2024 | 1:45pm |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| | M70 400m | 17/03/2024 | 9:30am |
| | M65-74 100m | 17/03/2024 | 12:15pm |
| Brian Callaghan | | | |
| | M50-64 60m | 16/03/2024 | 1:50pm |
| | M50-64 100m | 17/03/2024 | 12:20pm |
| Bernard Candy | | | |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| Therese Carr | | | |
| | W60-84 Discus | 16/03/2024 | 8:15am |
| | W60-79 200m | 16/03/2024 | 10:20am |
| | W60-84 60m | 16/03/2024 | 1:30pm |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W60-84 Shot | 17/03/2024 | 10:20am |

| | | | |
|------------------------|---------------------------|------------|---------|
| Bert Carse | W60-84 100m | 17/03/2024 | 12:00pm |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M75-89 800m | 16/03/2024 | 9:25am |
| | M75-89 1500m | 17/03/2024 | 8:00am |
| Fran Cherry | W60-84 60m | 16/03/2024 | 1:30pm |
| | W60-84 100m | 17/03/2024 | 12:00pm |
| Mercurio Cicchini | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M65-74 60m | 16/03/2024 | 1:45pm |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| | M65-74 100m | 17/03/2024 | 12:15pm |
| Scott Claxton | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| Elizabeth Clennell | W30-74 5000m | 09/03/2024 | 7:30am |
| | W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |
| Sue Coate | W40-79 Outdoor Pentathlon | 09/03/2024 | 10:30am |
| | W40-84 High Jump | 09/03/2024 | 1:00pm |
| | W55-84 Throws Pentathlon | 09/03/2024 | 1:30pm |
| | W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |
| | W35-59 Javelin | 16/03/2024 | 8:15am |
| | W40-74 800m | 16/03/2024 | 9:15am |
| | W35-59 Discus | 16/03/2024 | 9:30am |
| | W40-84 Triple Jump | 16/03/2024 | 10:40am |
| | W50-59 300m Hurdles | 16/03/2024 | 1:10pm |
| | W40-59 60m | 16/03/2024 | 1:35pm |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| | W55-69 80m Hurdles | 17/03/2024 | 10:50am |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| | W55 Shot | 17/03/2024 | 12:10pm |
| Bob Colligan | M60-89 10000m | 29/02/2024 | 7:45pm |
| Kevin Collins | M30-79 High Jump | 09/03/2024 | 2:00pm |
| | M30-74 Triple Jump | 16/03/2024 | 8:15am |
| | M50-64 60m | 16/03/2024 | 1:50pm |
| | M30-59 Long Jump | 17/03/2024 | 11:00am |
| David Colvin | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| Jerome Conway-Mortimer | M30-64 Javelin | 16/03/2024 | 10:50am |
| | M30-64 Discus | 16/03/2024 | 12:45pm |

| | | | |
|---------------------|---------------------------|------------|---------|
| Stephen Crabbe | M30-69 Shot | 17/03/2024 | 9:30am |
| | M75-89 200m | 16/03/2024 | 10:40am |
| | M75-89 60m | 16/03/2024 | 1:40pm |
| | M75-89 100m | 17/03/2024 | 12:10pm |
| Gayle Craft | | | |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| Mark Crook | | | |
| | M65-74 100m | 17/03/2024 | 12:15pm |
| Lou Daniel | | | |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M55-64 800m | 16/03/2024 | 9:45am |
| | M60 200m | 16/03/2024 | 10:45am |
| | M30-64 Javelin | 16/03/2024 | 10:50am |
| | M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| | M30-64 Discus | 16/03/2024 | 12:45pm |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| | M30-69 Shot | 17/03/2024 | 9:30am |
| | M60 400m | 17/03/2024 | 9:40am |
| | M50-64 100m | 17/03/2024 | 12:20pm |
| Joe-Anne Dannenberg | | | |
| | W50-59 200m | 16/03/2024 | 10:25am |
| | W40-59 60m | 16/03/2024 | 1:35pm |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| Jim Davis | | | |
| | M50-94 Throws Pentathlon | 09/03/2024 | 12:30pm |
| | M50-94 Weight | 16/03/2024 | 8:00am |
| | M65-94 Javelin | 16/03/2024 | 9:30am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M70-94 Shot | 17/03/2024 | 8:25am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| Mark Dawson | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M55-64 800m | 16/03/2024 | 9:45am |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| | M60 400m | 17/03/2024 | 9:40am |
| Danielle Dean | | | |
| | W40-84 Triple Jump | 16/03/2024 | 10:40am |
| | W40-59 60m | 16/03/2024 | 1:35pm |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| John Dennehy | | | |
| | M60 200m | 16/03/2024 | 10:45am |
| | M50-64 60m | 16/03/2024 | 1:50pm |
| | M60 400m | 17/03/2024 | 9:40am |
| | M60-89 Long Jump | 17/03/2024 | 10:00am |
| | M50-64 100m | 17/03/2024 | 12:20pm |
| Callum Dowell | | | |
| | M30-59 3000m Steeplechase | 14/03/2024 | 6:45pm |
| Tammi Doyle | | | |
| | W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |

