August 2026 Results

This listing includes all events where members are known to have competed, except for WMA championships, which are reported elsewhere
All records are pending until ratified by the appropriate authorities

CR = Club Record **SR** = State Record **AR** = Australian Record **WR** = World Record

ECAC – 6 August

60m

Heat 1 wind +0.0

Mark Harper	M50	7.60	
Bonny Ndungu	M35	7.65	
Raiden Chang	Vis	7.77	
Melissa Foster	W45	8.25	
Dominic Lagat	M40	8.48	
Malachi MacKay	M45	8.62	
Gin Ang	M60	8.64	
Sue Coate	W60	8.99	**SR**

Heat 2

Des Walsh	M70	10.19	
Andrea Penny	W50	11.05	
Kim King	W30	11.41	
Bruce McGeorge	M70	11.54	
Delia Baldock	W60	11.70	
Bob Schickert	M80	13.16	
Julie King	W55	13.32	
Kerry Hardes	W60	14.30	

Heat 3

Anthony Misson	Vis	15.93	
David Gardiner	M80	20.82	
Lynne Schickert	W80	21.57	
Christine MacKay	W80	36.36	

100m

Heat 1 wind +0.0

Bonny Ndungu	M35	12.12	
Mark Harper	M50	12.13	
Raiden Chang	Vis	12.19	
Dominic Lagat	M40	13.50	
Malachi MacKay	M45	13.67	
Sue Coate	W60	14.52	**SR**
Des Walsh	M70	16.16	

Heat 2

Larissa Lagat	Vis	15.62	
Naomi Lagat	W40	16.44	
Andrea Penny	W50	18.88	
Kim King	W30	19.34	
Delia Baldock	W60	19.41	
Julie King	W55	23.48	
Kerry Hardes	W60	24.42	
Anthony Misson	Vis	26.26	

Heat 3

Des Walsh	M70	16.54	
Bruce McGeorge	M70	19.58	
Christine MacKay	W80	51.42	
David Gardiner	M80	51.74	

800m

Dominic Lagat	M40	2:16.08	
Larissa Lagat	Vis	2:38.56	
Fiona Leonard	W55	2:42.96	
Andy Roach	M50	2:46.99	
Naomi Lagat	W40	2:56.91	
Lyn Arnott	W75	4:13.26	
Kim King	W30	4:24.72	
Kerry Hardes	W60	4:55.73	
John Dennehy	M65	5:10.61	
Julie King	W55	5:15.58	

1500m

Mark Maslen	M50	4:34.18	
Dominic Lagat	M40	4:42.79	
Andy Roach	M50	5:48.39	
Fiona Leonard	W55	5:58.15	
Brad Hollins	M50	6:45.07	
Naomi Lagat	W40	6:48.33	
Wendy Jones	W60	10:50.64	

1500m walk

Lynne Schickert	W80	14:04.72	

2000m steeplechase

Dominic Lagat	M40	8:52.15	
Richard Wardrobe	M55	9:15.86	
Brad Hollins	M50	10:46.03	
Julie Wilson	W70	12:40.72	
Kim King	W30	14:19.97	
Julie King	W55	15:36.82	
Bob Schickert	M80	17:44.19	
David Gardiner	M80	18:38.38	

High Jump

Raiden Chang	Vis	1.35	
Malachi MacKay	M45	1.34	
Sue Coate	W60	1.26	**SR**

Long Jump

Melissa Foster	W45	5.08	
Sue Coate	W60	4.26 (+0.0)	**SR**
Kim King	W30	2.60	
Julie King	W55	2.28	

ECAC – 13 August

100m

Heat 1

Bonny Ndungu	M35	12.29
Matt Walker	M40	12.54
Raiden Chang	Vis	12.58
Malachi MacKay	M45	13.81
Dominic Lagat	M40	14.00
Charmaine Tuia	W30	14.61
Sue Coate	W60	14.71
Jenn Parker	W55	14.91

Heat 2

Max Tuia	Vis	16.25
Caius Tuia	Vis	16.58
Des Walsh	M70	17.21
Andrea Penny	W50	18.07
Anastasia Tuia	Vis	20.02
Kim King	W30	20.08
Julie King	W55	22.19
Bob Schickert	M80	24.18

