

W35	Amanda Bisk				
	----	Pole Vault	NH		
	1	Long Jump	5.18m	w: 2.5	
W75	Barbara Blurton				
	1	100m	16.42	w: 2.4	
	1	200m	35.45	w: 1.5	
	1	400m	1:26.57		<b>CR</b>
M45	Ben Botha				
	8	Discus	28.52m		
	6	Hammer	28.11m		
	7	Shot Put	8.54m		
	5	Weight Throw	10.28m		
W40	Mariette Botha				
	5	200m	29.02	w: 1.4	
	4	400m	1:08.51		
	1	High Jump	1.51m		<b>SR</b>
W70	Carol Bowman				
	2	400m	1:28.82		
	2	2000m Steeplechase	12:40.88		
M70	Michael Byrne				
	6	60m	9.3	w: 0.9	
	1	400m	1:10.26		
	2	800m	2:44.64		
W70	Carey Dickason				
	4	1500m	8:06.28		
	2	5000m	29:03.12		
	1	10000m	1:05:26.08		
	4	Long Jump	2.22m	w: 1.4	
	2	Triple Jump	5.34m	w: 0.5	
	5	Hammer	16.16m		
	4	Outdoor Pentathlon	1438		
M40	Stephen Edwards				
	1	Triple Jump	12.55m	w: -1.4	
M50	John Fettus				
	2	Discus	38.68m		
	3	Hammer	42.24m		
	2	Shot Put	13.48m		
	2	Weight Throw	16.93m		
	1	Throws Pentathlon	3268		

M60	Paul Foley				
	3	Discus	37.17m		
	2	Hammer	35.40m		
	1	Javelin	39.95m		
	1	Shot Put	11.31m		
	3	Weight Throw	14.46m		
	1	Throws Pentathlon	3249		
W45	Melissa Foster				
	1	60m	8.14	w: 0.8	
	1	Long Jump	5.59m	w: 1.3	<b>CR</b>
	1	Triple Jump	11.63m	w: 0.1	
M80	Ross Goulden				
	1	400m	1:22.96		
	2	1500m	6:48.59		
	1	High Jump	1.21m		
M70	Tom Gravestock				
	2	Discus	42.73m		
	3	Hammer	40.51m		
	3	Javelin	29.18m		
	2	Shot Put	12.17m		
	3	Weight Throw	14.13m		
	3	Throws Pentathlon	3530		
W75	Beverley Hamilton				
	1	Discus	16.25m		
	2	Hammer	21.33m		
	3	Javelin	11.57m		
	3	Shot Put	6.75m		
	2	Weight Throw	8.30m		
	2	Throws Pentathlon	2134		
M60	Garry Hastie				
	4	1500m Walk	8:25.11		
	3	5000m Walk	30:54.45		
	5	Javelin	33.19m		
	5	Throws Pentathlon	2037		
W55	Donna Hiscox				
	7	Discus	18.91m		
	11	Hammer	19.11m		
	8	Throws Pentathlon	1577		
W80	Janet Jarvis				
	3	60m	13.47	w: 1.1	
	1	Long Jump	1.96m	w: 1.7	
	1	Triple Jump	4.85m	w: 0.8	

M35	Matthew Konsolis			
	2	200m	23.36	w: 2.7
	1	400m	51.40	
M40	Dominic Lagat			
	7	100m	12.48	w: 3.0
	5	200m	24.41	w: 2.2
	2	400m	53.22	
	2	800m	2:02.47	
3	Javelin	38.70m		
W80	Peggy Macliver			
	3	1500m Walk	11:32.04	SR
2	5000m Walk	39:17.54		
M60	Simon McGarvie			
	2	800m	2:26.81	
	3	1500m	5:19.77	
3	5000m	20:27.00		
M70	Harold Membrey			
	7	60m	10.21	w: 0.9
	6	100m	16.71	w: 0.2
	8	200m	36.43	w: 2.2
	3	2000m Steeplechase	13:04.06	
	6	Hammer	22.94m	
	4	Weight Throw	9.73m	
7	Throws Pentathlon	1871		
M70	Victor Munoz			
	2	1500m Walk	9:17.57	
	2	5000m Walk	33:06.25	
2	10k Walk	1:06:06		
W80	Brenda Painter			
	4	60m	13.62	w: 1.1
	3	100m	22.82	w: 0.9
	1	High Jump	0.81m	
	2	Long Jump	1.78m	w: 1.1
	2	Triple Jump	4.47m	
	2	Javelin	10.31m	
2	Outdoor Pentathlon	988		
W40	Kirsty Peddie			
	9	5000m	27:09.04	
3	10000m	1:00:15.49		

M70	Jo Peters			
	1	Discus	42.78m	
	2	Hammer	41.03m	
	2	Javelin	33.13m	
	1	Shot Put	12.53m	SR
	2	Weight Throw	15.91m	
1	Throws Pentathlon	3787		
M60	Glenn Rogers			
	2	5000m	19:39.11	
	2	10000m	40:34.93	
W60	Marcela Ruiz			
	4	1500m Walk	10:33.46	
	3	5000m Walk	38:57.66	
	3	10k Walk	1:17:00	
M80	Peter Sanders			
	2	800m	3:35.31	
	3	1500m	7:20.67	
	2	5000m	25:17.93	
	2	10000m	53:52.50	
	1	2000m Steeplechase	12:57.12	
	2	6k CC	33:44	
W70	Susan Sanders			
	8	800m	4:42.10	
	7	1500m	9:28.38	
	5	5000m	35:23.31	
	2	10000m	1:14:12.68	
	3	2000m Steeplechase	15:19.35	
	5	6k CC	48:42	
W70	Margaret Saunders			
	1	400m	1:23.09	
	1	800m	3:08.79	CR
M85	Morland Smith			
	2	800m	5:28.63	
	2	1500m	11:19.78	
	1	5000m	41:16.07	
	3	2000m Steeplechase	17:14.71	
M40	Tyne Timmers			
	4	800m	2:08.87	
	3	1500m	4:40.33	
	1	400m hurdles	1:07.81	
	2	Discus	27.76m	
	5	Javelin	30.22m	
	3	Shot Put	9.02m	
	3	Outdoor Pentathlon	1684	

M60	Hans Venter				
	1	High Jump	1.51m		
W70	Barbara Wilson				
	2	60m	11.14	w: 1.1	
	3	Long Jump	2.87m	w: 2.4	
	1	Triple Jump	6.30m	w: 0.6	
	3	Discus	16.18m		
	1	Javelin	18.51m		<b>SR</b>
	2	Shot Put	6.72m		
	4	Weight Throw	7.65m		
M75	Greg Wilson				
	1	High Jump	1.09m		
	4	Discus	25.44m		
	3	Hammer	22.24m		
	3	Javelin	22.55m		
	3	Shot Put	8.67m		
	3	Weight Throw	8.75m		
	4	Throws Pentathlon	2243		
W70	Julie Wilson				
	5	800m	3:55.31		
	2	1500m	7:50.10		
	1	5000m	28:23.89		
	1	1500m Walk	10:39.54		
	1	2000m Steeplechase	11:44.13		
	2	6k CC	37:36		
W65	Sue Zlnay				
	1	1500m	6:02.61		
	1	5000m	22:33.92		
	1	8k CC	38:45		