

## WAAS – October 4

*Note: As this is the first meeting of the season, all performances are season's bests*

### 100m

Craig Van Waardenburg	M50	13.4
Dave Wyatt	M60	13.7
Barrie Kernaghan	M70	N/T
Keith Martin	M65	14.7

Ewen Bradley	Vis	14.9
Peggy Macliver	W65	16.8
Duncan McAuley	M60	16.9
Peter Kennedy	M90	34.1

### 1000m

Anthony Collis	M40	3:13.4	
Donald Bradley	M45	3:15.0	
Campbell Till	M50	3:18.0	
Chris Shenton	M40	3:21.0	
Grant Schofield	M40	3:35.1	PBA
Keith Edmonds	M40	3:46.8	
Lynette Collis	W40	3:48.0	
John Collier	M45	3:59.0	
Graeme Dahl	M60	4:02.3	
Carl Ciccarelli	M50	4:11.9	
Julie Wilson	W55	4:30.9	PBA
Peter Kennedy	M90	9:49.0	

### HIGH JUMP

Dave Wyatt	M60 not recorded
Gill Edmonds	W45 not recorded

### 3000m

Donald Bradley	M45	10:20.4	
Anthony Collis	M40	11:13.8	
David Brook	M45	11:26.5	
Campbell Till	M50	12:11.3	
Keith Edmonds	M40	12:15.6	
Duncan McAuley	M60	12:31.9	
Grant Schofield	M40	12:34.0	PBA
Lynette Collis	W40	12:35.8	
Carl Ciccarelli	M50	12:40.9	
Graeme Dahl	M60	12:44.8	
John Collier	M45	13:31.4	
Julie Wilson	W55	14:42.1	

### LONG JUMP

Peggy Macliver	W65	2.96
Dave Wyatt	M60	4.57
Ewen Bradley	Vis	3.55

### 200m

Andrew Brooker	M40	26.5	PBA
Craig Van Waardenburg	M50	27.9	
Barrie Kernaghan	M70	29.8	
Ewen Bradley	Vis	30.3	
Keith Martin	M65	31.1	
Peggy Macliver	W65	35.7	

## ECAC – October 6

### 100m

Chris Neale	M40	12.9
Jimmi Thommana	M40	13.5
Colin Smith	M45	13.9
Paul Abercrombie	Vis	14.2
Nick Miletic	M60	16.0

Wendy Seegers	W35	14.4
Rod Hamilton	M45	15.3
Sue Bourn	W40	16.0
John Dennehy	M50	17.0
Shannon Neale	Vis	17.3
Kim Farr	Vis	19.0

Peggy Macliver	W65	17.4
Mel Hynds	W30	18.0
Regina Crouch	W40	19.8
Lynne Schickert	W65	28.2

### Long Jump

Chris Neale	M40	5.51	
Michael Crouch	Vis	5.40	
Nick Miletic	M60	3.69	PBA
Shannon Neale	Vis	3.40	
Regina Crouch	W40	2.51	
Lynne Schickert	W65	2.32	

### 1500m

Ian Cotton	M45	5:32.7	
Rod Hamilton	M45	5:33.8	
Chris Neale	M40	5:46.7	
Carl Ciccarelli	M50	6:05.4	PBA
Graeme Dahl	M60	6:14.6	
Maurice Creagh	M65	6:23.1	
Robin King	W50	6:33.5	
Gillian Young	W60	6:45.0	
Mel Hynds	W30	6:45.4	
Delia Baldock	W45	7:44.5	
Kim Farr	Vis	8:53.1	
Trish Farr	W35	8:53.2	

### 1500m walk

Sarah Ladwig	W60	10:31.2
Lynne Schickert	W65	11:14.7
Regina Crouch	W40	11:59.5

### Weight Throw

Andrew Ward	M50	8.66	PBA
Bev Hamilton	W65	10.57	
Matt Staunton	M35	13.61	PBA
Paul Abercrombie	Vis	7.61	
Mark Hamilton	M40	12.09	
Mark Frew	M35	7.09	

**400m**

Chris Neale	M40	57.6	
Michael Crouch	Vis	71.4	
Rod Hamilton	M45	75.1	
Nick Miletic	M60	85.8	

