

10000m**W40**

1	Georgie Smith	43:16.40
---	---------------	----------

W50

1	Clare Wardle	42:01.58
2	Lizelle Smith	47:07.19
3	Sandra Siviour	47:48.08

W55

1	Claudia Seke	41:54.86	SR
2	Rochelle Airey	53:17.20	

W60

1	Lori Sexton	57:32.84
---	-------------	----------

W65

1	Sue Zlnay	47:53.19	SR
---	-----------	----------	-----------

W70

1	Julie Wilson	59:51.56
2	Susan Sanders	1:04:04.44
3	Isolde Tietz	1:08:25.26

M30

1	Hayden McGregor	56:46.06
---	-----------------	----------

M35

1	Adrian Fabiankovits	41:13.29
---	---------------------	----------

M40

1	Zane Walsh	38:51.98
2	Matt Combe	40:50.24

M45

1	Roberto Busi	35:27.54
2	Vaughan Gregory	45:19.12

M50

1	Patrick Jones	41:18.94
2	Michael Brophy	41:57.45

M55

1	Phil Mangano	48:48.46
2	Eddie Marcus	50:29.53

M60

1	Glenn Rogers	40:55.34
2	Pat Maslen	43:13.06
3	Peter Woods	46:05.39
4	David Colvin	47:07.49

5	Mark Dawson	58:11.86
---	-------------	----------

M65

1	Richard Harris	45:02.65
---	----------------	----------

2	John Fisher	53:05.22
---	-------------	----------

M70

1	Peter Tietz	1:06:26.32
---	-------------	------------

M75

1	Keith Miller	50:42.48
---	--------------	----------

2	Peter Sanders	51:57.69
---	---------------	----------

3	Mercurio Cichini	52:20.78
---	------------------	----------

M80

1	Bert Carse	59:30.58
---	------------	----------

2	Bob Schickert	1:26:58.0(h)
---	---------------	--------------

M85

1	Morland Smith	1:30:39.1(h)
---	---------------	--------------

300m Hurdles

W50

1	Tammi Doyle	1:08.11
---	-------------	---------

W55

1	Sue Coate	1:00.67
---	-----------	---------

0	Jennifer Parker	
---	-----------------	--

M60

	JP Moutia	1:07.89
--	-----------	---------

400m Hurdles

W30

1	Kimberly Young	1:09.27
---	----------------	---------

400m Hurdles

M30

1	Paul Wilmot	1:19.08
---	-------------	---------

2	Hayden McGregor	1:33.07
---	-----------------	---------