| | | | |
|---------------------|---------------------------|------------|---------|
| | W35-59 Javelin | 16/03/2024 | 8:15am |
| | W40-74 800m | 16/03/2024 | 9:15am |
| | W35-59 Discus | 16/03/2024 | 9:30am |
| | W50-59 200m | 16/03/2024 | 10:25am |
| | W50-59 300m Hurdles | 16/03/2024 | 1:10pm |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| | W35-54 Shot | 17/03/2024 | 11:10am |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| Andrew Duncan | | | |
| | M45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | M30-64 Javelin | 16/03/2024 | 10:50am |
| | M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| | M30-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Glenys Duncan | | | |
| | W45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | W45-84 1500m Race Walk | 16/03/2024 | 11:15am |
| | W45-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Stephen Edwards | | | |
| | M30-79 High Jump | 09/03/2024 | 2:00pm |
| | M30-74 Triple Jump | 16/03/2024 | 8:15am |
| | M30-39 200m | 16/03/2024 | 10:55am |
| | M30-49 60m | 16/03/2024 | 1:55pm |
| | M30-59 Long Jump | 17/03/2024 | 11:00am |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Kyle Ennis | | | |
| | M30-39 200m | 16/03/2024 | 10:55am |
| | M30-49 60m | 16/03/2024 | 1:55pm |
| | M30-39 400m | 17/03/2024 | 9:55am |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Paul Every | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 3000m Steeplechase | 14/03/2024 | 6:45pm |
| Christina Faithfull | | | |
| | W60-84 Discus | 16/03/2024 | 8:15am |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W60-84 Shot | 17/03/2024 | 10:20am |
| | W60-84 Javelin | 17/03/2024 | 11:20am |
| Wendy Farrow | | | |
| | W45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | W45-84 1500m Race Walk | 16/03/2024 | 11:15am |
| | W45-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Maria Fernandez | | | |
| | W30-44 400m | 17/03/2024 | 9:20am |
| John Fettus | | | |
| | M50-94 Throws Pentathlon | 09/03/2024 | 12:30pm |
| | M50-94 Weight | 16/03/2024 | 8:00am |
| | M30-64 Discus | 16/03/2024 | 12:45pm |
| | M30-69 Shot | 17/03/2024 | 9:30am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| Paul Foley | | | |
| | M50-94 Throws Pentathlon | 09/03/2024 | 12:30pm |

| | | | |
|------------------------|---------------------------|------------|---------|
| | M50-94 Weight | 16/03/2024 | 8:00am |
| | M30-64 Javelin | 16/03/2024 | 10:50am |
| | M30-64 Discus | 16/03/2024 | 12:45pm |
| | M30-69 Shot | 17/03/2024 | 9:30am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| Barry Francis | | | |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M30-69 Shot | 17/03/2024 | 9:30am |
| Carrie Francis | | | |
| | W60-84 Shot | 17/03/2024 | 10:20am |
| | W55-69 80m Hurdles | 17/03/2024 | 10:50am |
| Evangelos Georgopoulos | | | |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| | M30-59 3000m Steeplechase | 14/03/2024 | 6:45pm |
| Tommy Glackin | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| Chris Gould | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| | M45-54 800m | 16/03/2024 | 9:55am |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| Ross Goulden | | | |
| | M75-89 800m | 16/03/2024 | 9:25am |
| | M75-89 1500m | 17/03/2024 | 8:00am |
| | M75-89 400m | 17/03/2024 | 9:25am |
| Tom Gravestock | | | |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M50-94 Throws Pentathlon | 09/03/2024 | 12:30pm |
| | M50-94 Weight | 16/03/2024 | 8:00am |
| | M65-94 Javelin | 16/03/2024 | 9:30am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M30-69 Shot | 17/03/2024 | 9:30am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| Anthony Grendon | | | |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M55-64 800m | 16/03/2024 | 9:45am |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| | M60 400m | 17/03/2024 | 9:40am |
| Mike Haederle | | | |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| Johan Hagedoorn | | | |
| | M45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| | M30-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Bev Hamilton | | | |
| | W55-84 Throws Pentathlon | 09/03/2024 | 1:30pm |
| | W60-84 Discus | 16/03/2024 | 8:15am |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W35-84 Hammer | 17/03/2024 | 8:20am |
| | W60-84 Shot | 17/03/2024 | 10:20am |