Wendy Seegers	W35	76.9	
Delia Baldock	W45	77.4	
Carl Ciccarelli	M50	86.2	
Maurice Creagh	M65	88.3	<b>PBA</b>
Robin King	W50	89.7	

Sue Bourn	W40	81.3	
Peggy Macliver	W65	85.2	
Mel Hynds	W30	1:33.2	
Sarah Ladwig	W60	1:41.9	

**Javelin**

Andrew Ward	M50	30.34	
Bev Hamilton	W65	18.17	
Michael Crouch	Vis	40.29	
Matt Staunton	M35	43.88	
Mark Hamilton	M40	31.14	
Gillian Young	W60	13.46	<b>PBA</b>
Mark Frew	M35	43.83	
Chris Neale	M40	30.52	
Nick Miletic	M60	18.97	
Paul Abercrombie	Vis	32.93	
Maria Trolio	W35	24.84	<b>PBA</b>
Shannon Neale	Vis	10.96	

**WAAS – October 11****100m**

Campbell Till	M50	13.2	
Craig Van Waardenburg	M50	13.2	<b>SB</b>
Dave Wyatt	M60	13.5	<b>SB</b>
Ewen Bradley	Vis	14.5	

Wendy Seegers	W35	13.4	<b>SB</b>
Paul Abercrombie	Vis	13.6	
Barrie Kernaghan	M70	14.9	
Nick Miletic	M60	15.2	<b>SB</b>

John Dennehy	M50	16.1	<b>SB</b>
Peggy Macliver	W65	16.6	<b>SB</b>

**3000m**

Grant Schofield	M40	12:34.0	<b>PBA=</b>
Graeme Dahl	M60	12:39.4	
John Collier	M45	12:51.5	<b>SB</b>

**400m**

Campbell Till	M50	60.3	
Wendy Seegers	W35	66.0	<b>SB</b>
Barrie Kernaghan	M70	75.0	

John Dennehy	M50	75.2	
Peggy Macliver	W65	85.5	

**3000m**

Rod Hamilton	M45	11:05.2	
Graeme Dahl	M60	12:33.0	<b>SB</b>
Carl Ciccarelli	M50	12:37.2	<b>SB</b>
Sue Bourn	W40	12:52.5	
David Carr	M75	13:10.9	
Trish Farr	W35	13:14.6	
Maurice Creagh	M65	13:20.1	<b>PBA</b>
Colin Smith	M45	13:53.7	
Bob Schickert	M65	13:55.5	
Gillian Young	W60	14:16.1	
Mel Hynds	W30	14:17.0	
Carol Bowman	W55	14:26.1	<b>PBA</b>
Claire Walkley	W45	14:41.8	
John Dennehy	M50	15:31.1	
Sarah Ladwig	W60	15:56.9	

**3000m walk**

Stan Jones	M85	23:49.3	
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**1500m**

Donald Bradley	Vis	4:39.4	
Grant Schofield	M40	5:58.5	
Ewen Bradley	Vis	5:59.9	
John Collier	M45	6:11.0	

**2000m Steeplechase**

David Carr	M75	9:49.2	
Kerriann Bresser	W40	10:00.4	
Julie Wilson	W55	10:32.5	<b>PBA</b>
Nick Miletic	M60	11:24.7	

**Long Jump**

Peggy Macliver	W65	3.16	<b>SB</b>
Donald Bradley	Vis	5.35	
Ewen Bradley	Vis	3.81	
Paul Abercrombie	Vis	4.33	
Dave Wyatt	M60	4.50	

**High Jump**

Dave Wyatt	M60	1.40	
Donald Bradley	Vis	1.40	

**ECAC October 13****200m**

Chris Neale	M40	26.3	
Colin Smith	M45	28.1	
David Solomon	Vis	29.0	
Keith Martin	M65	32.1	
Nick Miletic	M60	35.1	

Wendy Seegers	W35	28.2	
Scott Andrews	Vis	28.2	
Wayne Byram	Vis	31.7	
Rod Hamilton	M45	31.9	<b>PBA</b>
Brian Hewitt	M55	36.7	

