

# April 2024 Results

*This listing includes all events where members are known to have competed,  
except AMA championships which are reported elsewhere  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## Strive, WAAS – 5 April

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### 100m

Adrian McKenzie	M50	11.57	+0.2
Jannie Baard	M55	13.29	+0.6
David Adams	M45	13.31	+0.5
Gin Ang	M60	13.65	+0.6
Nathaniel Shivaraman	M30	14.07	+0.5
David Statham	M50	14.73	+0.5
John Dennehy	M60	18.12	+0.5

### 400m

Jannie Baard	M55	60.34
Nathaniel Shivaraman	M30	65.61
David Adams	M45	69.17

### 1500m

Mark Maslen	M45	4:31.04
Simon Wheeler	M50	4:40.46
Nathaniel Shivaraman	M30	5:04.02
David Adams	M45	5:08.43

## Canberra – 7 April

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### Marathon

Daniel Taborsky	M35	3:39:41
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## ECAC – 11 April

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### 100m

Heat 1			
Matt Walker	M40	12.59	
Alex Walker	Vis	14.21	
Paz Storey	W35	15.46	
Gabriel van Heerwaarden	Vis	16.12	
Lou Daniel	M60	17.53	
Dante van Heerwaarden	Vis	22.64	

### Heat 2

Tanya Bailey	Vis	21.54	
Terri Carr	W60	22.68	
Steve Barrie	M60	24.21	
Jackie Halberg	W75	24.31	

### 200m

Heat 1			
Matt Walker	M40	25.93	
Alex Walker	Vis	29.68	
Andy Roach	M45	31.00	
Keith Redpath	M70	32.49	
Gabriel van Heerwaarden	Vis	33.55	

### Heat 2

Lou Daniel	M60	36.38	
Dante van Heerwaarden	Vis	45.84	
Terri Carr	W60	51.16	
Steve Barrie	M60	54.06	
David Gardiner (walk)	M75	80.96	

### 600m

Gabriel van Heerwaarden	Vis	2:10.71	
Mateo van Heerwaarden	Vis	2:30.67	
Dante van Heerwaarden	Vis	3:27.27	
David Gardiner (walk)	M75	4:24.81	

### 3000m walk

Karyn Tolardo	W55	18:19.67	
Fiona van Heerwaarden	W45	19:50.00	
Tom Lenane	M65	21:20.93	
Lou Daniel	M60	25:05.45	
Steve Travell	M65	25:24.51	
Glenys Duncan	W80	27:20.39	

### 1500m walk

Steve Travell	M65	12:49.58	
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### 1500m

Gabriel van Heerwaarden	Vis	6:05.05	
Andy Roach	M45	6:08.90	
Andrew Davison	M55	6:12.60	
Scarlett Hunter	Vis	6:22.90	
Michelle Hunter	W35	6:24.51	
Mateo van Heerwaarden	Vis	6:46.24	
Karyn Tolardo	W55	6:59.83	
Brian Hewitt	M70	7:00.17	
Paz Storey	W35	7:02.66	
Tegan Durbridge	W35	7:07.94	
Dante van Heerwaarden	Vis	7:21.59	
Finn Hunter	Vis	7:23.26	
Cali Muir	Vis	7:24.50	
Lori Sexton	W60	7:35.45	
Liz Clennell	W55	7:53.60	
Fiona van Heerwaarden	W45	7:58.20	

### 3000m

Michelle Hunter	W35	11:08.78	
Andrew Davison	M55	12:16.14	
Georgie Smith	W35	12:25.33	
Andy Roach	M45	13:08.50	
Gabriel van Heerwaarden	Vis	13:25.76	
Paul Every	M55	13:43.97	
Emily Bailey	Vis	14:21.34	
John Bailey	M40	14:26.41	
Tegan Durbridge	W35	15:07.21	
Brian Hewitt	M70	15:11.80	
Lori Sexton	W60	15:43.82	
Paz Storey	W35	16:03.46	
Liz Clennell	W55	16:55.21	
Jim Langford	M75	17:18.32	
Bruce McGeorge	M65	18:50.37	
Steve Barrie	M60	19:27.34	

