

December 2019 Results

*This listing includes all events where members are known to have competed
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

WAAS – December 3

100m

Wayne Bariolo M50 13.0
Des Walsh M65 14.3
David Adams M40 14.3

David Graieg M35 11.9
Jason Kell M40 13.8
Hans Venter M55 13.8

Aidan Pearson Vis 12.2
Stuart Manning M40 13.5
Peter Connell Vis 14.8
Nick Best M40 16.0

Charlotte Best Vis 13.8
Juliana Kelly W55 15.5
John Dennehy M60 17.2
Delia Baldock W55 18.0

400m

David Graieg M35 56.1
Stuart Manning M40 64.5
David Adams M40 76.6
Juliana Kelly W55 78.8
Isaiah Manning Vis 82.8

1500m

Nick Best M40 4:59.4
David Adams M40 6:12.4
Isaiah Manning Vis 6:27.7

1500m walk

Johan Hagedoorn M75 10:42.6
Peggy Macliver W75 10:53.4
Glenys Duncan W75 13:26.3

3000m

Trevor Scott M60 10:44.5
Aidan Pearson Vis 12:01.1
David Graieg M35 13:19.9
Alan Gray M55 14:17.4
David Adams M40 14:21.0
Isaiah Manning Vis 15:58.0

3000m walk

Johan Hagedoorn M75 20:55.3
Peggy Macliver W75 21:52.2
John Dennehy M60 21:52.2

Triple Jump

David Graieg M35 11.35
Nick Best M40 9.71
Wayne Bariolo M50 9.39
Hans Venter M55 9.26
Charlotte Best Vis 9.04
Geoff Brayshaw M70 8.71
David Adams M40 7.31
Delia Baldock W55 7.13
Isaiah Manning Vis 6.58
Des Walsh M65 6.44

Hammer

Jacob Schelfhout Vis 51.99
Alex de Silva Vis 46.49
Eijeesha de Silva Vis 36.08
Chris Schelfhout W50 29.69
Andrew Ward M55 27.43
Grace McMahon Vis 23.06
Norman Stanger M80 21.06

Discus

Jacob Schelfhout Vis 37.20
Alex de Silva Vis 35.46
Andrew Ward M55 33.06
Cheryl McMahon Vis 26.41
Grace McMahon Vis 23.62
Des Walsh M65 23.45
Chris Schelfhout W50 19.97
Norman Stanger M80 17.43
Isaiah Manning Vis 15.74

Bunbury – December 3

60m

Garry Hastie M55 9.43
Harold Membrey M65 10.30
Brian Waldhuter M75 11.05
Ruth Johnson W75 12.22
Lyle James M75 16.48

3000m

Ruth Johnson W75 19:07.5
Harold Membrey M65 23:42.9
Lyle James M75 29:19.8

Discus

Jo Peters M65 42.24
John Fettus M45 39.00
Garry Hastie M55 26.62
Harold Membrey M65 21.60
Brian Waldhuter M75 17.66
Ruth Johnson W75 13.49
Lyle James M75 6.43

ECAC – December 5

100m

Bernie Riviere	M50	13.69
Colin Smith	M55	13.71
Andrew Brooker	M50	14.11
David Adams	M40	15.28
Harold Membrey	M65	16.73
Andrea Penny	W40	18.95
Cecil Walkley	M90	80.76

200m

Colin Smith	M55	28.09
Bernie Riviere	M50	30.48
Des Walsh	M65	31.04
David Adams	M40	31.18
Harold Membrey	M65	34.69

Michelle Krokosz	W30	31.32
Barbara Blurton	W65	34.13
John Dennehy	M60	36.17
Jackson Carson	Vis	46.20
Vanessa Carson	W40	46.74
Cecil Walkley	M90	2:54.46

800m

Vanessa Carson	W40	2:45.91
Alan Gray	M55	3:10.47
David Carr	M85	3:34.12
Jackie Halberg	W70	4:07.85
Cecil Walkley	M90	11:37.20

