

2025 Road Running/Walking Championship Timebale

	4 May	18 May	8 June	Total
Long Road Running Championship	10km	15km	25km	50kms
Short Road Running Championship	5km	5km	5km	15kms
Long Road Walking Championship	5km	10km	15km	30kms
Short Road Walking Championship	5km	5km	5km	15kms