

March 2016 Results

For MAWA State Championships, see separate listings on this website

This listing includes all other meets where MAWA athletes are known to have competed

Note that SB refers to the combined winter and summer season (i.e. April 2015-April 2016)

Note also that all records are pending until ratified by the appropriate authorities

WAAS - 1 March

| | | | | | | | |
|--------------------|-----|---------|----------------|------------------|-----|---------|------------|
| 60m | | | | 200m | | | |
| Greg Brennan | M45 | 7.7 | SB | Doug Peyman | M50 | 28.2 | |
| Andrew Taylor | M45 | 8.2 | | Andrew Taylor | M45 | 29.0 | |
| Gin Ang | M50 | 8.6 | SB | Neal Fletcher | M50 | 30.8 | |
| Mark Whyte | M45 | 9.3 | | Jane Lockwood | W35 | 31.6 | |
| | | | | | | | |
| Nicola Hibbert | W35 | 8.9 | | Nicola Hibbert | W35 | 30.0 | SB= |
| Brian Hewitt | M60 | 9.7 | SB | Sharon Davis | W40 | 30.1 | |
| Barrie Kernaghan | M75 | 9.7 | | Barrie Kernaghan | M75 | 32.0 | |
| Ted Miller | M70 | 10.8 | | Ted Miller | M70 | 35.7 | SB |
| | | | | | | | |
| Neal Fletcher | M50 | 9.1 | | Mark Whyte | M45 | 31.6 | |
| Tracy Bauer | W30 | 9.6 | | Brian Hewitt | M60 | 33.1 | SB |
| Juliana Kelly | W50 | 9.8 | | Cecil Walkley | M85 | 1:43.6 | |
| Sharon Davis | W40 | 10.1 | | | | | |
| | | | | 3000m | | | |
| Doug Peyman | M50 | 8.4 | SB | Keith Hill | M55 | 12:01.2 | SB |
| Dawson Miller | Vis | 9.1 | | Giovanni Puglisi | M65 | 12:01.8 | |
| Edward Nugent | M60 | 9.5 | | Brian Kineen | M50 | 12:11.9 | |
| Cecil Walkley | M85 | 28.1 | | John Collier | M45 | 12:48.7 | |
| | | | | Neal Fletcher | M50 | 13:18.6 | |
| 800m | | | | Edward Nugent | M60 | 13:19.0 | |
| Brian Kineen | M50 | 2:31.7 | | Cecil Walkley | M85 | 33:00.8 | |
| Sharon Davis | W40 | 2:32.4 | | | | | |
| Jane Lockwood | W35 | 2:36.0 | PBA h/t | High Jump | | | |
| Stuart Evans | Vis | 2:37.5 | | Dave Wyatt | M60 | 1.40 | SB= |
| Brian Hewitt | M60 | 2:49.3 | | Lisa Limonas | W45 | 1.25 | |
| | | | | Sue Coate | W45 | 1.25 | SB |
| Giovanni Puglisi | M65 | 2:49.2 | | Neal Fletcher | M50 | 1.25 | |
| Edward Nugent | M60 | 2:52.5 | | Phil Smyth | M65 | 1.15 | |
| Henri Cortis | M70 | 2:54.9 | PBA | Gay Wyatt | W60 | 1.05 | |
| Mark Whyte | M45 | 3:05.2 | | | | | |
| John Collier | M45 | 3:10.7 | | Weight | | | |
| Ivan Brown | M70 | 3:16.0 | | Byrony Glass | W35 | 16.92 | |
| Tracy Bauer | W30 | 3:17.7 | | Geoff Gee | M60 | 15.80 | |
| Juliana Kelly | W50 | 3:22.6 | | Tom Gravestock | M60 | 14.82 | |
| John Dennehy | M55 | 3:36.4 | | Ossi Igel | M65 | 14.58 | |
| Delia Baldock | W50 | 3:37.0 | | Sally Sims | W35 | 9.37 | |
| Cecil Walkley | M85 | 7:30.3 | | Jim Davis | M80 | 9.14 | |
| | | | | Discus | | | |
| 800m walk | | | | Tom Gravestock | M60 | 44.35 | |
| Andrew Cuthbertson | M55 | 5:40.7 | | Ossi Igel | M65 | 41.46 | |
| Sylvia Byers | W80 | 6:10.5 | | Geoff Gee | M60 | 35.62 | |
| | | | | Byrony Glass | W35 | 32.73 | |
| 3000m walk | | | | Yolanda Carstens | W50 | 25.27 | SB |
| Cheryl-Lee Dean | W50 | 19:05.8 | | Jim Davis | M80 | 24.64 | SB |
| John Dennehy | M55 | 19:06.9 | | Jeff Bowen | M70 | 21.68 | |
| Andrew Cuthbertson | M55 | 22:51.6 | SB | Sue Coate | W45 | 20.85 | |
| Sylvia Byers | W80 | 23:28.5 | SB | Sally Sims | W35 | 18.48 | SB |
| | | | | Mike Anderson | M65 | 15.83 | |

