

June 2016 Results

This listing includes all other meets where MAWA athletes are known to have competed

Note that SB refers to the combined winter and summer season (i.e. May 2016-April 2017) and since this is the first month of that season, all performances are SBs

Note also that all records are pending until ratified by the appropriate authorities

ECAC - 2 June

100m

Bernie Riviere	M50	12.4	PBA
Nick Best	M40	12.7	PBA
Colin Smith	M50	13.3	
David Solomon	M50	14.4	

Nicolette Whittington	W55	15.6	PBA
Maureen Keshwar	W60	16.9	SB
Carol Bowman	W60	18.3	
Cecil Walkley	M85	43.1	SB

Colin Smith	M50	13.2	
Ian Burns	Vis	13.9	
Gin Ang	M50	15.0	
Kristine Wells	Vis	18.7	

5000m

Ian Burns	Vis	20:35.4	
David Solomon	M50	21:43.0	
David Carr	M80	29:21.7	

3000m

Vanessa Carson	W35	11:32.5	SB
Nick Best	M40	13:04.6	PBA
Gillian Young	W65	14:15.1	SB
Bob Schickert	M70	14:56.5	SB
Kristine Wells	Vis	16:10.3	

3000m walk

Janne Wells	W45	19:25.0	
Lynne Schickert	W70	23:06.3	
John Smith	M80	24:06.9	

800m

Vanessa Carson	W35	2:40.0	PBA
Fiona Leonard	W45	2:40.8	
Bernie Riviere	M50	3:10.3	
Delia Baldock	W50	3:19.9	
Mike O Reilly	M75	4:02.1	
Kristine Wells	Vis	4:04.7	
Cecil Walkley	M85	7:41.1	

200m

Colin Smith	M50	27.8	SB
Ian Burns	Vis	28.3	
David Solomon	M50	30.7	
Fiona Leonard	W45	33.0	

Nicolette Whittington	W55	33.4	PBA
Maureen Keshwar	W60	37.3	
Carol Bowman	W60	38.1	
Lynne Schickert	W70	56.8	

1500m

Vanessa Carson	W35	5:25.7	SB
Davis Solomon	M50	6:07.4	
Ian Burns	Vis	6:16.6	
Gillian Young	W65	6:59.4	SB
Mike O Reilly	M75	8:43.8	PBA

WAAS - 7 June

100m

Juliana Kelly	W50	15.6	SB
Peter Kennedy	M95	73.2	

5000m

Mark Dawson	M55	21:24.1	SB
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5000m walk

Sylvia Byers	W80	41:45.9	
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3000m

Allan Billington	M55	15:23.7	PBA
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3000m walk

John Dennehy	M55	19:04.7	
Lorna Lauchlan	W85	29:59.7	

800m

Mark Dawson	M55	2:48.3	SB
Juliana Kelly	W50	3:26.7	
Delia Baldock	W50	3:30.2	

Shot

Sue Coate	W50	8.17	
Lisa Limonas	W45	7.22	
Ossi Igel	M65	11.11	
Christine Schelfhout	W45	6.43	
Sarah Edmiston	W40	7.65	
Tom Gravestock	M60	12.04	
Jim Davis	M80	9.99	
Geoff Gee	M60	11.84	
Sally Sims	W35	7.59	

Hammer

Sarah Edmiston	W40	33.93	
Christine Schelfhout	W45	22.88	
Sally Sims	W35	27.41	PBA
Ossi Igel	M65	33.53	
Jim Davis	M80	28.12	
Geoff Gee	M60	38.54	

Discus

Todd Davey	M45	46.60	PBA
Tom Gravestock	M60	47.45	
Mike Anderson	M65	20.40	PBA

ECAC - 9 June**100m**

Colin Smith	M50	13.8	
David Solomon	M50	14.2	SB
Cath Payne	W35	14.6	
Rod Hamilton	M50	15.6	
Cecil Walkley	M85	48.4	

1000m

Rob Cattrall	Vis	3:25.5	
David Solomon	M50	3:47.4	
Andy Abbey	M45	3:53.6	
Rod Hamilton	M50	4:05.6	
Gillian Young	W65	4:21.3	
Carol Bowman	W60	4:35.0	
Delia Baldock	W50	4:38.5	
David Carr	M80	5:03.7	
Cecil Walkley	M85	10:42.7	

1000m

Karyn Tolardo	W50	5:31.9	
Lynne Schickert	W70	7:36.5	

200m

Colin Smith	M50	28.6	
David Solomon	M50	30.1	SB
Cath Payne	W35	31.9	
Cecil Walkley	M85	1:47.2	