3000m

Vanessa Carson	W40	12:42.47
Maurice Creagh	M70	19:06.41

3000m walk

John McDonagh	M70	20:07.36
Harold Membrey	M65	23:05.44

Javelin

Andrew Brooker	M50	43.44	SR
Michelle Krokosz	W30	28.05	
Des Walsh	M65	20.08	
David Adams	M40	16.41	
Jason Kell	M40	15.46	
Andrea Penny	W40	10.82	

High Jump

Andrew Brooker	M50	1.55
Hans Venter	M55	1.55
Michelle Krokosz	W30	1.40
Jason Kell	M40	1.20
David Adams	M40	1.15
Des Walsh	M65	1.10
David Carr	M85	0.85

Bunbury – December 7

Throws pentathlon

		Hammer	Shot	Discus	Javelin	Weight
Jim Davis	M85	28.78 908	8.74 774	21.31 697	13.37 336	NM 0
	Total points	2715				
Bev Hamilton	W70	23.27 812	6.71 691	18.03 597	13.09 429	8.67 659
	Total points	3188				
Mal Clarke	M45	35.9 586	11.73 734	41.82 878	40.66 554	11.61 654
	Total points	3406				
Jo Peters	M65	38.90 793	10.98 786	46.90 966	31.68 581	14.34 792
	Total points	3918				
Ossi Igel	M65	31.26 607	10.69 761	32.85 628	27.65 488	13.17 717
	Total points	3201				
Ruth Johnson	W75	21.77 737	5.62 548	11.98 384	10.64 368	7.79 546
	Total points	2583				
Sharon Moloney	W55	26.42 644	7.38 537	20.74 460	15.55 336	7.07 440
	Total points	2417				
Brian Waldhuter	M75	14.58 256	5.73 367	17.88 379	12.87 221	7.54 411
	Total points	1634				
Todd Davey	M50	48.80 807	15.56 989	48.50 861	33.74 463	17.72 941
	Total points	4061				
John Fettus	M45	41.49 700	11.73 734	35.47 720	37.05 492	13.56 784
	Total points	3430				

WAAS – December 10

60m			3000m walk		
Sarah Schwarz	Vis	8.1	Peggy Macliver	W75	22:10.6
David Adams	M40	8.6	Glenys Duncan	W75	26:58.7
Juliana Kelly	W55	9.5			
200m			5000m		
David Graieg	M35	7.6	Mark Dawson	M55	22:35.6
Greg Kennedy	M70	9.4	David Adams	M40	24:45.7
Des Walsh	M65	n/t			
1000m			Long Jump		
Connor Hoggart	Vis	31.6	David Graieg	M35	5.92
Quewin Gould	Vis	34.1	Dave Wyatt	M65	4.12
John Dennehy	M60	34.4	Sue Coate	W50	3.54
Isaiah Manning	Vis	36.9	David Adams	M40	3.28
Barrie Kernaghan	M75	43.9			
3000m walk			Triple Jump		
Des Walsh	M65	30.7	Isaiah Manning	Vis	7.08
Michelle Krokosz	W30	30.9	Des Walsh	M65	6.00
Juliana Kelly	W55	32.2			
Greg Kennedy	M70	33.0	Shot		
Delia Baldock	W55	38.1	Sue Coate	W50	10.02
			Michelle Krokosz	W30	9.36
Marcus Nichols	Vis	38.4	Des Walsh	M65	7.23
Rachel Nichols	Vis	45.8	Juliana Kelly	W55	7.22
Rob Nichols	M40	46.2	Isaiah Manning	Vis	6.27
			Mike Anderson	M70	6.04
1000m walk			Javelin		
Chris Gould	M40	2:44.9	Wayne Bariolo	M50	36.28
Nick Best	M40	3:00.4	Michelle Krokosz	W30	27.06
David Graieg	M35	3:02.7	Sue Coate	W50	26.21
Clare Wardle	W45	3:33.2	Stuart Manning	M40	24.90
Mark Dawson	M55	3:36.3	Phil Smyth	M70	24.34
David Adams	M40	3:47.5	Des Walsh	M65	20.74
			Isaiah Manning	Vis	20.12
Connor Hoggart	Vis	3:27.3	Jason Kell	M40	15.39
Quewin Gould	Vis	3:47.8	Juliana Kelly	W55	13.95
Campbell Till	M60	3:50.8	David Adams	M40	13.31
Marcus Nichols	Vis	4:25.5	Delia Baldock	W55	6.81
Rachel Nichols	Vis	4:50.5			
Rob Nichols	M40	4:50.5			
Morland Smith	M80	5:23.5			
3000m					
Nick Best	M40	11:50.7			
Stuart Manning	M40	12:55.0			
Chris Gould	M40	13:47.9			
Connor Hoggart	Vis	14:36.9			
Marcus Nichols	Vis	14:42.5			
Rob Nichols	M40	14:42.8			
Quewin Gould	Vis	15:43.1			

