

# November 2025 Results

*This listing includes all events where members are known to have competed  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## Bunbury – 1 November

### Throws pentathlon

		Hammer	Shot	Discus	Javelin	Weight
Jo Peters	M70	42.76 782	12.25 849	40.20 812	33.68 624	14.37 720
	Total points	3787				
Ossi Igel	M70	27.96 469	10.31 694	28.95 544	23.14 385	13.27 656
	Total points	2748				
Luella Jenkins	W80	18.05 475	5.68 523	13.25 466	11.84 437	8.32 584
	Total points	2485				
Harold Membrey	M70	24.67 401	7.59 479	19.90 336	13.93 184	10.42 491
	Total points	1891				
Brian Waldhuter	M85	18.99 406	5.76 427	14.84 391	12.19 253	7.45 395
	Total points	1872				
Sharon Moloney	W60	20.12 397	6.40 442	15.54 363	11.18 244	7.46 353
	Total points	1799				

### Hammer

Ruth Johnson W80 18.47

## New York – 2 November

### Marathon

Alan Stabler M50 3:01:31  
Clare Wardle W50 3:17:47  
Robert Lane M75 4:24:00

## WAAS – 4 November

### 60m

Dave Wilkie M65 9.3  
David Adams M45 9.4  
Juliana Kelly W60 10.3  
Mike Anderson M75 15.2

### 200m

Heat 1  
Juliana Kelly W60 38.7  
Mike Anderson M75 58.2

### Heat 2

Dave Wilkie M65 32.8  
David Adams M45 33.2

### 800m

Paul Scott M65 3:27.3  
Rob Catrall M65 3:47.6  
Johan Hagedoorn (walk) M80 6:19.2

### 3000m

David Adams M45 13:21.3  
Paul Scott M65 13:49.3  
Rob Catrall M65 14:12.5

### 3000m walk

Wendy Farrow W55 20:54.3  
Johan Hagedoorn M80 24:45.9

**Bunbury – 4 November**

---

**100m**

Harold Membrey	M70	17.1
Brian Waldhuter	M85	20.7
Ruth Johnson	W80	21.0

**800m**

Ruth Johnson	W80	5:10.8
--------------	-----	--------

**High Jump**

Brian Waldhuter	M85	1.10
Ruth Johnson	W80	0.90

**Javelin**

Garry Hastie	M60	29.67
Jo Peters	M70	21.83
Harold Membrey	M70	16.67
Sharon Moloney	W60	12.54
Brian Waldhuter	M85	12.00
Ruth Johnson	W80	9.64

**ECAC – 6 November**

---

**100m**

Matt Walker	M40	12.96
Bonny Ndungu	Vis	13.02
Simon Martin	M40	13.80
Harold Membrey	M70	16.61
Carmen Collings	W40	16.63
Lisa Limonas	W55	16.97
Des Walsh	M70	17.46
Ava Collings	Vis	17.52

**200m****Heat 1**

Matt Walker	M40	27.08
Malachi MacKay	M45	29.07
David Adams	M45	33.23
Xinhuan Yan	M50	34.60
Carmen Collings	W40	34.63
Ava Collings	Vis	35.77

**Heat 2**

Ingrid Wilcock	Vis	33.52
Tammi Doyle	W50	33.88
Harold Membrey	M70	37.42
Des Walsh	M70	39.42
Brian Hewitt	M70	41.85
Terri Carr	W65	51.54

**800m**

Matt Silvester	M45	2:16.30
Andy Roach	M50	2:46.45
Ava Collings	Vis	3:18.29
Jake Silvester	Vis	3:26.94
Tegan Durbridge	W35	3:32.13
Carmen Collings	W40	3:33.05

**Hammer**

Harold Membrey	M70	24.30
Tammi Doyle	W50	18.07
Jacinta Thompson	W45	17.34
Terri Carr	W65	10.28

**5000m**

David Adams	M45	21:30.20
Andy Roach	M50	21:36.51
Xinhuan Yan	M50	23:23.38
Tegan Durbridge	W35	25:02.54
Brian Hewitt	M70	26:20.85
Dave Wilkie	M65	29:36.40
Bruce McGeorge	M70	30:30.52
Bob Schickert	M80	42:22.56