600m

Davis Solomon	M50	2:00.4	
Andy Abbey	M45	2:02.2	
Delia Baldock	W50	2:21.8	
David Carr	M80	2:28.5	
Kristine Wells	Vis	2:46.7	
Cecil Walkley	M85	6:05.1	

3000m

Rob Cattrall	Vis	11:30.8	
Rod Hamilton	M50	11:41.8	SB
Andy Abbey	M45	12:38.3	
David Solomon	M50	13:43.4	
Gillian Young	W65	14:00.3	SB
Bob Schickert	M70	15:06.8	

3000m walk

Karyn Tolardo	W50	17:26.7	
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WAAS - 14 June**1000m**

Brian Kinneen	M50	3:17.2	
Mark Dawson	M55	3:21.3	
Keith Hill	M55	3:28.4	
Mark Elms	M45	3:57.4	
Ivan Brown	M70	4:04.9	
Allan Billington	M55	4:20.3	
Cecil Walkley	M85	8:59.1	SB

1000m walk

Sylvia Byers	W80	7:52.0	
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100m

Cecil Walkley	M85	44.1	
Peter Kennedy	M95	72.3	SB

Garry Ralston	M60	12.7	
Mark Elms	M45	13.2	
Colin Smith	M50	13.7	
Barrie Kernaghan	M75	16.2	

600m

Andrew Brooker	M45	1:46.0	
Colin Smith	M50	1:51.5	
Keith Hill	M55	1:56.3	
Delia Baldock	W50	2:16.0	
Mark Elms	M45	2:16.5	
Barrie Kernaghan	M75	2:39.0	
Cecil Walkley	M85	5:39.8	
Peter Kennedy	M95	10:11.7	

3000m

Brian Kinneen	M50	11:52.0	PBA
John Dennehy	M55	17:30.2	

3000m walk

Sylvia Byers	W80	23:58.1	SB
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Long Jump

Ivan Brown	M70	2.78	
Mike Anderson	M65	2.44	PBA
Delia Baldock	W50	2.94	
Sue Coate	W50	3.60	
Gay Wyatt	W60	3.17	SB
Nicolette Whittington	W55	3.83	SB
Dave Wyatt	M65	4.33	PBA

Weight

Christine Schelfhout	W45	8.37	
Tom Gravestock	M60	15.12	
Byrony Glass	W35	15.68	
Sarah Edmiston	W40	9.78	

Discus

Christine Schelfhout	W45	20.04	
Todd Davey	M45	47.21	PBA
Sarah Edmiston	W40	32.28	
Mike Anderson	M65	15.83	
Tom Gravestock	M60	46.77	

ECAC - 16 June**800m**

Rod Hamilton	M50	2:46.0	
Mark Elms	M45	3:01.1	
Delia Baldock	W50	3:12.3	SB
Carol Bowman	W60	3:17.7	SB
Donna Abbey	W40	3:20.6	
Mike O'Reilly	M75	4:06.2	
Cecil Walkley	M85	7:29.8	SB

200m

Colin Smith	M50	27.0	SB
Mark Elms	M45	27.8	
Rod Hamilton	M50	32.5	
Maha Damouni	W50	37.4	
Vanessa Carson	W35	32.5	PBA
Donna Abbey	W40	33.5	SB
Maureen Keshwar	W60	36.5	
Carol Bowman	W60	37.5	SB
Cecil Walkley	M85	1:41.8	SB

100m

Colin Smith	M50	13.6	
Rod Hamilton	M50	15.5	SB
Donna Abbey	W40	15.7	
Maureen Keshwar	W60	17.2	
Maha Damouni	W50	18.8	

WAAS - 21 June**1500m**

Brian Kinneen	M50	5:09.7	PBA
Mark Dawson	M55	5:15.8	SB
Bjorn Dybdahl	M60	5:46.8	SB
Alan Gray	M50	6:19.8	SB
Ivan Brown	M70	6:35.6	
Judy Davis	W50	7:57.9	
Cecil Walkley	M85	14:48.4	SB

1500m walk

Sylvia Byers	W80	12:27.9	
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3000m walk

Sylvia Byers	W80	25:57.0	
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200m

Garry Ralston	M60	26.6	
Andrew Brooker	M45	27.3	
Mark Elms	M45	28.0	
Barrie Kernaghan	M75	32.8	
Bjorn Dybdahl	M60	31.8	
Juliana Kelly	W50	33.1	
Joe Mautia	Vis	37.8	
Cecil Walkley	M85	1:40.6	SB
Peter Kennedy	M95	2:19.8	