| | | | |
|-----------------|---------------------------|------------|---------|
| Richard Harris | W60-84 Javelin | 17/03/2024 | 11:20am |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M65-74 800m | 16/03/2024 | 9:35am |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| Garry Hastie | | | |
| | M45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | M30-64 Javelin | 16/03/2024 | 10:50am |
| | M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| | M30-64 Discus | 16/03/2024 | 12:45pm |
| | M30-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Rick Hayward | | | |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M55 400m Hurdles | 16/03/2024 | 12:35pm |
| | M55 100m Hurdles | 17/03/2024 | 10:40am |
| Stephen Helm | | | |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| Brian Hewitt | | | |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M65-74 800m | 16/03/2024 | 9:35am |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| | M70 400m | 17/03/2024 | 9:30am |
| Amanda Hill | | | |
| | W30-44 200m | 16/03/2024 | 10:30am |
| | W30-44 400m | 17/03/2024 | 9:20am |
| Douglas Hill | | | |
| | M30-44 800m | 16/03/2024 | 10:05am |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| Steve Hossack | | | |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| Bob Hull | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M75-89 800m | 16/03/2024 | 9:25am |
| | M75-89 1500m | 17/03/2024 | 8:00am |
| Michelle Hunter | | | |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| Storm Hurst | | | |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| Paul Jeffery | | | |
| | M50 200m | 16/03/2024 | 10:45am |
| | M30-64 Javelin | 16/03/2024 | 10:50am |
| | M30-64 Discus | 16/03/2024 | 12:45pm |
| | M50 400m | 17/03/2024 | 9:15am |
| | M30-69 Shot | 17/03/2024 | 9:30am |
| | M50 100m Hurdles | 17/03/2024 | 10:20am |
| | M30-59 Long Jump | 17/03/2024 | 11:00am |
| Luella Jenkins | | | |
| | W40-84 High Jump | 09/03/2024 | 1:00pm |

| | | | |
|-----------------|---------------------------|------------|---------|
| | W55-84 Throws Pentathlon | 09/03/2024 | 1:30pm |
| | W60-84 Discus | 16/03/2024 | 8:15am |
| | W45-84 1500m Race Walk | 16/03/2024 | 11:15am |
| | W60-84 60m | 16/03/2024 | 1:30pm |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W35-84 Hammer | 17/03/2024 | 8:20am |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| | W60-84 Shot | 17/03/2024 | 10:20am |
| | W60-84 Javelin | 17/03/2024 | 11:20am |
| | W60-84 100m | 17/03/2024 | 12:00pm |
| Kieran Johnson | | | |
| | M30-44 800m | 16/03/2024 | 10:05am |
| | M40-49 200m | 16/03/2024 | 10:50am |
| | M30-49 60m | 16/03/2024 | 1:55pm |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| | M40-49 400m | 17/03/2024 | 9:45am |
| | M30-59 Long Jump | 17/03/2024 | 11:00am |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Niamh Keane | | | |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| Frank Keaney | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| Juliana Kelly | | | |
| | W50-59 200m | 16/03/2024 | 10:25am |
| | W40-59 60m | 16/03/2024 | 1:35pm |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| Greg Kennedy | | | |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M30-79 High Jump | 09/03/2024 | 2:00pm |
| | M75-89 200m | 16/03/2024 | 10:40am |
| | M70-79 300m Hurdles | 16/03/2024 | 1:00pm |
| | M75-89 60m | 16/03/2024 | 1:40pm |
| | M70-94 Shot | 17/03/2024 | 8:25am |
| | M75-89 400m | 17/03/2024 | 9:25am |
| | M70-79 80m Hurdles | 17/03/2024 | 11:00am |
| | M75-89 100m | 17/03/2024 | 12:10pm |
| Martin Kennedy | | | |
| | M65-74 800m | 16/03/2024 | 9:35am |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| Paula Kennedy | | | |
| | W55-84 Throws Pentathlon | 09/03/2024 | 1:30pm |
| | W35-59 Javelin | 16/03/2024 | 8:15am |
| | W35-59 Discus | 16/03/2024 | 9:30am |
| | W45-84 1500m Race Walk | 16/03/2024 | 11:15am |
| | W40-59 60m | 16/03/2024 | 1:35pm |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W35-84 Hammer | 17/03/2024 | 8:20am |
| | W45-84 3000m Race Walk | 17/03/2024 | 11:10am |
| | W55 Shot | 17/03/2024 | 12:10pm |
| Maureen Keshwar | | | |

| | | | |
|------------------|---------------------------|------------|---------|
| | W60-84 Discus | 16/03/2024 | 8:15am |
| | W60-84 60m | 16/03/2024 | 1:30pm |
| | W60-84 Shot | 17/03/2024 | 10:20am |
| | W60-84 Javelin | 17/03/2024 | 11:20am |
| Andrew Kets | | | |
| | M55-64 800m | 16/03/2024 | 9:45am |
| Matthew Konsolis | | | |
| | M30-39 200m | 16/03/2024 | 10:55am |
| | M30-39 400m | 17/03/2024 | 9:55am |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Michelle Krokosz | | | |
| | W35-59 Javelin | 16/03/2024 | 8:15am |
| | W35-59 Discus | 16/03/2024 | 9:30am |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W35-84 Hammer | 17/03/2024 | 8:20am |
| | W35-54 Shot | 17/03/2024 | 11:10am |
| Dominic Lagat | | | |
| | M30-44 800m | 16/03/2024 | 10:05am |
| | M40-49 200m | 16/03/2024 | 10:50am |
| | M40-49 400m | 17/03/2024 | 9:45am |
| Naomi Lagat | | | |
| | W40-74 800m | 16/03/2024 | 9:15am |
| | W30-44 200m | 16/03/2024 | 10:30am |
| Jim Langford | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| | M75-89 800m | 16/03/2024 | 9:25am |
| | M75-89 1500m | 17/03/2024 | 8:00am |
| Trent Lawler | | | |
| | M30-74 Triple Jump | 16/03/2024 | 8:15am |
| | M50 200m | 16/03/2024 | 10:45am |
| | M50-64 60m | 16/03/2024 | 1:50pm |
| | M30-59 Long Jump | 17/03/2024 | 11:00am |
| | M50-64 100m | 17/03/2024 | 12:20pm |
| Mike Lawson | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| | M30-44 800m | 16/03/2024 | 10:05am |
| Michael Lee | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| Daniel Leseberg | | | |
| | M40-49 200m | 16/03/2024 | 10:50am |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Jonathan Lester | | | |
| | M30-79 High Jump | 09/03/2024 | 2:00pm |
| | M30-74 Triple Jump | 16/03/2024 | 8:15am |
| Lisa Limonas | | | |
| | W40-84 High Jump | 09/03/2024 | 1:00pm |