Bunbury – December 10

400m			Hammer		
Garry Hastie	M55	70.9	John Fettus	M45	41.45
Harold Membrey	M65	87.3	Jo Peters	M65	37.43
Brian Waldhuter	M75	1:31.8	Sharon Moloney	W55	26.19
Ruth Johnson	W75	1:42.0	Garry Hastie	M55	24.09
Lyle James	M75	2:59.3	Ruth Johnson	W75	21.98
			Harold Membrey	M65	17.80
1500m			Brian Waldhuter	M75	13.34
Lyle James	M75	13:12.3			
Long Jump					
Brian Waldhuter	M75	3.52			
Harold Membrey	M65	2.79			
Ruth Johnson	W75	2.56			
Lyle James	M75	1.18			

ECAC – December 12

60m

Colin Smith	M55	8.48
Renae Szostak	W40	9.00
Indi Catlin	Vis	9.10
Oliver Berry	M30	9.30
David Adams	M40	9.54
Maureen Keshwar	W65	9.86
Jackson Carson	Vis	12.15
Cecil Walkley	M90	42.00

200m

Colin Smith	M55	27.45
Indi Catlin	Vis	29.91
David Adams	M40	32.52
Maureen Keshwar	W65	35.19
Jackson Carson	Vis	43.86
Vanessa Carson	W40	44.43
Cecil Walkley	M90	2:39.85

800m

Andy Abbey	M50	2:28.7h
Ian Hannaby	M50	2:40.6h
Vanessa Carson	W40	2:43.2h
Chris Groom	M50	2:47.4h
Jenn Parker	W50	3:01.7h
David Adams	M40	3:26.3h
David Carr	M85	3:36.7h
Maurice Creagh	M70	4:05.0h
Cecil Walkley	M90	12:08.2h

5000m

Ian Hannaby	M50	24:29.22
Claire Walkley	W50	29:14.23
Silke Peglow	W50	29:36.53

5000m walk

Karyn Tolardo	W50	33:14.19
---------------	-----	----------

3000m walk

Delia Baldock	W55	22:25.56
---------------	-----	----------

Long Jump

Oliver Berry	M30	4.99
Alanna Doig	Vis	4.71
Colin Smith	M55	4.62
Renae Szostak	W40	4.40
David Adams	M40	3.50
Vanessa Carson	W40	3.34
Des Walsh	M65	2.91
Jackson Carson	Vis	2.05

Hammer

Todd Davey	M50	52.68
Andrew Ward	M55	27.39
Bruce McGeorge	M65	19.52

Weight

Todd Davey	M50	18.84	SR
Andrew Ward	M55	12.02	

Strive, WAAS – December 13

100m

Lee Stergiou	M45	11.90	+1.5
Gregory Brennan	M50	12.68	+1.5
Gin Ang	M55	12.99	+1.7
Andrew Brooker	M50	13.65	+1.7
Mandy Mason	W50	13.76	+1.4
David Adams	M40	14.52	+1.7
Desmond Walsh	M65	15.00	+1.7
John Dennehy	M60	16.66	+1.7