ECAC – March 3

| | | | | | | | |
|-----------------------|-----|------|------------|----------------|-----|------|--|
| 60m | | | | 200m | | | |
| Rudy Kocis | M50 | 7.7 | | Rudy Kocis | M50 | 26.0 | |
| Colin Smith | M50 | 8.6 | | Colin Smith | M50 | 28.1 | |
| Gin Ang | M50 | 8.8 | | Ian Cotton | M50 | 29.4 | |
| David Clive | M75 | 10.2 | | Rob Colton | M50 | 32.1 | |
| | | | | | | | |
| Brian Hewitt | M60 | 10.2 | | Gin Ang | M50 | 31.6 | |
| Nicolette Whittington | W55 | 10.4 | | Keith Hill | M55 | 34.2 | |
| Bob Hull | M70 | 10.6 | | David Clive | M75 | 34.8 | |
| Ted Miller | M70 | 10.6 | SB= | Brian Hewitt | M60 | 35.2 | |
| Peggy Macliver | W70 | 10.8 | | Peggy Macliver | W70 | 37.5 | |

800m

| | | | |
|--------------|-----|--------|------------|
| Neil Morfitt | M60 | 2:26.4 | |
| Ian Cotton | M50 | 2:38.3 | |
| Rob Colton | M50 | 2:38.9 | SB |
| Clare Wardle | M40 | 2:43.5 | PBA |
| Keith Hill | M55 | 2:44.9 | |
| Brian Hewitt | M60 | 2:48.4 | SB |
| Bert Carse | M70 | 3:04.1 | |

| | | | |
|----------------|-----|--------|-----------|
| Bob Hull | M70 | 3:03.1 | SB |
| Trish Farr | W40 | 3:15.6 | |
| Maurice Creagh | M65 | 3:18.2 | |
| Gillian Young | W65 | 3:30.2 | SB |
| Kristine Wells | Vis | 3:33.8 | |
| Delia Baldock | W50 | 3:34.5 | |

800m walk

| | | | |
|--------------------|-----|--------|--|
| Andrew Cuthbertson | M55 | 6:08.8 | |
| John Smith | M80 | 6:57.0 | |

5000m

| | | | |
|----------------|-----|---------|------------|
| Steve Weller | M40 | 17:43.4 | PBA |
| Jim Langford | M70 | 20:37.9 | |
| Clare Wardle | W40 | 20:44.6 | |
| Rob Colton | M50 | 21:31.0 | |
| Sue Bourn | W45 | 22:41.7 | |
| Trish Farr | W40 | 22:51.7 | |
| Gillian Young | W65 | 24:56.9 | SB |
| Maurice Creagh | M65 | 25:59.7 | |

3000m

| | | | |
|----------|-----|---------|--|
| Bob Hull | M70 | 13:35.9 | |
|----------|-----|---------|--|