| | | | |
|---------------------|---------------------------|------------|---------|
| | W35-59 Javelin | 16/03/2024 | 8:15am |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| | W55 Shot | 17/03/2024 | 12:10pm |
| Michelle Link | | | |
| | W60-84 Discus | 16/03/2024 | 8:15am |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W35-84 Hammer | 17/03/2024 | 8:20am |
| | W60-84 Shot | 17/03/2024 | 10:20am |
| | W60-84 Javelin | 17/03/2024 | 11:20am |
| Daniel Lowe | | | |
| | M45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| | M30-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Timothy Lyons | | | |
| | M30-64 Discus | 16/03/2024 | 12:45pm |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| Peggy Macliver | | | |
| | W60-79 200m | 16/03/2024 | 10:20am |
| | W60-84 60m | 16/03/2024 | 1:30pm |
| | W60-84 100m | 17/03/2024 | 12:00pm |
| Jacques Maniacara | | | |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M55-64 800m | 16/03/2024 | 9:45am |
| | M60 400m | 17/03/2024 | 9:40am |
| | M60-89 Long Jump | 17/03/2024 | 10:00am |
| Catherine Manners | | | |
| | W30-44 200m | 16/03/2024 | 10:30am |
| | W40-59 60m | 16/03/2024 | 1:35pm |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| Mark Maslen | | | |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| | M45-54 800m | 16/03/2024 | 9:55am |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| | M40-49 400m | 17/03/2024 | 9:45am |
| Patrick Maslen | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| | M55-64 800m | 16/03/2024 | 9:45am |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| Mandy Mason | | | |
| | W50-59 200m | 16/03/2024 | 10:25am |
| | W40-59 60m | 16/03/2024 | 1:35pm |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| Catherine Mccloskey | | | |
| | W40-84 High Jump | 09/03/2024 | 1:00pm |
| | W40-84 Triple Jump | 16/03/2024 | 10:40am |
| | W60-84 60m | 16/03/2024 | 1:30pm |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| | W60-84 100m | 17/03/2024 | 12:00pm |
| John Mcdonagh | | | |

| | | | |
|-----------------|---------------------------|------------|---------|
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | M75-89 800m | 16/03/2024 | 9:25am |
| | M75 Triple Jump | 16/03/2024 | 10:40am |
| | M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| | M60-89 Long Jump | 17/03/2024 | 10:00am |
| | M30-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Bruce Mcgeorge | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M50-94 Throws Pentathlon | 09/03/2024 | 12:30pm |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| | M65-74 800m | 16/03/2024 | 9:35am |
| | M65-74 200m | 16/03/2024 | 10:35am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M65-74 60m | 16/03/2024 | 1:45pm |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| | M65 400m | 17/03/2024 | 9:35am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| | 2 M65-74 100m | 17/03/2024 | 12:15pm |
| Hayden Mcgregor | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| Adrian Mckenzie | | | |
| | M50 200m | 16/03/2024 | 10:45am |
| | M50-64 60m | 16/03/2024 | 1:50pm |
| | M50-64 100m | 17/03/2024 | 12:20pm |
| Jacqui Mcqueen | | | |
| | W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |
| | W40-74 800m | 16/03/2024 | 9:15am |
| | W50-59 200m | 16/03/2024 | 10:25am |
| | W40-74 1500m | 17/03/2024 | 8:00am |
| Harold Membrey | | | |
| | M50-94 Throws Pentathlon | 09/03/2024 | 12:30pm |
| | M50-94 Weight | 16/03/2024 | 8:00am |
| | M65-74 200m | 16/03/2024 | 10:35am |
| | M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| | M70-79 300m Hurdles | 16/03/2024 | 1:00pm |
| | M65-74 60m | 16/03/2024 | 1:45pm |
| | M70-94 Shot | 17/03/2024 | 8:25am |
| | M70 400m | 17/03/2024 | 9:30am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| | M65-74 100m | 17/03/2024 | 12:15pm |
| Carmel Meyer | | | |
| | W60-79 200m | 16/03/2024 | 10:20am |
| | W50-74 400m | 17/03/2024 | 9:15am |
| | W60-84 Javelin | 17/03/2024 | 11:20am |
| | W60-84 100m | 17/03/2024 | 12:00pm |
| Cathy Middleton | | | |
| | W50 10000m | 29/02/2024 | 6:45pm |
| Brian Miller | | | |