400m

Lee Stergiou	M45	55.47
Mandy Mason	W50	67.87
David Adams	M40	69.93

1500m

Sharon Davis	W45	5:01.62
David Adams	M40	6:18.37

3000m steeplechase

David Adams	M40	16:10.58
-------------	-----	----------

High Jump

Andrew Brooker	M50	1.55
----------------	-----	------

Discus

Andrew Ward	M55	31.87
Desmond Walsh	M65	22.13

Hammer

Byrony Glass	W40	47.80
--------------	-----	-------

Shot

Desmond Walsh	M65	7.71
---------------	-----	------

WAAS – December 17

100m

David Graieg	M35	11.6
Wayne Bariolo	M50	12.7
David Adams	M40	14.1

Cathy McCloskey	W55	14.7
Juliana Kelly	W55	15.3
Barrie Kernaghan	M75	18.9

Mark Dawson	M55	16.7
Isaiah Manning	Vis	17.1

John Dennehy	M60	16.7
Delia Baldock	W55	17.6

3000m

David Graieg	M35	11:48.6
Tim Karajas	M40	11:53.1
Nick Best	M40	11:56.1
David Adams	M40	13:38.5
Hans Venter	M55	13:50.1

3000m walk

Robin King	W60	19:35.2
Wendy Farrow	W50	19:38.2
Johan Hagedoorn	M75	20:27.5
Peggy Macliver	W75	22:12.8

300m

Campbell Till	M60	45.7
Stuart Manning	M40	49.0
Michelle Krokosz	W30	49.7

Juliana Kelly	W55	53.3
Barrie Kernaghan	M75	56.4
Frank Gardiner	M70	61.9

1500m

Nick Best	M40	4:58.7
David Graieg	M35	5:12.4
Tim Karajas	M40	5:22.0
Stuart Manning	M40	5:41.7
Mark Dawson	M55	5:50.2
David Adams	M40	6:01.4
Frank Gardiner	M70	7:02.3

1500m walk

Wendy Farrow	W50	9:41.5
Johan Hagedoorn	M75	10:32.5
Peggy Macliver	W75	11:12.5
Sylvia Byers	W85	13:55.5

Discus

Todd Davey	M50	53.02
Mal Clarke	M45	41.88
Andrew Ward	M55	33.08
Michelle Krokosz	W30	31.55
Wayne Bariolo	M50	25.74
Solomon Clarke	Vis	21.67
Norman Stanger	M80	18.67
Mike Anderson	M70	14.95

Shot

Todd Davey	M50	15.50
Mal Clarke	M45	11.99
Wayne Bariolo	M50	10.70
Hans Venter	M55	9.38
Michelle Krokosz	W30	9.37
Andrew Ward	M55	8.62
Norman Stanger	M80	8.41
Solomon Clarke	Vis	6.94
Juliana Kelly	W55	6.51
Isaiah Manning	Vis	6.24
Mike Anderson	M70	5.77
David Adams	M40	5.06

Bunbury – December 17

200m

Garry Hastie	M55	32.12
Harold Membrey	M65	35.63
Brian Waldhuter	M75	37.60
Ruth Johnson	W75	43.25
Lyle James	M75	60.32

800m

Harold Membrey	M65	3:37.9
Ruth Johnson	W75	4:19.0
Brian Waldhuter	M75	4:45.0
Lyle James	M75	6:46.3

Triple Jump

Brian Waldhuter	M75	7.76
Ruth Johnson	W75	5.42

Shot

John Fettus	M45	11.96
Jo Peters	M65	11.25
Garry Hastie	M55	8.34
Paula Kennedy	W50	8.28
Harold Membrey	M65	7.14
Sharon Moloney	W55	6.86
Brian Waldhuter	M75	5.85
Ruth Johnson	W75	5.43
Lyle James	M75	2.65