5000m walk

| | | | |
|---------------|-----|---------|--|
| Karyn Tolardo | W50 | 28:36.0 | |
| Janne Wells | W45 | 35:48.1 | |

Triple Jump

| | | | |
|-------------|-----|-------|--|
| David Clive | M75 | 7.23m | |
|-------------|-----|-------|--|

Javelin

| | | | |
|-------------|-----|--------|--|
| Andrew Ward | M50 | 33.21m | |
|-------------|-----|--------|--|

Strive, WAAS – Thursday, March 3**100m**

| | | | |
|------------------|-----|-------|------|
| Barrie Kernaghan | M75 | 15.38 | |
| Wendy Seegers | W40 | 11.94 | +2.8 |

200m

| | | | |
|------------------|-----|-------|-------------------|
| Barrie Kernaghan | M75 | 32.58 | |
| Wendy Seegers | W40 | 24.52 | AR pending |

Long Jump

| | | | |
|----------------|-----|------|--|
| Melissa Foster | W35 | 4.93 | |
|----------------|-----|------|--|

Triple Jump

| | | | |
|----------------|-----|-------|--|
| Melissa Foster | W35 | 10.91 | |
|----------------|-----|-------|--|

Discus

| | | | |
|--------------|-----|-------|------------|
| Byrony Glass | W35 | 36.85 | PBA |
|--------------|-----|-------|------------|

Hammer

| | | | |
|--------------|-----|-------|--|
| Byrony Glass | W35 | 49.08 | |
|--------------|-----|-------|--|

Shot

| | | | |
|--------------|-----|-------|--|
| Byrony Glass | W35 | 11.06 | |
|--------------|-----|-------|--|

ECAC – March 10**200m**

| | | | |
|-----------------|-----|------|------------|
| Rudy Kocis | M50 | 25.2 | SB |
| Lee Stergiou | M40 | 25.2 | |
| Syed Al Junied | Vis | 25.7 | |
| Bernard Riviere | M50 | 26.7 | PBA |
| Colin Smith | M50 | 27.6 | |

| | | | |
|------------------|-----|------|-----------|
| Sharon Davis | W40 | 31.4 | |
| Cathy McCloskey | W50 | 31.8 | SB |
| Barrie Kernaghan | M75 | 31.9 | |
| Donna Abbey | W40 | 33.8 | |
| David Clive | M75 | 34.2 | |

| | | | |
|----------------|-----|--------|------------|
| Dan Leseberg | M40 | 26.1 | PBA |
| Vanessa Carson | W35 | 33.7 | |
| Paul McLean | M60 | 34.4 | |
| David Carr | M80 | 38.5 | |
| Cecil Walkley | M85 | 1:41.0 | |

1500m

| | | | |
|----------------|-----|---------|------------|
| Vanessa Carson | W35 | 5:22.0 | |
| Ben Hope | Vis | 5:44.5 | |
| Sharon Davis | W40 | 5:56.1 | |
| Maurice Pascal | M40 | 6:05.1 | PBA |
| Bob Hull | M70 | 6:13.2 | SB |
| Jim Farr | Vis | 6:19.1 | |
| Carol Bowman | W60 | 6:58.0 | |
| Cecil Walkley | M85 | 14:54.7 | |

1500m walk

| | | | |
|--------------------|-----|---------|--|
| John Dennehy | M55 | 8:57.9 | |
| Andrew Cuthbertson | M55 | 11:27.2 | |

100m

| | | | |
|------------------|-----|------|------------|
| Rudy Kocis | M50 | 12.1 | SB |
| Lee Stergiou | M40 | 12.1 | |
| Dan Leseberg | M40 | 12.6 | |
| Bernard Riviere | M50 | 12.9 | SB |
| Colin Smith | M50 | 13.3 | |
| Gin Ang | M50 | 14.0 | |
| Barrie Kernaghan | M75 | 15.8 | |
| David Clive | M75 | 16.1 | |
| Cecil Walkley | M85 | 38.9 | PBA |

| | | | |
|----------------|-----|------|-----------|
| Neal Fletcher | M50 | 14.9 | |
| Sharon Davis | W40 | 14.9 | SB |
| Paul McLean | M50 | 15.8 | |
| Donna Abbey | W40 | 15.8 | |
| Brenda Painter | W70 | 18.9 | |