Shannon Neale	Vis	37.0	
Mel Hynds	W30	38.2	
Julie Willmott	W45	39.0	
Jai Thomas	Vis	41.2	
Regina Crouch	W40	44.7	

**800m**

Kim Thomas	M35	2:27.3	<b>CT</b>
Tony Heppener	M60	2:29.8	<b>CT</b>
Grant Schofield	M40	2:45.1	
Chris Neale	M40	2:47.9	
Rod Hamilton	M45	2:50.1	
Brian Hewitt	M55	2:51.2	
David Smyth	M40	3:34.6	<b>PBA</b>

Roscoe McDonnell	M50	2:33.4	
Toni Phillips	W35	2:55.1	<b>CT</b>
Graeme Dahl	M60	3:00.4	
Maurice Creagh	M65	3:06.7	<b>PBA</b>
Scott Andrews	Vis	3:25.4	
Nick Miletic	M60	3:35.8	
Julie Willmott	W45	3:37.4	

Mitch Thomas	Vis	2:56.7	
Robin King	W50	3:11.3	
Gillian Young	W60	3:14.0	<b>CT</b>
Shannon Neale	Vis	3:15.1	
Jai Thomas	Vis	3:20.3	
Carol Bowman	W55	3:21.5	
Mel Hynds	W30	3:23.9	<b>CT</b>
Kim Cook	W35	3:25.5	
Peggy Macliver	W65	3:31.1	
Sarah Ladwig	W60	3:52.1	
Monique Thomas	W30	3:55.2	<b>PBA</b>

**3000m**

Roscoe McDonnell	M50	11:01.8	
David Solomon	Vis	11:24.0	
Alec Ring	M40	14:03.2	
Monique Thomas	W30	19:45.3	

**3000m walk**

David Smyth	M40	17:17.7	
Sarah Ladwig	W60	21:03.4	
Lynne Schickert	W65	21:52.0	
David Best	Vis	23:56.6	
Regina Crouch	W40	24:12.0	

**60m**

Scott Andrews	Vis	8.6	
Colin Smith	M45	8.6	
David Solomon	Vis	8.8	
Wayne Byram	Vis	n/t	
Nick Miletic	M60	10.3	
Wendy Seegers	W35	8.5	
Michael Crouch	Vis	8.6	
Alec Ring	M40	8.8	
Rod Hamilton	M45	9.4	
Peggy Macliver	W65	10.6	
Shannon Neale	Vis	10.8	
Julie Willmott	W45	11.0	
Jai Thomas	Vis	12.4	
Jack Byram	Vis	10.3	
Mel Hynds	W30	10.5	
Regina Crouch	W40	11.0	
Sarah Ladwig	W60	12.1	<b>CT</b>
Lynne Schickert	W65	15.2	

**5000m**

Boris Padovan	M35	17:04.0	<b>PBA/CT</b>
Rod Hamilton	M45	19:37.8	<b>CT</b>
Kim Thomas	M35	21:16.5	
Grant Schofield	M40	21:27.3	<b>PBA</b>
Sue Bourn	W40	21:27.6	
Graeme Dahl	M60	21:58.2	
Robin King	W50	23:14.5	
David Carr	M75	23:28.0	
Gillian Young	W60	23:35.5	
Mel Hynds	W30	23:35.9	<b>PBA/CT</b>
Maurice Creagh	M65	23:56.0	
Bruce McGeorge	Vis	24:07.5	
Kim Cook	W35	25:29.2	
Bob Schickert	M65	25:45.2	
John Dennehy	M50	26:08.2	<b>PBA</b>
Tanya Andrews	Vis	26:12.3	
Jai Thomas	Vis	27:26.2	

**Triple Jump**

Michael Crouch	Vis	9.89	
Shannon Neale	Vis	6.91	
Peggy Macliver	W65	6.68	
Lynne Schickert	W65	5.60	
Sarah Ladwig	W60	5.41	
Regina Crouch	W40	4.89	