ECAC – December 19

100m

Oliver Berry	M30	13.51
Colin Smith	M55	14.43
Ian Hannaby	M50	14.66
David Adams	M40	15.28
Des Walsh	M65	15.31
Brandon Hannaby	Vis	16.65

Indi Catlin	Vis	15.29
Renae Szostak	W40	15.36
Mercurio Cicchini	M70	18.71
Delia Baldock	W55	19.08
Andrea Penny	W40	19.90
Kalani Manning	Vis	23.49
Cecil Walkley	M90	71.36

1500m

Vanessa Carson	W40	5:28.96
Ian Hannaby	M50	5:38.64
Stuart Manning	M40	5:48.05
David Adams	M40	5:59.39
Oliver Berry	M30	6:48.02
Mike Meredith	Vis	7:00.45
Brandon Hannaby	Vis	7:53.85
Jackie Halberg	W70	8:19.17
Janne Wells	W50	8:19.22
Maurice Creagh	M70	8:32.28

400m

Oliver Berry	M30	60.21
Campbell Till	M60	64.33
Steve Fuller	M65	65.89
Colin Smith	M55	74.81
David Adams	M40	75.04
Barbara Blurton	W65	75.10
Bruce McGeorge	M65	1:31.49

Carmel Meyer	W55	86.16
Delia Baldock	W55	1:31.47
Kalani Manning	Vis	1:50.22
Cecil Walkley	M90	5:17.72

3000m

Vanessa Carson	W40	12:40.82
Ian Hannaby	M50	12:58.62
Mike Meredith	Vis	14:02.05
Mercurio Cicchini	M70	14:38.97
Brandon Hannaby	Vis	15:04.17
Claire Walkley	W50	16:02.87
Maureen Keshwar	W65	19:29.85

2000m steeplechase

Vanessa Carson	W40	8:44.01
David Adams	M40	10:00.36
Janne Wells	W50	11:16.95

1500m walk

Karyn Tolardo	W50	8:28.84
John McDonagh	M70	10:06.73

3000m walk

Karyn Tolardo	W50	17:48.38
John McDonagh	M70	20:14.22

High Jump

Hans Venter	M55	1.50
Stuart Manning	M40	1.40
Michelle Krokosz	W30	1.40
Jenn Parker	W50	1.25
Des Walsh	M65	1.10
Bruce McGeorge	M65	1.10

Shot

Jenn Parker	W50	10.72
Michelle Krokosz	W30	9.22
Garry Parker	M55	8.00
Des Walsh	M65	7.59
Andrea Penny	W40	4.64

Javelin

Andrew Brooker	M50	44.06	SR
Wayne Bariolo	M50	36.86	
Michelle Krokosz	W30	27.00	
Des Walsh	M65	22.63	
Jenn Parker	W50	21.08	
Vanessa Carson	W40	12.58	
Andrea Penny	W40	10.46	

Strive, WAAS – December 20

200m

Lee Stergiou	M45	24.58	NWI
Colin Smith	M55	26.20	+1.4
David Adams	M40	29.98	NWI
Desmond Walsh	M65	30.32	NWI
Barrie Kernaghan	M75	33.42	NWI
John Dennehy	M60	34.46	NWI

800m

Chris Gould	M40	2:12.31
Sharon Davis	W45	2:21.10
David Adams	M40	2:52.23

3000m

Chris Gould	M40	9:17.63
David Adams	M40	12:57.24

3000m walk

Lyn Ventris	W60	16:30.39
-------------	-----	----------

Pole Vault

Geoff Brayshaw	M70	2.50
----------------	-----	------

Long Jump

Colin Smith	M55	4.43	+2.1
David Adams	M40	3.64	+1.3
Desmond Walsh	M65	3.45	+2.0

Javelin

Desmond Walsh	M65	14.96
David Adams	M40	12.82