Discus

| | | | |
|--------------|-----|-------|--|
| Bev Hamilton | W70 | 20.71 | |
| Kim Farr | Vis | 16.70 | |

Bunbury – March 3**60m**

| | | |
|-----------------|-----|------|
| Brian Waldhuter | M75 | 9.9 |
| Leon Sander | M75 | 9.9 |
| Paula Kennedy | W45 | 10.3 |
| Ruth Johnson | W75 | 11.5 |
| Lyle James | M75 | 12.8 |

100m

| | | |
|---------------|-----|------|
| Rob Antonioll | M65 | 14.6 |
|---------------|-----|------|

High Jump

| | | |
|-------------|-----|------|
| John Fettus | M40 | 1.55 |
|-------------|-----|------|

Discus

| | | |
|-----------------|-----|-------|
| Leon Sander | M75 | 21.84 |
| Paula Kennedy | W45 | 26.89 |
| Lyle James | M75 | 9.47 |
| Brian Waldhuter | M75 | 18.05 |
| Ruth Johnson | W75 | 10.02 |
| Rob Antoniulli | M65 | 24.24 |
| John Fettus | M40 | 34.90 |

Hammer

| | | |
|---------------|-----|-------|
| John Fettus | M40 | 29.16 |
| Paula Kennedy | W45 | 21.69 |
| Ruth Johnson | W75 | 18.43 |

WAAS - 15 March**60m**

| | | |
|------------------|-----|-----|
| Lee Stergiou | M40 | 7.8 |
| Barrie Kernaghan | M75 | 9.5 |
| Fran Cherry | W50 | 9.6 |
| Nick Miletic | M65 | 9.9 |

| | | |
|---------------|-----|-----|
| Chris Morgan | M40 | 8.3 |
| Gin Ang | M50 | 8.5 |
| Tracy Bauer | W30 | 9.5 |
| Juliana Kelly | W50 | 9.6 |

SB
SB

| | | |
|---------------|-----|------|
| Mark Whyte | M45 | 9.2 |
| Max Sulejmani | M45 | 10.6 |
| Ted Miller | M70 | 11.7 |

| | | |
|---------------|-----|------|
| Rudy Kocis | M50 | 7.5 |
| Gin Ang | M50 | 8.5 |
| Colin Smith | M50 | 8.5 |
| Brian Hewitt | M60 | 9.8 |
| Cecil Walkley | M85 | 30.5 |

SB=**800m**

| | | |
|----------------|-----|--------|
| Brian Kinneen | M50 | 2:37.1 |
| Campbell Till | M55 | 2:47.5 |
| Brian Hewitt | M60 | 2:47.7 |
| Mark Whyte | M45 | 3:03.6 |
| Alan Gray | M50 | 3:06.5 |
| Wayne Byram | M40 | 3:09.0 |
| Ivan Brown | M70 | 3:09.2 |
| Frank Gardiner | M65 | 3:10.0 |
| Juliana Kelly | W50 | 3:14.9 |
| Tracy Bauer | W30 | 3:15.2 |
| Max Sulejmani | M45 | 3:16.7 |
| Cecil Walkley | M85 | 7:45.1 |

SB
SB**SB****SB****SB****800m walk**

| | | |
|--------------|-----|--------|
| Sylvia Byers | W80 | 6:22.3 |
|--------------|-----|--------|

Javelin

| | | |
|-----------|-----|-------|
| Rob Shand | M80 | 19.60 |
|-----------|-----|-------|