**Shot**

Geoff Gee	M55	11.97	<b>CT</b>
Matt Staunton	M35	11.80	
Michael Crouch	Vis	10.75	
Mark Hamilton	M40	10.69	
Andrew Ward	M50	7.74	<b>PBA</b>
Bev Hamilton	W65	7.64	
Barbara Campbell	W70	7.23	<b>PBA</b>
Stella Turner	W65	6.79	<b>PBA</b>
Anne Travis	W35	6.39	

**(wt throw next page)**

**Weight Throw**

Geoff Gee	M55	14.45	<b>CT</b>
Matt Staunton	M35	13.33	
Bev Hamilton	W65	11.04	<b>CT</b>

Andrew Ward	M50	8.52
Barbara Campbell	W70	8.00
Stella Turner	W65	7.76

**WAAS – October 18**

***ALL SPRINT RESULTS WERE WIND ASSISTED***

<b>200m</b>				<b>3000m</b>			
Rudy Kocis	M50	25.0	<b>PBA= w/a</b>	Roscoe McDonnell	M50	11:04.6	
Wendy Seegers	W35	26.6		Graeme Dahl	M60	12:41.8	
Mark Elms	M40	26.6		Maurice Creagh	M65	13:29.2	
Grant Schofield	M40	29.3	<b>PBA w/a</b>	Julie Wilson	W55	14.54.7	
<b>5000m</b>							
Campbell Till	M50	26.9		Keith Edmonds	M40	20:50.1	
Dave Wyatt	M60	28.3	<b>PBA w/a</b>	Grant Schofield	M40	22:01.4	
Keith Martin	M65	29.7	<b>SB</b>	John Collier	M45	22:52.3	
David Clive	M70	33.4		Bruce McGeorge	Vis	28:26.3	
<b>Triple Jump</b>							
Quinton De Klerk	Vis	28.4		Peggy Macliver	W65	6.64	
Barrie Kernaghan	M70	29.6	<b>SB</b>	David Clive	M70	8.54	
Ewen Bradley	Vis	29.7		Donald Bradley	Vis	11.50	
<b>60m</b>							
John Dennehy	M50	33.1		Rudy Kocis	M50	7.4	<b>PBA w/a</b>
Mark Dawson	M50	33.7		Wendy Seegers	W35	7.9	<b>SB</b>
Peggy Macliver	W65	34.4	<b>SB</b>	Mark Elms	M40	7.9	
<b>800m</b>							
Donald Bradley	Vis	2:15.2		Campbell Till	M50	8.3	
Roscoe McDonnell	M50	2:37.4		Barrie Kernaghan	M70	9.2	
Mark Dawson	M50	2:45.3		<b>Bernard Riviere</b>			
Duncan McAuley	M60	2:45.7		M45	8.1		
Toni Phillips	W35	2:51.2	<b>SB</b>	David Clive	M70	8.7	
John Collier	M45	2:54.5		Ewen Bradley	Vis	9.1	
Graeme Dahl	M60	2:55.1	<b>SB</b>	John Dennehy	M50	9.9	
Ewen Bradley	Vis	2:58.4		Peggy Macliver	W65	10.1	<b>SB</b>
Maurice Creagh	M65	3:03.7	<b>PBA</b>				
Keith Edmonds	M40	3:12.5					
Julie Wilson	W55	3:30.8	<b>PBA</b>				
<b>High Jump</b>							
Dave Wyatt	M60	1.35					
Keith Martin	M65	1.15					
Greg Wilson	M60	1.30					
Gill Edmonds	W45	1.20					
Donald Bradley	Vis	1.40					
Bernard Riviere	M45	1.45					

