

# December 2024 Results

*This listing includes all events where members are known to have competed,  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## WAAS – 3 December

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### 100m

#### Heat 1

Dave Wilkie M65 15.7  
Mike Anderson M75 24.2

#### Heat 2

Simon Martin M40 15.6  
Anthony Misson Vis 25.0  
John Dennehy M65 25.6

### 400m

Dave Wilkie M65 80.9  
John McShane M60 85.8

### 1500m

Rob Cattrall M65 6:37.8  
John McShane M60 6:36.0

### 1500m walk

Johan Hagedoorn M80 10:52.6  
Glenys Duncan W80 13:42.2

### 3000m

Rob Cattrall M65 14:55.0

### 3000m walk

Karyn Tolardo W55 18:43.4  
Andrew Brooker M55 19:16.2  
Wendy Farrow W55 21:09.8  
Johan Hagedoorn M80 22:43.1

### Discus

Andrew Ward M60 40.63  
Mike Anderson M75 16.32

## Bunbury – 3 December

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### 200m

Tyne Timmers M40 26.3  
Michael Byrne M70 32.7  
Harold Membrey M70 40.8  
Luella Jenkins W80 57.0

### 1500m walk

Garry Hastie M60 8:51.4  
Luella Jenkins W80 12:21.8

### 1500m

Tyne Timmers M40 4:46.5  
Michael Byrne M70 6:43.7

### Discus

Jo Peters M70 38.56  
Garry Hastie M60 26.36  
Tyne Timmers M40 24.56  
Harold Membrey M70 19.48  
Luella Jenkins W80 11.74  
Ruth Johnson W80 11.28

### Triple Jump

Luella Jenkins W80 4.16

## ECAC – 5 December

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### 100m

Jacob Ouwendyk Vis 12.65  
Connor Ouwendyk Vis 13.51  
Jenn Parker W55 15.17  
Sue Coate W55 15.56  
Tammi Doyle W50 15.87  
Barbara Blurton W70 17.25  
Harold Membrey M70 17.60  
Bruce McGeorge M70 24.38  
Lynne Schickert W80 28.88

### 200m

Jacob Ouwendyk Vis 25.67  
Connor Ouwendyk Vis 26.91  
Ansen Soon M30 28.19  
Frankie Vargacz M60 29.23  
Barbara Blurton W70 35.82  
Harold Membrey M70 39.68  
Bert Carse M80 45.97  
Jackie Halberg W75 71.84

### 800m

#### Heat 1

Anthony Grendon M60 2:16.72  
Ansen Soon M30 2:27.75  
Rodney Glossop M45 2:35.41  
Andy Roach M45 2:41.58

#### Heat 2

Xinhuan Yan M50 3:07.98  
Tammi Doyle W50 3:12.50  
Tegan Durbridge W35 3:31.04  
Bruce McGeorge M70 3:37.07  
Jacinta Thompson W45 3:38.48  
Brian Hewitt M70 3:45.72  
Bert Carse M80 3:46.80  
Bob Schickert M80 4:44.13

### 3000m

Xinhuan Yan M50 15:31.83

<b>5000m</b>			
Ansen Soon	M30	23:13.04	
Andy Roach	M45	23:13.07	
Tegan Durbridge	W35	26:20.84	
Bruce McGeorge	M70	30:48.63	

<b>Long Jump</b>			
Sue Coate	W55	4.26	

<b>Triple Jump</b>			
Jenn Parker	W55	8.69	
Rodney Glossop	M45	8.53	
Tammi Doyle	W50	7.06	
Jacinta Thompson	W45	5.62	
Lynne Schickert	W80	4.51	

<b>Javelin</b>			
Sue Coate	W55	26.72	
Geoff Brayshaw	M75	24.84	

<b>Shot</b>			
Sue Coate	W55	9.53	
Jenn Parker	W55	9.18	
Tammi Doyle	W50	7.94	
Harold Membrey	M70	7.75	
Jacinta Thompson	W45	7.35	
Geoff Brayshaw	M75	7.34	
Tegan Durbridge	W35	5.26	
Brian Hewitt	M70	5.05	