Bunbury – March 8**400m**

| | | |
|-----------------|-----|-------|
| Rob Antoniulli | M65 | 67.6 |
| Brian Waldhuter | M75 | 89.4 |
| Brian Feutrill | M50 | 63.3 |
| Ruth Johnson | W75 | 96.9 |
| Lyle James | M75 | 136.8 |

Hammer

| | | |
|----------------|-----|-------|
| Sharon Moloney | W50 | 27.14 |
| John Fettus | M40 | 32.36 |
| Paula Kennedy | W45 | 21.52 |
| Garry Hastie | M50 | 19.15 |

Javelin

| | | |
|----------------|-----|-------|
| Leon Sander | M75 | 18.42 |
| Paula Kennedy | W45 | 22.49 |
| John Fettus | M40 | 34.05 |
| Sharon Moloney | W50 | 16.60 |
| Garry Hastie | M50 | 31.13 |
| Deb Cox | W50 | 16.96 |

Long Jump

| | | |
|-----------------|-----|------|
| Lyle James | M75 | 1.30 |
| Ruth Johnson | W75 | 2.79 |
| Deb Cox | W50 | 2.94 |
| Brian Waldhuter | M75 | 3.18 |
| Rob Antoniulli | M65 | 3.62 |
| Brian Feutrill | M50 | 4.82 |

400m

| | | |
|------------------|-----|--------|
| Maurice Pascal | M40 | 62.4 |
| Mark Whyte | M45 | 75.1 |
| Barrie Kernaghan | M75 | 77.9 |
| Max Sulejmani | M45 | 1:32.0 |

| | | |
|---------------|-----|--------|
| Colin Smith | M50 | 63.7 |
| Brian Hewitt | M60 | 76.4 |
| Juliana Kelly | W50 | 79.2 |
| Tracy Bauer | W30 | 80.3 |
| Alan Gray | M50 | 81.2 |
| Cecil Walkley | M85 | 4:11.5 |

PBA**2000m**

| | | |
|----------------|-----|---------|
| Brian Kinneen | M50 | 7:35.8 |
| Keith Hill | M55 | 7:41.9 |
| Frank Gardiner | M65 | 8:34.7 |
| Ivan Brown | M70 | 9:08.2 |
| John Oldfield | M70 | 9:32.0 |
| John Dennehy | M55 | 10:30.7 |

PBA**2000m walk**

| | | |
|--------------|-----|---------|
| Sylvia Byers | W80 | 16:09.7 |
|--------------|-----|---------|

Long Jump

| | | |
|-------------|-----|-------|
| Dave Wyatt | M60 | 4.33m |
| Phil Smyth | M65 | 3.92m |
| Fran Cherry | W50 | 3.21m |
| Gay Wyatt | W60 | 3.13m |

PBA**Triple Jump**

| | | |
|-------------|-----|------|
| Phil Smyth | M65 | 8.15 |
| Fran Cherry | W50 | 7.39 |
| Gay Wyatt | W60 | 6.64 |

Weight

| | | |
|---------------|-----|-------|
| Todd Davey | M45 | 13.30 |
| Matt Staunton | M40 | 13.25 |
| Geoff Gee | M60 | 12.51 |
| Sally Sims | W35 | 8.15 |

Discus

| | | |
|---------------|-----|-------|
| Todd Davey | M45 | 43.14 |
| Matt Staunton | M40 | 35.64 |
| Geoff Gee | M60 | 33.16 |

Bunbury – Tuesday March 15
(ET testing; times converted to hand times for this listing)

200m

| | | |
|---------------|------|--|
| Lyle James | 48.7 | |
| Rob Antonioli | 48.8 | |

Shot Put

| | | |
|---------------|-------|--|
| John Fettus | 10.96 | |
| Paula Kennedy | 8.78 | |

Hammer

| | | |
|---------------|-------|--|
| Paula Kennedy | 21.57 | |
| John Fettus | 10.73 | |

800m

| | | |
|-----------------|--------|--|
| Robyn Feutrill | 4:04.1 | |
| Brian Waldhuter | 4:49.7 | |
| Lyle James | 5:09.0 | |