| | | | |
|----------------|--------------------------|------------|---------|
| | M50-94 Weight | 16/03/2024 | 8:00am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| Iain Miller | | | |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| Keith Miller | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| Ted Miller | | | |
| | M75-89 200m | 16/03/2024 | 10:40am |
| | M75-89 60m | 16/03/2024 | 1:40pm |
| | M75-89 100m | 17/03/2024 | 12:10pm |
| John Miolini | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| | M45-54 800m | 16/03/2024 | 9:55am |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| Sharon Moloney | | | |
| | W55-84 Throws Pentathlon | 09/03/2024 | 1:30pm |
| | W60-84 Discus | 16/03/2024 | 8:15am |
| | W60-79 200m | 16/03/2024 | 10:20am |
| | W60-84 60m | 16/03/2024 | 1:30pm |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W35-84 Hammer | 17/03/2024 | 8:20am |
| | W60-84 Shot | 17/03/2024 | 10:20am |
| | W60-84 Javelin | 17/03/2024 | 11:20am |
| | W60-84 100m | 17/03/2024 | 12:00pm |
| Ashley Moore | | | |
| | M40-49 200m | 16/03/2024 | 10:50am |
| | M40-49 400m | 17/03/2024 | 9:45am |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Nick Moore | | | |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| Piero Moraro | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| Neil Morfitt | | | |
| | M65-74 800m | 16/03/2024 | 9:35am |
| | M65 400m | 17/03/2024 | 9:35am |
| Daniel Mostert | | | |
| | M30-79 High Jump | 09/03/2024 | 2:00pm |
| | M50-64 60m | 16/03/2024 | 1:50pm |
| | M30-69 Shot | 17/03/2024 | 9:30am |
| | M30-59 Long Jump | 17/03/2024 | 11:00am |
| Jp Moutia | | | |
| | M55 400m Hurdles | 16/03/2024 | 12:35pm |
| | M55 100m Hurdles | 17/03/2024 | 10:40am |
| Peter Muller | | | |
| | M65-94 Javelin | 16/03/2024 | 9:30am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M75-89 60m | 16/03/2024 | 1:40pm |
| | M70-94 Shot | 17/03/2024 | 8:25am |

| | | | |
|----------------|---------------------------|------------|---------|
| Kevin Murphy | M50-94 Hammer | 17/03/2024 | 11:10am |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| Mike O'Reilly | M75-89 200m | 16/03/2024 | 10:40am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M75-89 60m | 16/03/2024 | 1:40pm |
| | M70-94 Shot | 17/03/2024 | 8:25am |
| | M75-89 100m | 17/03/2024 | 12:10pm |
| Chris Owen | M30-59 5000m | 09/03/2024 | 9:45am |
| | M30-79 High Jump | 09/03/2024 | 2:00pm |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Brenda Painter | W40-79 Outdoor Pentathlon | 09/03/2024 | 10:30am |
| | W40-84 High Jump | 09/03/2024 | 1:00pm |
| | W60-79 200m | 16/03/2024 | 10:20am |
| | W40-84 Triple Jump | 16/03/2024 | 10:40am |
| | W60-84 60m | 16/03/2024 | 1:30pm |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| | W60-84 Javelin | 17/03/2024 | 11:20am |
| | W60-84 100m | 17/03/2024 | 12:00pm |
| Roger Parenzee | M55 400m Hurdles | 16/03/2024 | 12:35pm |
| | M55 100m Hurdles | 17/03/2024 | 10:40am |
| Jenn Parker | W40-79 Outdoor Pentathlon | 09/03/2024 | 10:30am |
| | W40-84 High Jump | 09/03/2024 | 1:00pm |
| | W55-84 Throws Pentathlon | 09/03/2024 | 1:30pm |
| | W35-59 Discus | 16/03/2024 | 9:30am |
| | W50-59 200m | 16/03/2024 | 10:25am |
| | W40-84 Triple Jump | 16/03/2024 | 10:40am |
| | W50-59 300m Hurdles | 16/03/2024 | 1:10pm |
| | W40-59 60m | 16/03/2024 | 1:35pm |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W35-84 Hammer | 17/03/2024 | 8:20am |
| | W50-74 400m | 17/03/2024 | 9:15am |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| | W55-69 80m Hurdles | 17/03/2024 | 10:50am |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| | W55 Shot | 17/03/2024 | 12:10pm |
| Kirsty Peddie | W30-44 400m | 17/03/2024 | 9:20am |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| Silke Peglow | W55 10000m | 29/02/2024 | 7:45pm |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| | W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |
| Jo Peters | M50-94 Throws Pentathlon | 09/03/2024 | 12:30pm |