**Triple Jump**

Melissa Foster	W45	10.40
Ingrid Wilcock	Vis	8.63
Jenn Parker	W55	8.47
Mark Matcham	M55	8.25
Malachi MacKay	M45	7.93
Sue Coate	W55	7.47
Tammi Doyle	W50	7.26
Dave Wilkie	M65	7.10
David Adams	M45	5.73
Des Walsh	M70	5.25
Brian Hewitt	M70	5.03
Lynne Schickert	W80	3.71

**Shot**

Sue Coate	W55	9.31
Jenn Parker	W55	8.98
Malachi MacKay	M45	8.06
Dave Wilkie	M65	7.92
Harold Membrey	M70	7.91
Mark Matcham	M55	7.68
Tammi Doyle	W50	7.31
Jacinta Thompson	W45	7.24
Des Walsh	M70	7.23
Ingrid Wilcock	Vis	5.59
Terri Carr	W65	5.44
Andrea Penny	W50	4.82
Christine MacKay	W80	2.80

**Strive, WAAS – 7 November**

---

**100m**

Melissa Foster	W45	13.44	+1.1
Malachi MacKay	M45	13.72	+1.3
Joe-Anne Dannenberg	W50	14.30	+1.1
John Dennehy	M65	17.91	+1.3
Alan Deans	M75	21.55	+1.2

**400m**

Matthew Konsolis	M35	51.76
Malachi MacKay	M45	64.16
Andrew Kets	M55	68.14

**Triple Jump**

Melissa Foster	W45	10.67	NWI
----------------	-----	-------	-----

**1500m**

Mark Maslen	M45	4:34.03
Tom Collings	M40	4:40.74

**Javelin**

Brad Schirmer	M55	37.20
Malachi MacKay	M45	25.70

**Shot**

Melissa Foster	W45	8.33
----------------	-----	------

**Bunbury – 8 November**

---

**Outdoor Pentathlon – men**

		<b>Long Jump</b>	<b>Javelin</b>	<b>200m</b>	<b>Discus</b>	<b>1500m</b>
Brian Waldhuter	M85	2.85	11.13	45.4	15.52	11:45.7
		563	221	227	414	54
	Total points	1479				
Harold Membrey	M70	NM	15.18	37.8	20.75	11:49.9
		0	211	278	355	0
	Total points	844				

**200m**

Ruth Johnson	W80	49.3
Luella Jenkins	W80	55.0

**Long Jump**

Ruth Johnson	W80	2.24
Luella Jenkins	W80	2.22

**Javelin**

Sharon Moloney	W60	13.03
Luella Jenkins	W80	11.22
Ruth Johnson	W80	9.11

**Discus**

Sharon Moloney	W60	14.57
Luella Jenkins	W80	11.33

**WAAS – 11 November**

---

**60m**

Heat 1		
Dave Wilkie	M65	9.3
David Adams	M45	9.4

**1500m walk**

Johan Hagedoorn	M80	11:28.8
Judy Saunders	W75	11:44.8

**Heat 2**

John Dennehy	M65	10.6
Andrea Penny	W50	11.3
Mike Anderson	M75	15.1

**5000m**

Paul Scott	M65	23:23.4
David Adams	M45	24:32.2
Rob Cattrall	M65	24:48.5

**300m**

John McShane	M60	54.6
John Dennehy	M65	61.9
Andrea Penny	W50	63.4

**3000m walk**

Wendy Farrow	W55	21:00.1
Johan Hagedoorn	M80	23:41.1
Judy Saunders	W75	23:49.9

**1500m**

David Adams	M45	5:57.0
Rob Cattrall	M65	6:28.6
Paul Scott	M65	6:36.9
John McShane	M60	6:49.6

**Bunbury – 11 November**

---

**200m**

Luella Jenkins	W80	62.3
Ruth Johnson	W80	49.2
Harold Membrey	M70	41.2
Brian Waldhuter	M85	46.6
Tyne Timmers	M45	26.1