100m

| | | |
|-----------------|------|-------------|
| Brian Waldhuter | 16.6 | PBA= |
| Ruth Johnson | 18.8 | |
| Rob Antonioli | 21.4 | |
| Lyle James | 21.4 | |

ECAC – March 17

60m

| | | | |
|----------------|-----|-----|-----------|
| Syed Al Junied | Vis | 7.4 | |
| Colin Smith | M50 | 8.6 | |
| Donna Abbey | W40 | 8.9 | SB |
| Fran Cherry | W50 | 9.7 | |

| | | | |
|-------------|-----|------|--|
| Kim Farr | Vis | 9.2 | |
| Paul McLean | M60 | 10.0 | |
| Keith Hill | M55 | 10.1 | |

| | | | |
|-----------------------|-----|------|------------|
| Nicolette Whittington | W55 | 9.8 | SB= |
| Bob Schickert | M70 | 12.1 | |
| Lynne Schickert | W70 | 14.5 | SB |

400m

| | | | |
|--------------|-----|------|--|
| Colin Smith | M50 | 61.3 | |
| Neil Morfitt | M60 | 63.0 | |
| Keith Hill | M55 | 74.6 | |

| | | | |
|-----------------|-----|--------|------------|
| Cathy McCloskey | W50 | 73.7 | PBA |
| Donna Abbey | W40 | 77.1 | |
| David Carr | M80 | 79.9 | |
| Carol Bowman | W60 | 86.2 | |
| Gillian Young | W65 | 1:32.9 | |
| Maurice Creagh | M65 | 1:33.2 | |

100m

| | | | |
|-----------------------|-----|-------|--|
| Kim Farr | Vis | 15.62 | |
| Fran Cherry | W50 | 17.03 | |
| Nicolette Whittington | W55 | 18.09 | |

| | | | |
|-------------|-----|-------|------------|
| Colin Smith | M50 | 13.71 | |
| Donna Abbey | W40 | 15.12 | PBA |

3000m

| | | | |
|-------------------|-----|---------|-----------|
| Jim Langford | M70 | 12:11.1 | |
| Bernadette Benson | W45 | 12:24.2 | |
| Brian Hewitt | M60 | 12:55.8 | |
| Gillian Young | W65 | 14:31.8 | SB |
| Maurice Creagh | M65 | 14:56.8 | |
| Bob Schickert | M70 | 15:08.7 | |
| David Carr | M80 | 17:02.3 | |

3000m walk

| | | | |
|-----------------|-----|---------|-----------|
| Lynne Schickert | W70 | 23:19.3 | |
| John Smith | M80 | 23:43.4 | SB |

Long Jump

| | | | |
|-----------------------|-----|------|--|
| Kim Farr | Vis | 3.58 | |
| Nicolette Whittington | W55 | 3.38 | |
| Lynne Schickert | W70 | 2.29 | |

WAAS - 22 March

100m

| | | | |
|---------------|-----|------|------------|
| Mark Elms | M45 | 12.7 | |
| Gin Ang | M50 | 13.6 | PBA |
| Dawson Miller | Vis | 14.2 | |

| | | | |
|------------------|-----|------|--|
| Mark Whyte | M45 | 14.8 | |
| Tracy Bauer | W30 | 15.9 | |
| John Dennehy | M55 | 18.0 | |
| Barrie Kernaghan | M75 | 19.5 | |
| Cecil Walkley | M85 | 47.7 | |

Mile

| | | | |
|---------------|-----|---------|-----------|
| Brian Kinneen | M50 | 5:46.3 | |
| Keith Hill | M55 | 6:02.8 | |
| Mark Whyte | M45 | 6:49.8 | |
| Tracy Bauer | W30 | 7:32.5 | |
| Cecil Walkley | M85 | 15:53.5 | SB |

Mile walk

| | | | |
|--------------|-----|---------|--|
| Sylvia Byers | W80 | 12:48.8 | |
|--------------|-----|---------|--|