Heat 3

Delia Baldock	W60	19.47
Anthony Misson	Vis	25.73
David Gardiner	M80	39.63
Lynne Schickert	W80	41.01
Christine MacKay	W80	51.45

1500m

Dominic Lagat	M40	4:50.56
Andy Roach	M50	5:40.86
Max Tuia	Vis	6:52.84
Caius Tuia	Vis	7:18.93
Karyn Tolardo	W60	7:23.41
Anastasia Tuia	Vis	7:24.22
Charmaine Tuia	W30	7:24.99
Jenn Parker	W55	7:25.77
John Dennehy	M65	9:35.30

Long Jump

Sue Coate	W60	4.37

High Jump

Malachi MacKay	M45	1.30

200m

Heat 1

Bonny Ndungu	M35	25.75
Matt Walker	M40	26.11
Dominic Lagat	M40	27.09
Raiden Chang	Vis	27.56
Malachi MacKay	M45	28.36
Sue Coate	W60	30.96

Heat 2

Charmaine Tuia	W30	35.18
Max Tuia	Vis	35.27
Caius Tuia	Vis	36.63
Anastasia Tuia	Vis	43.50
Jenn Parker	W55	43.72

Heat 3

Des Walsh	M70	37.88
Delia Baldock	W60	40.93
Kim King	W30	44.56
Bob Schickert	M80	50.87
Julie King	W55	52.72
Anthony Misson	Vis	61.46
David Gardiner	M80	83.33
Christine MacKay	W80	2:09.54

3000m

Dominic Lagat	M40	11:00.94
Andy Roach	M50	13:05.48
Bruce McGeorge	M70	17:21.08
Kim King	W30	19:59.15
Julie King	W55	21:01.25
Wendy Jones	W60	22:38.27

3000m walk

Karyn Tolardo	W60	19:34.92
John Dennehy	M65	23:16.13

Bunbury – 15 August

Throws pentathlon

			Hammer	Shot	Discus	Javelin	Weight
John Fettus	M50		39.31	12.98	36.88	28.02	15.01
			586	789	607	362	733
		Total points:	3077				
Luella Jenkins	W80		17.46	5.25	13.76	11.82	8.24
			456	474	488	437	577
		Total points:	2432				
Garry Hastie	M65		20.72	8.02	26.06	30.08	8.48
			322	527	417	525	407
		Total points:	2198				
Todd Davey	M55		37.94	11.80	35.93	NM	NM
			616	768	645	0	0
		Total points:	2029				
Harold Membrey	M75		24.97	7.01	18.60	11.19	10.24
			473	490	359	159	536
		Total points:	2017				

Sharon Moloney	W60		21.93	5.51	16.03	11.75	7.92
			442	364	377	261	381
		Total points:	1825				
Phil Fenn	M45		16.65	7.45	20.62	21.56	7.20
			195	416	317	245	353
		Total points:	1526				

Hammer

Jenn Parker	W55	32.38
Ruth Johnson	W85	18.08

Shot

Ruth Johnson	W85	5.27

56lb weight

Phil Fenn	M45	5.50
Harold Membrey	M75	2.74
Sharon Moloney	W60	1.71
Luella Jenkins	W80	1.42

Single arm weight

Todd Davey	M55	15.79	**SR**
Harold Membrey	M75	11.62	
Jenn Parker	W55	11.48	
Garry Hastie	M65	10.69	
Phil Fenn	M45	9.88	
Sharon Moloney	W60	8.37	**SR**
Luella Jenkins	W80	7.99	
Ruth Johnson	W85	7.69	**SR**

ECAC – 20 August

60m

Heat 1

Matt Walker	M40	7.97
Dominic Lagat	M40	8.76
Jenn Parker	W55	9.36
Des Walsh	M70	10.43

Heat 2

Kim King	W30	11.23
Delia Baldock	W60	11.71
Julie King	W55	12.90
Kerry Hardes	W65	14.36
Anthony Misson	Vis	19.11

Heat 3

Jenn Parker	W55	9.25
Max Tuia	Vis	9.69
Caius Tuia	Vis	10.27
Des Walsh	M70	10.39
Anastasia Tuia	Vis	12.03