| | | | |
|------------------|---------------------------|------------|---------|
| | M50-94 Weight | 16/03/2024 | 8:00am |
| | M65-94 Javelin | 16/03/2024 | 9:30am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M70-94 Shot | 17/03/2024 | 8:25am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| Terry Price | | | |
| | M30-44 800m | 16/03/2024 | 10:05am |
| | M30-39 200m | 16/03/2024 | 10:55am |
| | M30-49 60m | 16/03/2024 | 1:55pm |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| | M30-39 400m | 17/03/2024 | 9:55am |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Alysse Priddis | | | |
| | W30-44 200m | 16/03/2024 | 10:30am |
| | W30-44 400m | 17/03/2024 | 9:20am |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| Uwe Pufke | | | |
| | M55-64 800m | 16/03/2024 | 9:45am |
| | M55 400m | 17/03/2024 | 9:45am |
| Giovanni Puglisi | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| | M65-74 800m | 16/03/2024 | 9:35am |
| | M70-79 300m Hurdles | 16/03/2024 | 1:00pm |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| Keith Redpath | | | |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M65-74 800m | 16/03/2024 | 9:35am |
| | M65-74 200m | 16/03/2024 | 10:35am |
| | M65-74 60m | 16/03/2024 | 1:45pm |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| | M70 400m | 17/03/2024 | 9:30am |
| | M65-74 100m | 17/03/2024 | 12:15pm |
| Norm Richards | | | |
| | M85 Triple Jump | 16/03/2024 | 8:15am |
| | M75-89 200m | 16/03/2024 | 10:40am |
| | M75-89 60m | 16/03/2024 | 1:40pm |
| | M60-89 Long Jump | 17/03/2024 | 10:00am |
| | M75-89 100m | 17/03/2024 | 12:10pm |
| Andy Roach | | | |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| | M45-54 800m | 16/03/2024 | 9:55am |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| Glenn Rogers | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| | M55 400m | 17/03/2024 | 9:45am |
| | M50-64 100m | 17/03/2024 | 12:20pm |
| Ryan Satinover | | | |

| | | | |
|-------------------|---------------------------|------------|---------|
| | M30-64 Javelin | 16/03/2024 | 10:50am |
| | M30-59 Long Jump | 17/03/2024 | 11:00am |
| Margaret Saunders | | | |
| | W40-74 800m | 16/03/2024 | 9:15am |
| | W40-74 1500m | 17/03/2024 | 8:00am |
| | W50-74 400m | 17/03/2024 | 9:15am |
| Bob Schickert | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| | M75-89 800m | 16/03/2024 | 9:25am |
| | M75-89 200m | 16/03/2024 | 10:40am |
| | M75-89 1500m | 17/03/2024 | 8:00am |
| | M75-89 100m | 17/03/2024 | 12:10pm |
| Lynne Schickert | | | |
| | W40-84 High Jump | 09/03/2024 | 1:00pm |
| | W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |
| | W45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | W40-84 Triple Jump | 16/03/2024 | 10:40am |
| | W45-84 1500m Race Walk | 16/03/2024 | 11:15am |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| | W45-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Brad Schirmer | | | |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M30-79 High Jump | 09/03/2024 | 2:00pm |
| Paul Scott | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M60-69 5000m | 09/03/2024 | 9:00am |
| Claudia Seke | | | |
| | W55 10000m | 29/02/2024 | 7:45pm |
| Stan Selby | | | |
| | M65-94 Javelin | 16/03/2024 | 9:30am |
| Lori Sexton | | | |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| | W40-74 1500m | 17/03/2024 | 8:00am |
| Michelle Shuck | | | |
| | W40-74 1500m | 17/03/2024 | 8:00am |
| Sandra Siviour | | | |
| | W35-59 Javelin | 16/03/2024 | 8:15am |
| | W35-59 Discus | 16/03/2024 | 9:30am |
| | W35-54 Shot | 17/03/2024 | 11:10am |
| Fred Smart | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| Colin Smith | | | |
| | M55-64 800m | 16/03/2024 | 9:45am |
| | M50-64 60m | 16/03/2024 | 1:50pm |
| | M60-74 1500m | 17/03/2024 | 8:20am |
| Daniel Smith | | | |
| | M40-49 200m | 16/03/2024 | 10:50am |
| Janet Smith | | | |

