

# Christmas Gift



Some exercise was taken – mostly over the new bridge.



Brilliant Masters planning, setting our December 22 run for the day Perth's stylish new pedestrian and bike bridge opened! The run or walk lane is spacious and its non-slip surface excellent; so this ought to be a great route for our future river-crossing events.



A tower of power in matching festive kit, this sextet took top prize. Said one – "What some girls will do for a bar of chocolate!"



## Far-flung Jim

HE'S always been a long-distance record-setter, and a two-hour round trip to Safety Bay – just to help – looks like another one for Jim Langford.

Jim's trip south is impressive, but pales in comparison to the dedication of US fans of Taylor Swift. The singer's latest tour made US\$2.2 billion and the average fan travelled 338 miles to watch her. Oh – that average fan also spent \$1,300 for the pleasure.

Then again, that's America.

80 million Yanks were prepared to travel 50 miles or more to celebrate Thanksgiving. More than 71 million went by car and, on one day alone, three million by air.

(Where does he find these fascinating facts, you ask? Go online, search for the Daily Drone!)

## Every week Volunteers

JIM's not the only runner in the super-volunteers stakes.

Most Sunday members get up early, do the run, go home and that's their day done.

But the results team – well, at least one of them – gives up most of the rest of the day to the job.



Sometimes their day seems interminable. It goes on and on – depending upon the complexity, and how ingenious the members are at sowing doubt and confusion!

Anyway, to you all, thanks from Vetrun.

## Call that old?

HA! You're not old. Swedish conductor Herbert Blomstedt, directing the Philharmonia at the Royal Festival Hall at the astonishing age of 97, tends to prove the theory that conductors are known for their longevity.

One study found that they live on average 38% longer than the rest of us. It's probably because practising music is said to improve brain elasticity.



"They say AI could kill humans within 2 years. On the plus side, we can stop worrying about climate change."