**AA Open Championships, Adelaide – 11-14 April**

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**100m**

prelim  
Mandy Mason W55 12.17 -0.5

heat  
Mandy Mason W55 12.23 -0.9

**200m**

Mandy Mason W55 25.26 -0.5

**Long Jump**

Melissa Foster W45 5.62 -0.7

**Triple Jump**

Melissa Foster W45 11.91 +0.0 AR

**Bunbury – 14 April**

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**Marathon**

Adrian Fabiankovits M35 3:05:24  
Tommy Glackin M40 3:29:32  
Mick Hearn M60 4:27:53  
Martin Pullen M50 4:34:21

**Boston – 15 April**

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**Marathon**

Zane Walsh M40 3:12:57

**ECAC – 18 April**

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**100m**

Heat 1  
Matt Walker M40 12.54  
David Adams M45 14.93  
Paz Storey W35 15.36  
Amanda Hill W30 15.54  
Keith Redpath M70 15.63  
Andy Roach M45 16.55  
Brian Hewitt M70 18.55

Heat 2  
Simon McGarvie M55 14.94  
Des Walsh M65 17.60  
Bob Schickert M80 22.86  
Jackie Halberg W75 24.05  
Steve Travell M65 26.04  
David Gardiner (walk) M75 28.54  
Lynne Schickert W80 28.57

**300m**

Paz Storey W35 50.14  
Hannah Maslen Vis 51.34  
Amanda Hill W30 53.68  
Andy Roach M45 58.28  
Des Walsh M65 60.53  
David Gardiner (walk) M75 1:59.43

**800m**

Eliot Wardrobe Vis 2:05.02  
Mark Maslen M45 2:28.24  
Hannah Maslen Vis 2:29.24  
Simon McGarvie M55 2:29.54  
David Adams M45 2:35.04  
Andy Roach M45 2:37.17  
Mateo van Heerwaarden Vis 3:16.23  
Brian Hewitt M70 3:17.11  
Zoe Maslen Vis 3:46.63  
Julie Wilson W70 3:51.10  
Lori Sexton W60 3:51.69  
Steve Barrie M60 4:29.42  
Phillippa Bennett (walk) W65 6:17.27

**1 mile**

Hannah Maslen Vis 6:26.23  
Emily Bailey Vis 6:57.25  
John Bailey M40 7:06.02  
Andy Roach M45 7:07.24  
Paul Every M55 7:27.92  
John McShane M55 7:37.70  
Mateo van Heerwaarden Vis 8:04.52  
Lori Sexton W60 8:32.31  
Fiona van Heerwaarden W45 8:50.94  
Tegan Durbridge W35 9:17.01  
Karyn Tolardo (walk) W55 9:40.53

**3000m**

Mark Maslen M45 11:04.00  
Hannah Maslen Vis 13:40.58  
Julie Wilson W70 16:25.40  
Paz Storey W35 16:41.10  
Lori Sexton W60 16:43.08  
Steve Barrie M60 20:20.30  
Bob Schickert M80 21:26.88

**3000m walk**

Phillippa Bennett W65 23:59.98  
Lynne Schickert W80 25:39.27  
Steve Travell M65 27:23.59  
Glenys Duncan W80 28:35.77

**5000m**

David Adams M45 20:55.86  
Richard Wardrobe Vis 21:06.39  
Paul Every M55 23:29.45  
Tegan Durbridge W35 28:03.41  
Jim Langford M75 34:41.74

**5000m walk**

Karyn Tolardo W55 31:36.25  
Fiona van Heerwaarden W45 34:17.08

**London – 21 April**

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**Marathon**

Stuart Walker M60 5:27:24

**ECAC – 23 April**

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**10000m**

Roberto Busi	M45	35:19.7
David Adams	M45	41:04.2
Clare Wardle	W45	41:46.2
Rodney Glossop	M45	41:57.8
Tristan Bell	M55	45:08.7
Paul Every	M55	48:22.2
Bob Colligan	M65	50:39.3
Crystal Glossop	W45	50:51.9
Brad Hollins	M50	53:02.4
Lori Sexton	W60	54:02.8
Tegan Durbridge	W35	54:20.5
Milton Mavrick	M70	55:08.9
Rohan Thompson	M45	1:00:25.6
Steve Barrie	M60	1:12:34.6