**Discus**

Luella Jenkins	W80	12.49
Ruth Johnson	W80	10.06
Harold Membrey	M70	20.23
Brian Waldhuter	M85	16.43
Sharon Moloney	W60	17.28
Garry Hastie	M60	26.09
Tyne Timmers	M45	22.17

**1500m**

Ruth Johnson	W80	10:40.0
Tyne Timmers	M45	5:04.3

**1500m walk**

Luella Jenkins	W80	12:55.5
----------------	-----	---------

**Triple Jump**

Luella Jenkins	W80	4.17
Ruth Johnson	W80	5.25
Brian Waldhuter	M85	6.34

**ECAC – 13 November**

---

<b>60m</b>				<b>3000m</b>			
Heat 1				Nikola Radosevic	Vis	10:00.15	
Dave Wilkie	M65	9.72		Aleksa Radosevic	Vis	11:08.19	
David Adams	M45	9.73		Andy Roach	M50	12:01.61	
Lisa Limonas	W55	10.36		Jovan Radosevic	Vis	12:09.72	
Dante van Heerwaarden	Vis	11.70		Jarrad Chesshire	Vis	12:20.02	
Anthony Misson	Vis	14.93		Olivia Tuck	Vis	12:37.38	
Heat 2				Steve Hossack	M60	12:57.66	
Brian Hewitt	M70	11.24		Tegan Durbridge	W35	17:30.10	
Bruce McGeorge	M70	11.57		Isolde Tietz	W75	19:58.58	
Carol Bowman	W70	12.50		Peter Tietz	M70	20:08.12	
Des Walsh	M70	13.35		<b>3000m walk</b>			
Christine MacKay	W80	41.24		Fiona van Heerwaarden	W45	19:29.10	
<b>100m</b>				<b>High Jump</b>			
Lisa Limonas	W55	17.50		Mariette Botha	W40	1.40	
Dante van Heerwaarden	Vis	19.90		Malachi MacKay	M45	1.35	
Andrea Penny	W50	20.07		Dave Wilkie	M65	1.35	
Carol Bowman	W70	20.50		Melissa Foster	W45	1.30	
<b>400m</b>				Jenn Parker	W55	1.30	
Heat 1				Campbell Till	M65	1.30	
Campbell Till	M65	70.87		Mark Matcham	M55	1.25	
Olivia Tuck	Vis	71.20		Sue Coate	W55	1.20	
David Adams	M45	73.18		Jacinta Thompson	W45	1.20	
Xinhuan Yan	M50	75.07		Tammi Doyle	W50	1.09	
Andy Roach	M50	75.93		Rahul Moorthy	Vis	1.09	
Tammi Doyle	W50	76.93		David Adams	M45	1.00	
Dave Wilkie	M65	83.26		Gay Wyatt	W70	1.00	
Jacinta Thompson	W45	1:39.15		Bruce McGeorge	M70	1.00	
Heat 2				Des Walsh	M70	0.97	
Malachi MacKay	M45	63.60		Xinhuan Yan	M50	0.97	
Brian Hewitt	M70	85.59		Brian Hewitt	M70	0.91	
Dante van Heerwaarden	Vis	1:36.56		Lynne Schickert	W80	0.86	
Tegan Durbridge	W35	1:37.07		Bob Schickert	M80	0.83	
Bruce McGeorge	M70	1:39.37		<b>Javelin</b>			
Des Walsh	M70	1:47.27		Sue Coate	W55	27.77	
Bob Schickert	M80	2:06.14		Dave Wilkie	M65	22.99	
Lynne Schickert	W80	3:20.25		Tammi Doyle	W50	20.28	
Heat 3				Lisa Limonas	W55	18.02	
Mark Matcham	M55	68.43		Xinhuan Yan	M50	17.08	
Jenn Parker	W55	71.37		Jacinta Thompson	W45	16.37	
Sue Coate	W55	74.22		Des Walsh	M70	15.38	
<b>Discus</b>				Rahul Moorthy	Vis	14.36	
Andrew Ward	M60	39.02		Andrea Penny	W50	9.21	
Jenn Parker	W55	30.83		Christine MacKay	W80	2.90	
Dave Wilkie	M65	26.01					
Rahul Moorthy	Vis	24.92					
Malachi MacKay	M45	24.54					
Des Walsh	M70	22.82					
Sue Coate	W55	22.64					
Jacinta Thompson	W45	19.14					
Christine MacKay	W80	6.25					