200m

Heat 1

Matt Walker	M40	26.13
Dominic Lagat	M40	28.21

Heat 2

Jenn Parker	W55	31.25
Des Walsh	M70	34.95
Alicia Venditti	Vis	40.57
Kim King	W30	41.48
Julie King	W55	51.90
Kerry Hardes	W65	55.03

Heat 3

Max Tuia	Vis	36.59
Caius Tuia	Vis	38.79
Anastasia Tuia	Vis	43.10
Anthony Misson	Vis	57.93

1000m

Dominic Lagat	M40	3:07.67
Fiona Leonard	W55	3:32.01
Andy Roach	M50	3:32.96
Kim King	W30	5:33.46
Fiona van Heerwaarden	W45	5:51.41
Julie King	W55	6:27.20
Kerry Hardes	W65	6:28.46
Wendy Jones	W60	6:56.99

600m

Dominic Lagat	M40	1:46.38
Fiona Leonard	W55	1:57.59
Andy Roach	M50	2:05.37
Max Tuia	Vis	2:25.27
Caius Tuia	Vis	2:26.46
Jenn Parker	W55	2:36.02
Delia Baldock	W60	3:02.40
Kim King	W30	3:13.44
Kerry Hardes	W65	3:31.96
Julie King	W55	3:35.22

5000m

Andy Roach	M50	23:23.22
Bruce McGeorge	M70	30:05.10

3000m

Dominic Lagat	M40	11:03.52
Wendy Jones	W60	22:32.22

3000m walk

Fiona van Heerwaarden	W45	20:43.52
John Dennehy	M65	21:41.35

ECAC – 27 August

100m

Heat 1

Bonny Ndungu	M35	12.2
Matt Walker	M40	12.6
Des Walsh	M70	17.2

Heat 2

Max Tuia	Vis	15.9
Jordan Roberts	Vis	16.3
Caius Tuia	Vis	16.6
Kim King	W30	18.5
Julie King	W55	21.2
Kevin Collins	M55	22.9
Kerry Hardes	W65	23.8
Anthony Misson	Vis	25.9

300m

Heat 1

Matt Walker	M40	41.9
Des Walsh	M70	62.0
Jordan Roberts	Vis	63.0
Xavier Palermo	Vis	66.0
Sue Chesshire	W60	68.5

Heat 2

Kim King	W30	71.0
Kerry Hardes	W65	88.1
Anthony Misson	Vis	2:00.3

800m

Michelle Hunter	Vis	2:49.4
Andy Roach	M50	2:50.0
Max Tuia	Vis	3:11.4
Caius Tuia	Vis	3:22.8
Cooper Palermo	Vis	3:28.9
Jennifer Palermo	Vis	3:29.3
Anastasia Tuia	Vis	3:49.4
Fiona van Heerwaarden	W45	4:16.1
Alan Chesshire	Vis	4:28.1
Kim King	W30	4:39.6
Kerry Hardes	W65	4:43.4
Julie King	W55	5:03.3

1 mile

Cooper Palermo	Vis	5:28.3
Jennifer Palermo	Vis	5:53.8
Michelle Hunter	Vis	5:56.0
Fiona Leonard	W55	6:05.7
Andy Roach	M50	6:12.0
Andrew Davison	M60	6:46.5
Xavier Palermo	Vis	7:56.5
Fiona van Heerwaarden	W45	9:07.1
Julie King	W55	10:46.0
Wendy Jones	W60	11:40.1

3000m

Michelle Hunter	Vis	11:44.2
Andrew Davison	M60	12:46.4
Gianni Palermo	Vis	14:03.3
Jennifer Palermo	Vis	14:04.4
Keith Redpath	M70	14:33.0
Bruce McGeorge	M70	17:04.9
Wendy Jones	W60	22:25.6

3000m walk

Karyn Tolardo	W60	19:11.6
Fiona van Heerwaarden	W45	21:12.6
John Dennehy	M65	21:42.3

Sydney – 30 August

Marathon

Jacqueline Kellerman	W50	2:54:19	
Suzi McMahon	W55	3:06:09	**SR**
Kevin Johnson	M65	3:39:02	
Sandra Stockman	W60	4:19:11	
Naomi Boxall	W40	5:54:48	
Robin King	W65	6:41:41	