**ECAC – 25 April**

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**60m****Heat 1**

Matt Walker	M40	7.89
David Adams	M45	9.32
Amanda Hill	W30	9.55
Keith Redpath	M70	9.72
Mark Howard	M55	9.77
Des Walsh	M65	10.12

**Heat 2**

Maddison Rout	Vis	12.03
Cali Muir	Vis	12.73
Jackie Halberg	W75	14.20
Steve Travell	M65	15.35
Lynne Schickert	W80	18.08

**100m**

Eliot Wardrobe	Vis	12.27
Matt Walker	M40	12.55
Elijah Ranasinghe	Vis	13.31
Keith Redpath	M70	15.19
Amanda Hill	W30	15.26
Lou Daniel	M60	16.31
Des Walsh	M65	16.38
Bob Schickert	M80	21.33
Jackie Halberg	W75	22.76
Steve Travell	M65	26.19

**400m**

Eliot Wardrobe	Vis	55.04
Nikola Radosevic	Vis	60.36
Elijah Ranasinghe	Vis	66.13
Amanda Hill	W30	73.84
Jovan Radosevic	Vis	79.88
Lou Daniel	M60	1:31.28

**1500m walk**

Glenys Duncan W80 13:39.50

**3000m walk**Liz Clennell W55 25:18.57  
Lynne Schickert W80 25:26.87**1500m**

Nikola Radosevic	Via	4:49.86
Simon McGarvie	M55	5:13.23
David Adams	M45	5:24.12
Andrew Davison	m55	5:54.57
Jovan Radosevic	Vis	5:55.50
Dave Solomon	M55	6:35.57
Paul Every	M55	6:45.89
John McShane	M55	6:49.99
Maddison Rout	Vis	7:23.52
Cali Muir	Vis	7:23.59
Brian Hewitt	M70	7:53.25
Jim Langford	M75	8:08.13
Liz Clennell	W55	8:48.42

**3000m**

Eliot Wardrobe	Vis	11:11.5 (h)
Matilda Hawthorne	Vis	11:15.2 (h)
Trevor Scott	M60	11:19.54
David Adams	M45	11:42.7 (h)
Andrew Davison	M55	11:58.17
Nikola Radosevic	Vis	13:08.71
Paul Every	M55	13:25.23
Jovan Radosevic	Vis	17:07.71
Jim Langford	M75	17:19.83
Bruce McGeorge	M65	17:53.10
Bob Schickert	M80	21:11.22

**Bunbury – 27 April**

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**Throws pentathlon**

		<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight</b>
Jo Peters	M70	40.53 734	10.92 742	43.42 891	32.17 590	17.11 882
	Total points	3839				
John Fettus	M50	43.92 669	14.45 894	37.57 621	32.14 435	15.55 764
	Total points	3383				
Luella Jenkins	W80	19.05 507	6.27 591	16.05 588	14.04 536	9.10 649
	Total points	2871				
Sharon Moloney	W60	24.57 508	7.39 529	19.07 467	14.11 330	8.96 444
	Total points	2278				
Garry Hastie	M60	23.77 341	8.75 529	28.11 408	32.83 513	9.97 454
	Total points	2245				
Harold Membrey	M70	23.65 380	7.57 477	18.46 304	17.14 253	10.75 510
	Total points	1924				
Michelle Krokosz	W35	18.26 217	8.43 447	25.82 384	23.05 356	8.02 331
	Total points	1735				
Mike Anderson	M75	NM 0	5.61 370	15.75 287	8.67 100	6.22 285
	Total points	1042				

**56lb weight**

Jo Peters	M70	5.64	
Garry Hastie	M60	3.65	
Harold Membrey	M70	3.60	
Michelle Krokosz	W35	3.15	
Sharon Moloney	W60	2.32	<b>SR</b>
Mike Anderson	M75	2.19	<b>SR</b>
Luella Jenkins	W80	1.78	