**Strive, WAAS – 14 November**

---

<b>60m</b>				<b>Pole Vault</b>			
Melissa Foster	W45	8.30	+2.5	Malachi MacKay	M45	2.45	
John Dennehy	M65	11.08	-0.6	Phil Smyth	M75	2.45	
<b>200m</b>				Geoff Brayshaw	M75	2.30	
Matthew Konsolis	M35	23.86	+2.3	Sue Coate	W55	2.30	
Joe-Anne Dannenberg	W50	30.98	+3.3	<b>Discus</b>			
John Dennehy	M65	37.48	+2.1	Brad Schirmer	M55	33.49	
<b>5000m</b>				<b>Long Jump</b>			
Mark Maslen	M45	17:55.58		Melissa Foster	W45	5.28	+3.1
				Malachi MacKay	M45	4.37	+2.8

## Bunbury – 15 November

---

### Outdoor Pentathlon – women

		100m	Shot	Long Jump	Javelin	800m
Luella Jenkins	W80	23.3	5.71	2.27	11.93	6:16.2
		263	526	352	441	18
	Total points	1600				

#### 100m

Harold Membrey	M70	18.1
Brian Waldhuter	M85	21.1

#### Shot

Harold Membrey	M70	7.34
Brian Waldhuter	M85	5.97

#### Long Jump

Brian Waldhuter	M85	2.69
-----------------	-----	------

#### Javelin

Harold Membrey	M70	15.44
Garry Hastie	M60	30.42
Brian Waldhuter	M85	10.67

## WAAS – 18 November

---

#### 100m

David Adams	M45	15.7
Juliana Kelly	W60	17.0
John Dennehy	M65	18.0
Andrea Penny	W50	18.2
Mike Anderson	M75	25.6

#### 800m

David Adams	M45	3:04.6
Rob Cattrall	M65	3:09.6
Richard Harris	Vis	3:13.1
Paul Scott	M65	3:22.0
John McShane	M60	3:29.2
Johan Hagedoorn (walk)	M80	6:15.6

#### 400m

John McShane	M60	87.8
Andrea Penny	W50	89.2
Juliana Kelly	W60	1:33.5
John Dennehy	M65	1:48.0

#### 3000m

Paul Scott	M65	13:32.8
Richard Harris	Vis	13:48.0
Rob Cattrall	M65	13:54.4
David Adams	M45	14:26.1

#### 3000m walk

Wendy Farrow	W55	21:24.4
Johan Hagedoorn	M80	23:38.0
Judy Saunders	W75	24:05.3
Glenys Duncan	W85	28:41.4

## Bunbury – 18 November

---

#### 400m

Tyne Timmers	M45	57.1
Harold Membrey	M70	1:43.8
Ruth Johnson	W80	2:03.4

#### 1500m

Tyne Timmers	M45	6:26.7
--------------	-----	--------

#### Long Jump

Tyne Timmers	M45	4.92
Luella Jenkins	W80	2.25
Ruth Johnson	W80	2.17

#### Hammer

Jo Peters	M70	39.26
Garry Hastie	M60	24.71
Harold Membrey	M70	24.49
Ruth Johnson	W80	19.16
Sharon Moloney	W60	18.87
Luella Jenkins	W80	18.62

## Strive, WAAS – 21 November

---

#### 100m

Adrian McKenzie	M50	11.90	+1.5
Ella Pardy	W30	13.22	+0.8
Joe-Anne Dannenberg	W50	14.21	+1.7
John Dennehy	M65	17.40	+0.7
Alan Deans	M75	21.40	+0.7