## ECAC – October 20

<b>60m</b>				<b>10000m</b>				<b>% points</b>
Bernard Riviere	M45	8.0	<b>SB</b>	Rod Hamilton	M49	39:46.2	75.10	<b>CT</b>
Wendy Seegers	W35	8.0	<b>CT</b>	Graeme Dahl	M62	44:40.2	74.60	<b>PBA</b>
Keith Martin	M65	10.1		Sue Bourn	W44	45:03.1	71.10	
<b>Alec Ring</b>				<b>Grant Schofield</b>				
M40	9.0			M43	45:17.2	62.93	<b>PBA</b>	
Rod Hamilton	M45	9.3	<b>PBA</b>	Maurice Creagh	M65	47:41.5	71.79	<b>PBA</b>
Julie Willmott	W45	11.1		Gillian Young	W64	47:47.8	87.71	
Lynne Schickert	W70	13.9	<b>SB</b>	David Carr	M79	48:49.3	85.82	
<b>400m</b>				<b>1 mile</b>				
Wendy Seegers	W35	62.3	<b>CT</b>	John Dennehy	M50	7:02.3		
Bernard Riviere	M45	65.2		Tom Lenane	M55	7:20.2		
Alec Ring	M40	69.3		Peggy Macliver	W65	7:25.1		
Keith Martin	M65	74.0		Carol Bowman	W55	7:28.0		
Delia Baldock	W45	75.7	<b>SB</b>	Julie Willmott	W45	7:57.4		
Julie Willmott	W45	1:33.5		<b>1 mile walk</b>				
<b>Long Jump</b>								
Bernard Riviere	M45	4.96		Robin King	W50	8:53.8		
Keith Martin	M65	3.39		Lynne Schickert	W70	11:27.1	<b>PBA</b>	
Peggy Macliver	W65	3.37	<b>SB</b>	Stan Jones	M85	12:26.2		
Lynne Schickert	W70	2.35	<b>SB</b>					

**Shot**

Geoff Gee	M55	11.52	
Matt Staunton	M35	11.09	
Mark Frew	M35	9.37	<b>PBA</b>
Greg Wilson	M60	9.17	<b>PBA</b>
Bev Hamilton	W65	8.10	<b>SB</b>
Andrew Ward	M50	7.58	
Peggy Macliver	W65	6.08	
Lynne Schickert	W70	4.56	

**Javelin**

Mark Frew	M35	46.07	<b>CT</b>
Alec Ring	M40	41.27	
Matt Staunton	M35	36.81	
Andrew Ward	M50	30.79	<b>CT</b>
Greg Wilson	M60	27.13	<b>CT</b>
Bev Hamilton	W65	18.01	<b>SR **</b>
Peggy Macliver	W65	16.01	
Lynne Schickert	W70	10.06	<b>SR **</b>

**Note: Australia is trialling the 500g javelin for W60-74 women, so these are provisional SRs with this new weight.**

**WAAS – October 25****60m**

Wendy Seegers	W35	8.0	
Campbell Till	M50	8.0	<b>SB</b>
Dave Wyatt	M60	8.4	<b>CT</b>
David Clive	M70	8.7	
Barrie Kernaghan	M70	9.2	
Mike Kowal	Vis	8.8	
Keith Martin	M65	9.1	<b>PBA</b>
John Dennehy	M50	9.5	<b>PBA (h/t)</b>
Peggy Macliver	W65	9.9	<b>SB</b>

**400m**

Donald Bradley	Vis	56.3	
Campbell Till	M50	59.0	<b>CT</b>
Wendy Seegers	W35	61.3	<b>CT</b>
Mike Kowal	Vis	65.8	
Ewen Bradley	Vis	70.4	
Keith Martin	M65	71.4	<b>SB</b>
Barrie Kernaghan	M70	75.0	
Mark Dawson	M50	76.9	<b>PBA</b>
Toni Phillips	W35	70.7	
John Dennehy	M50	71.7	<b>SB</b>
Peggy Macliver	W65	82.3	<b>CT</b>
Maurice Creagh	M65	83.4	<b>PBA</b>
Ivan Brown	M65	84.9	
Christine Oldfield	W65	1:48.6	

**10,000m (Points)**

Mike Kowal	Vis	41:39.4	
Mark Dawson	M50	42:57.0	70.09% <b>CT</b>
Graeme Dahl	M62	44:29.5	74.90% <b>PBA</b>
Karyn Gower	W51	45:42.2	75.89%
John Oldfield	M68	46:55.9	75.02%
John Collier	M45	49:09.3	58.88%
Julie Wilson	W58	51:53.7	73.69% <b>PBA</b>
Nick Miletic	M60	54:23.4	60.20% <b>SB</b>

**Long Jump**

David Clive	M70	4.40	<b>CT</b>
Peggy Macliver	W65	3.30	
Ewen Bradley	Vis	3.86	
Oswald Igel	M60	3.97	
Dave Wyatt	M60	4.70	<b>CT</b>