Javelin

Sue Coate	W50	23.29	
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1500m

Vanessa Carson	W35	5:28.7	
Rod Hamilton	M50	5:44.1	SB
Kerriann Bresser	W45	6:01.0	
Bob Hull	M70	6:14.9	
Gillian Young	W65	6:43.6	SB
David Carr	M80	7:12.4	
Mike O'Reilly	M75	8:43.5	PBA
Cecil Walkley	M85	15:23.6	

1500m walk

John Smith	M80	11:37.2	PBA
Lynne Schickert	W70	24.6	
Cecil Walkley	M85	56.2	

5000m

Vanessa Carson	W35	20:18.2	
Bob Hull	M70	23:07.9	PBA
Bob Schickert	M70	25:46.2	

3000m

Rod Hamilton	M50	12:28.2	
Gillian Young	W65	13:51.6	SB
Kerriann Bresser	W45	14:56.7	

3000m walk

Lynne Schickert	W70	23:20.1	
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Shot

Tom Gravestock	M60	11.78	
Yolanda Carstens	W50	9.41	
Sue Coate	W50	9.34	PBA

800m

Mark Dawson	M55	2:32.8	SB
Fiona Leonard	W45	2:39.7	SB
Brian Kinneen	M50	2:43.3	
Bjorn Dybdahl	M60	3:09.1	
Mark Elms	M45	3:09.2	
Delia Baldock	W50	3:14.4	
Sue Coate	W50	3:19.3	
Juliana Kelly	W50	3:25.4	
Cecil Walkley	M85	7:18.5	SB

5000m

Alan Gray	M50	22:09.1	SB
Judy Davis	W50	26:51.4	

3000m

Bjorn Dybdahl	M60	12:14.4	
John Dennehy	M55	17:51.1	

Triple Jump

Garry Ralston	M60	9.71	
Dave Wyatt	M65	8.55	
Lisa Limonas	W45	8.35	
Gay Wyatt	W60	6.63	
Peter Kennedy	M95	1.30	

ECAC - 23 June**300m**

Colin Smith	M50	41.5	
Jasmine Pugh	Vis	43.0	
Mark Elms	M45	43.1	
Jan Peyper	Vis	48.6	
Bob Hull	M70	56.6	

Anne Pugh	Vis	53.0	
Cathy McCloskey	W50	53.8	
Rob Colton	M50	54.9	
Suzi Graves	W45	56.9	
Delia Baldock	W50	57.9	
Carol Bowman	W60	58.8	
Maureen Keshwar	W60	64.0	
Cecil Walkley	M85	2:38.1	

60m

Kim Taylor	M50	8.1	
Colin Smith	M50	8.3	
Mark Elms	M45	8.6	
Jan Peyper	Vis	9.3	
Rob Colton	M50	9.6	

Nicolette Whittington	W55	9.5	PBA
Judy Davis	W50	11.7	
Kevin Collins	M45	12.9	
Cecil Walkley	M85	26.7	

1500m

Jasmine Pugh	Vis	5:06.3	
Giovanni Puglisi	M65	5:33.7	
Anne Pugh	Vis	5:50.2	
Rob Colton	M50	6:07.4	
David Carr	M80	6:43.4	SB
John Dennehy	M55	7:21.5	SB
Mike O'Reilly	M75	8:31.3	PBA
Cecil Walkley	M85	15:01.7	

WAAS - 28 June**300m**

Barrie Kernaghan	M75	51.7	
Joe Moutia	Vis	60.0	
Ivan Brown	M70	62.5	
Allan Billington	M55	71.6	

Juliana Kelly	W50	55.2	
Fran Cherry	W50	62.7	
Judy Davis	W50	78.7	
Peter Kennedy	M95	4:18.4	

1500m

Mark Dawson	M55	5:04.7	PBA
Pete Wall	Vis	5:11.3	
Brian Kinneen	M50	5:14.5	
Allan Billington	M55	6:33.2	PBA
Garry Ralston	M60	7:00.1	
Juliana Kelly	W50	8:00.2	
Peter Kennedy	M95	23:44.1	SR

1500m walk

Sylvia Byers	W80	11:53.9	
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60m

Garry Ralston	M60	7.9	
Donna Abbey	W40	9.2	SB=
Juliana Kelly	W50	9.7	
Barrie Kernaghan	M75	10.0	
Fran Cherry	W50	10.0	

1500m walk

Isabella Tolardo	Vis	8:04.9	
Karyn Tolardo	W50	8:08.0	SB
Lynne Schickert	W70	11:30.0	
John Smith	M80	12:26.3	

200m

Colin Smith	M50	27.5	
Mark Elms	M45	27.7	SB
Jan Pypyer	Vis	30.5	
Rob Colton	M50	32.8	