#### 400m

Matthew Konsolis	M35	51.73
------------------	-----	-------

#### 1500m

Mark Maslen	M45	4:41.45
-------------	-----	---------

**Bunbury – 22 November****56lb weight**

Jo Peters	M70	5.12	
Garry Hastie	M60	3.68	
Harold Membrey	M70	3.66	
Michelle Krokosz	W40	2.88	
Brian Waldhuter	M85	2.11	SR
Sharon Moloney	W60	1.96	
Luella Jenkins	W80	1.65	

**Super weight**

Jo Peters	M70	8.79	
Sharon Moloney	W60	5.30	
Harold Membrey	M70	5.20	
Brian Waldhuter	M85	4.88	SR
Luella Jenkins	W80	4.65	
Michelle Krokosz	W40	4.41	
Garry Hastie	M60	4.18	

**100lb weight**

Jo Peters	M70	3.22	AR
Garry Hastie	M60	2.25	
Harold Membrey	M70	1.94	
Michelle Krokosz	W40	1.81	
Sharon Moloney	W60	1.00	
Luella Jenkins	W80	0.60	

**AW Combined Events, WAAS – 22-23 November****Heptathlon**

		<b>80mH</b>	<b>HJ</b>	<b>Shot</b>	<b>200m</b>	<b>LJ</b>	<b>Jav</b>	<b>800m</b>
Melissa Foster	W45	14.06	1.28	8.94	28.37 w/a	5.16	26.02	3:06.41
		786	555	581	737	834	524	450
	Total points	4467						
Sue Coate	W55	16.64	1.25	10.13	31.29 w/a	3.82 w/a	26.19	3:07.83
		601	678	694	700	546	607	592
	Total points	4418						
		<b>100mH</b>	<b>HJ</b>	<b>Shot</b>	<b>200m</b>	<b>LJ</b>	<b>Jav</b>	<b>800m</b>
Rachael McCree	W30	23.41	1.55 SR	8.13	33.68 w/a	3.89 w/a	22.48	3:49.95
		82	678	408	256	283	335	44
	Total points	2086						
Dave Wilkie	M65	22.16	1.40	7.00	33.60	3.63 w/a	21.47	3:32.10

No WMA scoring for men's heptathlon

**Decathlon**

		<b>100m</b>	<b>LJ</b>	<b>Shot</b>	<b>HJ</b>	<b>400m</b>	<b>100mH</b>	<b>Discus</b>
Brad Schirmer	M55	13.55	4.80	10.05	1.46	64.84	19.66	31.54
		501	447	472	434	490	302	404
		<b>PV</b>	<b>Jav</b>	<b>1500m</b>				
		2.70	36.85	DNS				
		475	581	0				
	Total Points	5271						
		<b>100m</b>	<b>LJ</b>	<b>Shot</b>	<b>HJ</b>	<b>400m</b>	<b>110mH</b>	<b>Discus</b>
Malachi MacKay	M45	13.70	4.60	8.24	1.40	62.79	22.30	24.80
		501	447	472	434	490	302	404
		<b>PV</b>	<b>Jav</b>	<b>1500m</b>				
		2.60	26.30	5:19.87				
		345	325	592				
	Total Points	4312						

**WAAS – 25 November****100m**

Heat 1			
Juliana Kelly	W60	16.6	
John Dennehy	M65	16.9	
Mike Anderson	M75	25.0	

**Heat 2**

Travis Willcox	M40	14.7	
David Adams	M45	15.9	

**200m**

Dave Wilkie	M65	32.1	
Juliana Kelly	W60	35.5	
John Dennehy	M65	43.0	
Travis Willcox	M40	53.8	

**1500m**

Richard Harris	Vis	6:19.7	
----------------	-----	--------	--

**1500m walk**

Johan Hagedoorn	M80	11:18.2
Judy Saunders	W75	11:44.3
Glenys Duncan	W85	14:01.2

**3000m walk**

Wendy Farrow	W55	21:00.3
Johan Hagedoorn	M80	22:54.4
Judy Saunders	W75	23:51.3

**5000m**

David Adams	M45	24:10.6
-------------	-----	---------

**Bunbury – 25 November**

---

**60m**

Tyne Timmers	M45	10.4
Harold Membrey	M70	11.1
Brian Waldhuter	M85	13.5
Ruth Johnson	W80	13.9
Luella Jenkins	W80	14.4