**High Jump**

Dave Wyatt	M60	1.40	
Greg Wilson	M60	1.35	

**Mile**

Mark Dawson	M50	5:50.6	<b>PBA</b>
Toni Phillips	W35	6:35.7	<b>CT</b>
Maurice Creagh	M65	6:43.1	<b>PBA</b>
Ivan Brown	M65	7:02.9	

**ECAC – October 27****100m**

Scott Willmott	Vis	12.6	
Bernard Riviere	M45	12.9	
Jimmi Thommana	M40	13.2	
Alec Ring	M40	14.7	
Rod Hamilton	M45	15.0	<b>PBA</b>
Kim Thomas	M35	14.4	
Brian Hewitt	M55	16.1	
Jack Byram	Vis	16.8	
Ben Farr	Vis	17.2	
Jai Thomas	Vis	21.3	
Peggy Macliver	W65	16.8	
Mel Hynds	W30	16.9	<b>SB</b>
Trish Farr	W35	17.1	<b>PBA</b>
Julie Willmott	W45	17.8	
Abbie Byram	Vis	21.1	

**800m**

Scott Willmott	Vis	2:43.0	
Kim Thomas	M35	2:46.4	
Brian Hewitt	M55	2:51.0	<b>SB</b>
Boris Padovan	M35	2:51.1	
Trish Farr	W35	3:12.1	<b>PBA</b>
Bruce McGeorge	Vis	3:13.4	
Graeme Dahl	M60	3:21.5	
Jai Thomas	Vis	3:35.0	
Julie Willmott	W45	3:35.4	<b>SB</b>
Maurice Creagh	M65	3:38.1	
Mel Hynds	W30	3:38.6	
Ben Farr	Vis	3:49.6	
Carl Ciccarelli	M50	3:53.4	
Monique Thomas	W30	4:01.9	

**200m**

Bernard Riviere	M45	28.9	
Jimmi Thommana	M40	30.2	
Brian Hewitt	M55	35.0	<b>SB</b>
Jai Thomas	Vis	41.3	

Trish Farr	W35	36.2	
Jack Byram	Vis	37.6	
Ben Farr	Vis	38.6	
Kim Cook	W35	39.0	
Julie Willmott	W45	39.0	
Mel Hynds	W30	39.8	
Julie Byram	Vis	40.2	

**Triple Jump**

Scott Willmott	Vis	9.63	
Bernard Riviere	M45	9.28	

**Weight Throw**

Lajos Joni	M55	15.45	
Matt Staunton	M35	13.89	<b>SR</b>
Bev Hamilton	W65	10.82	
Barbara Campbell	W70	9.02	<b>PBA</b>
Andrew Ward	M50	8.98	<b>PBA</b>

**Javelin**

Matt Staunton	M35	41.42	
Andrew Ward	M50	29.36	
Lajos Joni	M55	23.39	
Bev Hamilton	W65	17.86	
Barbara Campbell	W70	14.21	<b>PBA</b>

**3000m**

Rod Hamilton	M49	10:59.9	75.62	<b>SB</b>
Kim Thomas	M37	11:30.8	65.92	
Graeme Dahl	M62	12:16.6	75.59	<b>SB</b>
Brian Hewitt	M57	12:23.7	71.68	
Maurice Creagh	M65	13:02.0	73.16	<b>PBA</b>
Wayne Byram	Vis	13:32.6		
Trish Farr	W39	13:41.4	63.40	
David Carr	M79	13:43.1	85.05	
John Dennehy	M52	14:22.3	59.29	<b>SB</b>
Carol Bowman	W56	14:26.0	73.52	<b>PBA</b>
John Oldfield	M68	14:27.8	67.79	
Mel Hynds	W34	14:36.3	57.79	
Kim Cook	W37	14:44.7	58.08	<b>PBA</b>
Peggy Macliver	W67	14:52.4	84.14	
Jai Thomas	Vis	16:10.8		
Monique Thomas	W34	16:34.3	50.93	<b>SB</b>
Kev Hynds	M44	16:54.5	47.30	
Ben Farr	Vis	18:46.6		