Cathy McCloskey	W50	32.6	
Nicolette Whittington	W55	33.3	PBA
Delia Baldock	W50	35.6	SB
Maureen Keshwar	W60	36.2	SB
Carol Bowman	W60	37.2	SB

5000m

Giovanni Puglisi	M65	22:06.3	
Bob Hull	M70	22:06.3	??
Rob Colton	M50	22:33.0	
Bob Schickert	M70	25:28.4	SB
Judy Davis	W50	26:44.2	SB

3000m

Jasmine Pugh	Vis	13:08.1	
Anne Pugh	Vis	13:14.5	
Suzi Graves	W45	13:40.4	

5000m walk

Karyn Tolardo	W50	29:57.8	SB
Isabella Tolardo	Vis	30:35.7	

3000m walk

Lynne Schickert	W70	22:44.5	SB
John Smith	M80	24:18.2	

5000m

Paul Mitchell	M45	18:11.1	
Pete Wall	Vis	19:06.8	
Brian Kinneen	M50	21:10.8	SB
Alan Gray	M50	22:00.6	SB
Judy Davis	W50	26:41.4	SB

3000m

Mark Dawson	M55	14:10.8	
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3000m walk

Sylvia Byers	W80	25:14.7	
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High Jump

Carol Bowman	W60	1.00	PBA
Gay Wyatt	W60	1.00	
Donna Abbey	W40	1.15	
Ivan Brown	M70	1.15	
Sue Coate	W50	1.25	
Joe Moutia	Vis	1.30	

Weight

Todd Davey	M45	17.00	
Sarah Edmiston	W40	10.75	SB

Hammer

Todd Davey	M45	43.86	
Sarah Edmiston	W40	35.39	SR

Discus

Sarah Edmiston	W40	32.07	
Mike Anderson	M65	16.58	

ECAC - 30 June**1500m**

Pete Wall	Vis	5:13.5	
Rob Cattrall	Vis	5:18.9	
Bjorn Dybdahl	M60	5:20.0	SB
Rod Hamilton	M50	5:24.0	SB
Anne Pugh	Vis	5:37.5	
Suzi Graves	W45	6:03.7	
Andy Abbey	M45	6:07.4	
Bob Hull	M70	6:11.5	PBA
Carol Bowman	W60	6:50.4	SB
Gillian Young	W65	6:54.5	
Mike O Reilly	M75	8:37.5	
Cecil Walkley	M85	13:58.6	SB

1500m walk

Kristine Wells	Vis	9:05.9	
Janne Wells	W45	9:12.6	SB
Lynne Schickert	W70	11:19.4	

100m

Colin Smith	M50	13.1	
Cath Payne	W35	14.4	
Fiona Leonard	W45	14.5	
Terri Carr	W55	20.3	
Cecil Walkley	M85	44.3	
Rod Hamilton	M50	15.1	SB
Vanessa Carson	W35	15.7	
Fran Cherry	W50	17.2	

200m

Colin Smith	M50	27.7	
Cath Payne	W35	31.2	
Rod Hamilton	M50	32.4	SB
Delia Baldock	W50	35.9	
Fran Cherry	W50	37.0	

3000m

Alan Gower	M60	11:10.1	
Pete Wall	Vis	11:15.4	
Vanessa Carson	W35	11:30.0	PBA
Bjorn Dybdahl	M60	11:34.2	SB
Rob Cattrall	Vis	11:37.9	
Rod Hamilton	M50	11:40.3	SB
Andy Abbey	M45	12:46.9	
Bob Hull	M70	13:14.2	PBA
Karyn Gower	W55	13:21.2	
David Carr	M80	14:21.6	SB
Gillian Young	W65	14:33.5	
Bob Schickert	M70	14:36.4	SB

3000m walk

Janne Wells	W45	19:22.4	SB
Lynne Schickert	W70	23:04.7	
John Smith	M80	24:40.2	

800m

Fiona Leonard	W45	2:38.1	SB
Alan Gower	M60	2:38.1	
Vanessa Carson	W35	2:40.4	
Pete Wall	Vis	2:47.0	
Rod Hamilton	M50	2:48.8	
Andy Abbey	M45	2:56.0	
Bob Hull	M70	3:04.9	
Anne Pugh	Vis	2:51.3	
Suzi Graves	W45	3:01.8	
Karyn Gower	W55	3:18.5	
Delia Baldock	W50	3:25.4	
John Dennehy	M55	3:31.4	
Mike O Reilly	M75	3:55.4	PBA
Terri Carr	W55	5:32.7	