300m

| | | | |
|---------------|-----|--------|--|
| Mark Elms | M45 | 42.5 | |
| Mark Whyte | M45 | 50.3 | |
| Dawson Miller | Vis | 55.9 | |
| Tracy Bauer | W30 | 56.7 | |
| John Dennehy | M55 | 58.1 | |
| Delia Baldock | W50 | 64.0 | |
| Cecil Walkley | M85 | 3:07.9 | |

3000m

| | | | |
|---------------|-----|---------|-----------|
| Brian Kinneen | M50 | 11:56.8 | SB |
|---------------|-----|---------|-----------|

Shot

| | | | |
|---------------|-----|-------|--|
| Todd Davey | M45 | 14.02 | |
| Mike Anderson | M65 | 5.89 | |

Discus

| | | | |
|---------------|-----|-------|------------|
| Todd Davey | M45 | 45.41 | PBA |
| Mike Anderson | M65 | 17.18 | |

ECAC – March 24**100m**

| | | |
|---------------|-----|------|
| Colin Smith | M50 | 13.6 |
| David Solomon | M50 | 14.0 |
| Cecil Walkley | M85 | 46.2 |

| | | |
|--------------|-----|------|
| Matt Gerrans | Vis | 13.9 |
| Cath Payne | W35 | 14.3 |
| Kim Farr | Vis | 15.1 |

Mile

| | | | |
|----------------|-----|---------|-----------|
| David Solomon | M50 | 5:54.5 | |
| Jim Langford | M70 | 6:18.7 | SB |
| Andy Abbey | M45 | 6:30.5 | |
| Maurice Creagh | M65 | 7:14.5 | |
| Gillian Young | W65 | 7:24.3 | |
| Cecil Walkley | M85 | 14:32.4 | SB |

Mile walk

| | | | |
|---------------|-----|---------|------------|
| Karyn Tolardo | W50 | 8:41.1 | PBA |
| Tom Lenane | M55 | 9:51.3 | |
| Janne Wells | W45 | 10:06.1 | SB |
| John Smith | M80 | 13:32.0 | |

300m

| | | |
|----------------|-----|--------|
| Colin Smith | M50 | 43.1 |
| Matt Gerrans | Vis | 45.7 |
| David Solomon | M50 | 49.5 |
| Cath Payne | W35 | 53.1 |
| Delia Baldock | W50 | 60.1 |
| Kristine Wells | Vis | 72.5 |
| Cecil Walkley | M85 | 2:50.1 |

2000m

| | | | |
|----------------|-----|--------|-----------|
| Jim Langford | M70 | 7:59.7 | |
| Andy Abbey | M45 | 8:09.5 | |
| David Solomon | M50 | 8:39.0 | |
| Gillian Young | W65 | 9:20.1 | SB |
| Maurice Creagh | M65 | 9:24.2 | SB |

2000m walk

| | | | |
|----------------|-----|---------|------------|
| Karyn Tolardo | W50 | 11:03.1 | PBA |
| Kristine Wells | Vis | 14:24.1 | |
| John Smith | M80 | 16:50.5 | |

Strive, WAAS – Thursday March 24**100m**

| | | | |
|------------------|-----|-------|-------------------|
| Wendy Seegers | W40 | 12.18 | AR pending |
| Greg Brennan | M45 | 12.81 | |
| Barrie Kernaghan | M75 | 15.96 | |
| Rudy Kocis | M50 | 16.91 | |
| Alan Deans | M65 | 18.63 | |

400m

| | | | |
|------------------|-----|-------|--|
| Barrie Kernaghan | M75 | 74.34 | |
|------------------|-----|-------|--|

800m

| | | | |
|--------------|-----|---------|--|
| Neil Morfitt | M60 | 2:25.76 | |
|--------------|-----|---------|--|

Shot

| | | | |
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| Todd Davey | M45 | 13.65 | |
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