| | | | |
|-----------------------|---------------------------|------------|---------|
| | W40-79 Outdoor Pentathlon | 09/03/2024 | 10:30am |
| | W40-84 High Jump | 09/03/2024 | 1:00pm |
| | W30-44 200m | 16/03/2024 | 10:30am |
| | W40-84 Triple Jump | 16/03/2024 | 10:40am |
| | W40 400m Hurdles | 16/03/2024 | 12:45pm |
| | W40-59 60m | 16/03/2024 | 1:35pm |
| | W30-44 400m | 17/03/2024 | 9:20am |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| | W35-59 100m | 17/03/2024 | 12:05pm |
| Lizelle Smith | | | |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| | W40-74 1500m | 17/03/2024 | 8:00am |
| Morland Smith | | | |
| | M60-89 10000m | 29/02/2024 | 7:45pm |
| | M70-89 5000m | 09/03/2024 | 8:15am |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| | M75-89 800m | 16/03/2024 | 9:25am |
| | M75-89 200m | 16/03/2024 | 10:40am |
| | M75-89 1500m | 17/03/2024 | 8:00am |
| | M75-89 400m | 17/03/2024 | 9:25am |
| Phil Smyth | | | |
| | M30-79 High Jump | 09/03/2024 | 2:00pm |
| | M65-94 Javelin | 16/03/2024 | 9:30am |
| | M75 Triple Jump | 16/03/2024 | 10:40am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M60-89 Long Jump | 17/03/2024 | 10:00am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| | M75-89 100m | 17/03/2024 | 12:10pm |
| Louise Soia | | | |
| | W40-74 800m | 16/03/2024 | 9:15am |
| | W30-44 400m | 17/03/2024 | 9:20am |
| Alan Stabler | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| Johan Stassen | | | |
| | M30-44 400m Hurdles | 16/03/2024 | 12:25pm |
| | M30-49 60m | 16/03/2024 | 1:55pm |
| | M30-39 400m | 17/03/2024 | 9:55am |
| Lee Stergiou | | | |
| | M50 200m | 16/03/2024 | 10:45am |
| | M50-64 60m | 16/03/2024 | 1:50pm |
| | M50-64 100m | 17/03/2024 | 12:20pm |
| Elizabeth Szczepanska | | | |
| | W60-84 Discus | 16/03/2024 | 8:15am |
| | W35-84 Weight | 16/03/2024 | 1:45pm |
| | W35-84 Hammer | 17/03/2024 | 8:20am |
| | W60-84 Shot | 17/03/2024 | 10:20am |
| | W60-84 Javelin | 17/03/2024 | 11:20am |
| Kim Thomas | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |

| | | | |
|-----------------------|---------------------------|------------|---------|
| Isolde Tietz | W70 10000m | 29/02/2024 | 7:45pm |
| Campbell Till | M65-74 800m | 16/03/2024 | 9:35am |
| | M65 400m | 17/03/2024 | 9:35am |
| Tyne Timmers | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M30-44 800m | 16/03/2024 | 10:05am |
| | M30-64 Javelin | 16/03/2024 | 10:50am |
| | M30-44 400m Hurdles | 16/03/2024 | 12:25pm |
| | M30-64 Discus | 16/03/2024 | 12:45pm |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| Blakeney Tindall | M60-69 5000m | 09/03/2024 | 9:00am |
| Mel Tipene | W35-59 Javelin | 16/03/2024 | 8:15am |
| Karyn Tolardo | W45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | W45-84 1500m Race Walk | 16/03/2024 | 11:15am |
| | W45-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Steve Travell | M45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| | M30-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Ben Trowbridge | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| | M30-59 3000m Steeplechase | 14/03/2024 | 6:45pm |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| Fiona Van Heerwaarden | W30-74 5000m | 09/03/2024 | 7:30am |
| | W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |
| | W45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | W45-84 1500m Race Walk | 16/03/2024 | 11:15am |
| | W45-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Xander Van Rijen | M55-64 800m | 16/03/2024 | 9:45am |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| Frankie Vargacz | M55-64 800m | 16/03/2024 | 9:45am |
| | M60 200m | 16/03/2024 | 10:45am |
| | M60 400m | 17/03/2024 | 9:40am |
| Lyn Ventris | W45-84 5000m Race Walk | 16/03/2024 | 8:00am |
| | W45-84 1500m Race Walk | 16/03/2024 | 11:15am |
| | W45-84 3000m Race Walk | 17/03/2024 | 11:10am |
| Geoff Vine | M75-89 800m | 16/03/2024 | 9:25am |
| | M75-89 1500m | 17/03/2024 | 8:00am |
| | M75-89 400m | 17/03/2024 | 9:25am |
| Mathew Walker | | | |