**400m hurdles**

Tyne Timmers	M45	70.0
--------------	-----	------

**3000m**

Tyne Timmers	M45	12:14.6
--------------	-----	---------

**Shot**

Jo Peters	M70	11.49
Tyne Timmers	M45	8.81
Garry Hastie	M60	8.20
Harold Membrey	M70	7.38
Sharon Moloney	W60	6.27
Brian Waldhuter	M85	5.85
Luella Jenkins	W80	5.43
Ruth Johnson	W80	5.18

**ECAC – 27 November**

---

**100m****Heat 1**

Matt Walker	M40	12.82
Malachi MacKay	M45	13.75
Campbell Till	M65	13.95
Mark Matcham	M55	14.69
David Adams	M45	14.89
Sue Coate	W55	15.05
Rodney Glossop	M45	15.08
Dave Wilkie	M65	15.53
Xinhuan Yan	M50	16.76
Tegan Durbridge	W35	20.24

**Heat 2**

Nicholas Collis	Vis	13.28
Charmaine Tuia	W30	14.97
Ingrid Wilcock	Vis	15.91
Dawson Miller	M60	16.05
Max Tuia	Vis	16.99
Brian Hewitt	M70	18.28
Jacinta Thompson	W45	19.21
Bruce McGeorge	M70	19.30
Bob Schickert	M80	22.36

**Heat 3**

John Dennehy	M65	17.89
Caius Tuia	Vis	19.81
Carol Bowman	W70	20.26
Anastasia Tuia	Vis	22.88
Anthony Misson	Vis	27.94
Lynne Schickert	W80	33.93
Christine MacKay	W80	70.61

**200m****Heat 1**

Matt Walker	M40	27.27
Campbell Till	M65	31.78
Eric Hayward	M55	32.21
Dawson Miller	M60	34.31
Carol Bowman	W70	41.61

**Heat 2**

Charmaine Tuia	W30	30.21
Max Tuia	Vis	43.21
Caius Tuia	Vis	44.82
Anastasia Tuia	Vis	70.93

**1 mile**

Andy Roach	M50	6:00.66
Steve Hossack	M60	6:42.47
Brian Hewitt	M70	7:50.84
Trish Mason	W50	7:51.43
Fiona van Heerwaarden	W45	8:08.73

**3000m**

Rodney Glossop	M45	12:27.75
David Adams	M45	12:35.90
Andy Roach	M50	12:45.99
Steve Hossack	M60	13:00.65
Xinhuan Yan	M50	13:00.65
Trish Mason	W50	13:52.33
Tegan Durbridge	W35	15:08.40
Bruce McGeorge	M70	17:05.06

**3000m walk**

Fiona van Heerwaarden	W45	19:11.11
-----------------------	-----	----------

**High Jump**

Mariette Botha	W40	1.45
Dave Wilkie	M65	1.35
Dave Wyatt	M70	1.20
Gay Wyatt	W70	1.04

**Javelin**

Sue Coate	W55	28.20
Mark Matcham	M55	27.85
Josh Tuia	Vis	27.32
Malachi MacKay	M45	26.84
Jerome Conway-Mortimer	M50	25.48
Dave Wilkie	M65	25.43
Jenn Parker	W55	19.95
Rodney Glossop	M45	18.79
Xinhuan Yan	M50	18.23
Ingrid Wilcock	Vis	17.06
Brian Hewitt	M70	13.96
Jacinta Thompson	W45	13.73
Tegan Durbridge	W35	11.82
Andrea Penny	W50	9.97
Lynne Schickert	W80	7.10
Christine MacKay	W80	3.21

**Strive, WAAS – 28 November**

---

**100m**

Ella Pardy	W30	13.37	+2.2
John Dennehy	M65	17.41	+1.0

**200m**

Kyle Ennis	M30	21.43	+1.6
Matthew Konsolis	M35	23.91	+1.9
John Dennehy	M65	37.27	+3.4

**Pole Vault**

Malachi MacKay	M45	2.50
Geoff Brayshaw	M75	2.40
Phil Smyth	M75	2.30