| | | | |
|----------------|---------------------------|------------|---------|
| | M40-49 200m | 16/03/2024 | 10:50am |
| | M30-49 60m | 16/03/2024 | 1:55pm |
| | M40-49 400m | 17/03/2024 | 9:45am |
| | M30-49 100m | 17/03/2024 | 12:25pm |
| Des Walsh | | | |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M65-94 Javelin | 16/03/2024 | 9:30am |
| | M65-74 200m | 16/03/2024 | 10:35am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M65-74 60m | 16/03/2024 | 1:45pm |
| | M65 400m | 17/03/2024 | 9:35am |
| | M65-74 100m | 17/03/2024 | 12:15pm |
| Zane Walsh | | | |
| | M30-59 10000m | 29/02/2024 | 6:45pm |
| | M30-59 5000m | 09/03/2024 | 9:45am |
| Andrew Ward | | | |
| | M50-94 Throws Pentathlon | 09/03/2024 | 12:30pm |
| | M50-94 Weight | 16/03/2024 | 8:00am |
| | M30-64 Javelin | 16/03/2024 | 10:50am |
| | M30-64 Discus | 16/03/2024 | 12:45pm |
| | M30-69 Shot | 17/03/2024 | 9:30am |
| | M50-94 Hammer | 17/03/2024 | 11:10am |
| Clare Wardle | | | |
| | W45 10000m | 29/02/2024 | 6:45pm |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| Janne Wells | | | |
| | W55 10000m | 29/02/2024 | 7:45pm |
| | W30-74 5000m | 09/03/2024 | 7:30am |
| | W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |
| | W45-84 1500m Race Walk | 16/03/2024 | 11:15am |
| Simon Wheeler | | | |
| | M45-54 800m | 16/03/2024 | 9:55am |
| | M30-59 1500m | 17/03/2024 | 8:40am |
| Ingrid Wilcock | | | |
| | W40-84 Triple Jump | 16/03/2024 | 10:40am |
| | W40-84 Long Jump | 17/03/2024 | 9:30am |
| Dave Wilkie | | | |
| | M40-79 Outdoor Pentathlon | 09/03/2024 | 9:15am |
| | M30-79 High Jump | 09/03/2024 | 2:00pm |
| | M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| | M30-74 Triple Jump | 16/03/2024 | 8:15am |
| | M65-94 Javelin | 16/03/2024 | 9:30am |
| | M65-74 200m | 16/03/2024 | 10:35am |
| | M65-94 Discus | 16/03/2024 | 11:30am |
| | M60-69 300m Hurdles | 16/03/2024 | 1:10pm |
| | M65-74 60m | 16/03/2024 | 1:45pm |
| | M30-69 Shot | 17/03/2024 | 9:30am |
| | M65 400m | 17/03/2024 | 9:35am |
| | M60-89 Long Jump | 17/03/2024 | 10:00am |
| | M65 100m Hurdles | 17/03/2024 | 10:20am |
| | M65-74 100m | 17/03/2024 | 12:15pm |

Kenneth Wilkins

| | | |
|----------------|------------|---------|
| M30-64 Javelin | 16/03/2024 | 10:50am |
| M30-64 Discus | 16/03/2024 | 12:45pm |
| M50-64 60m | 16/03/2024 | 1:50pm |
| M50-64 100m | 17/03/2024 | 12:20pm |

Paul Wilmot

| | | |
|------------------------|------------|---------|
| M30-79 High Jump | 09/03/2024 | 2:00pm |
| M30-74 Triple Jump | 16/03/2024 | 8:15am |
| M30-64 Javelin | 16/03/2024 | 10:50am |
| M30-39 200m | 16/03/2024 | 10:55am |
| M30-84 1500m Race Walk | 16/03/2024 | 11:55am |
| M30-44 400m Hurdles | 16/03/2024 | 12:25pm |
| M30-64 Discus | 16/03/2024 | 12:45pm |
| M30-49 60m | 16/03/2024 | 1:55pm |
| M30-69 Shot | 17/03/2024 | 9:30am |
| M30-39 400m | 17/03/2024 | 9:55am |
| M30 110m Hurdles | 17/03/2024 | 10:20am |
| M30-59 Long Jump | 17/03/2024 | 11:00am |
| M30-49 100m | 17/03/2024 | 12:25pm |

Barb Wilson

| | | |
|--------------------|------------|---------|
| W60-84 Discus | 16/03/2024 | 8:15am |
| W40-84 Triple Jump | 16/03/2024 | 10:40am |
| W60-84 60m | 16/03/2024 | 1:30pm |
| W35-84 Weight | 16/03/2024 | 1:45pm |
| W40-84 Long Jump | 17/03/2024 | 9:30am |
| W60-84 Shot | 17/03/2024 | 10:20am |
| W60-84 Javelin | 17/03/2024 | 11:20am |

Greg Wilson

| | | |
|---------------------------|------------|---------|
| M50-94 Throws Pentathlon | 09/03/2024 | 12:30pm |
| M30-79 High Jump | 09/03/2024 | 2:00pm |
| M60-89 2000m Steeplechase | 14/03/2024 | 7:45pm |
| M65-94 Discus | 16/03/2024 | 11:30am |
| M70-94 Shot | 17/03/2024 | 8:25am |
| M50-94 Hammer | 17/03/2024 | 11:10am |

Julie Wilson

| | | |
|---------------------------|------------|--------|
| W30-74 5000m | 09/03/2024 | 7:30am |
| W45-84 2000m Steeplechase | 14/03/2024 | 7:15pm |
| W40-74 800m | 16/03/2024 | 9:15am |
| W40-74 1500m | 17/03/2024 | 8:00am |

Gay Wyatt

| | | |
|--------------------|------------|---------|
| W40-84 High Jump | 09/03/2024 | 1:00pm |
| W40-84 Triple Jump | 16/03/2024 | 10:40am |
| W40-84 Long Jump | 17/03/2024 | 9:30am |

Xinhuan Yan

| | | |
|---------------------------|------------|--------|
| M30-59 5000m | 09/03/2024 | 9:45am |
| M30-59 3000m Steeplechase | 14/03/2024 | 6:45pm |
| M30-59 1500m | 17/03/2024 | 8:40am |

Sue Zlnay

| | | |
|--------------|------------|--------|
| W30-74 5000m | 09/03/2024 | 7:30am |
|--------------|------------|--------|