### Strive, WAAS – 7 December

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<b>60m</b>				
Kyle Ennis	M30	6.89	+1.4	
Lee Stergiou	M50	7.92	+2.6	
Brian Callaghan	M60	8.65	+1.2	
Joe-Anne Dannenberg	W50	8.90	+1.6	
John Dennehy	M65	11.49	+0.4	
Alan Deans	M70	12.03	+0.4	
Barrie Kernaghan	M80	12.58	+0.4	

<b>200m</b>				
Kyle Ennis	M30	21.13	+1.2	

<b>400m hurdles</b>				
Kimberly Young	W30	69.62		

<b>800m</b>				
Mark Maslen	M45	2:10.88		

<b>Pole Vault</b>				
Amanda Bisk	W35	3.50	SR	
Brad Schirmer	M50	3.10		
Phil Smyth	M75	2.40		
Sue Coate	W55	2.20		

<b>High Jump</b>				
Brad Schirmer	M50	1.50		

### Bunbury – 7 December

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#### Throws pentathlon

		Hammer	Shot	Discus	Javelin	Weight
Jenn Parker	W55	30.97	9.27	28.17 SR	20.35	10.21
		589	624	660	451	569
	Total points	2893				
Jo Peters	M70	39.76	11.97	ND	28.76	13.76
		718	827	0	511	685
	Total points	2741				
Luella Jenkins	W80	17.31	5.06	13.49	9.53	8.74
		451	452	476	335	619
	Total points	2333				
Garry Hastie	M60	24.66	8.99	27.75	32.64	10.36
		358	546	402	510	476
	Total points	2292				
Ruth Johnson	W80	18.74	5.11	10.78	9.71	7.17
		497	458	361	343	489
	Total points	2148				
Michelle Krokosz	W35	21.47	8.46	26.00	22.40	7.97
		272	449	388	343	328
	Total points	1780				

<b>Hammer</b>				
John Fettus	M50	46.29		

<b>Weight</b>				
John Fettus	M50	14.76		

**Bunbury – 10 December**

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**400m**

Tyne Timmers M40 57.9

**Long Jump**Tyne Timmers M40 4.66  
Ruth Johnson W80 2.41  
Luella Jenkins W80 2.31**Hammer**Harold Membrey W70 25.01  
Garry Hastie M60 24.38  
Ruth Johnson W80 19.19  
Luella Jenkins W80 15.23  
Sharon Moloney W60 13.91  
Tyne Timmers M40 13.62**WAAS – 10 December**

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**100m**

Juliana Kelly W60 17.5

**200m**John Dennehy M65 53.7  
Mike Anderson M75 57.8  
Anthony Mison Vis 71.8**400m**

Juliana Kelly W60 1:42.3

**3000m**

Greg Knuckey M65 12:12.9

**1 mile walk**Wendy Farrow W55 11:21.1  
Johan Hagedoorn M80 11:51.5  
Glenys Duncan W80 15:38.7**3000m walk**Wendy Farrow W55 21:11.5  
Johan Hagedoorn M80 23:32.3**ECAC – 12 December**

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**100m**Heat 1  
Ciarain Hoey Vis 12.46  
Rodney Glossop M45 14.69  
Deanna Drabsch W30 14.89  
Jenn Parker W55 14.91  
Tammi Doyle W50 15.74  
Dave Wilkie M65 15.76  
Des Walsh M70 16.22  
Keith Redpath M70 17.26  
Hannah Gethin W30 17.31**Heat 2**Charmaine Tuia W30 15.47  
Barbara Blurton W70 17.37  
Lucy Saliba W40 17.79  
Max Tuia Vis 18.43  
Carol Bowman W70 19.48  
Cauis Tuia Vis 20.02  
Tegan Durbridge W35 20.10  
Bob Schickert M80 21.77  
Terri Carr W60 23.47  
Lynne Schickert W80 27.58  
Bruce McGeorge M70 45.72**400m**Cairen Hoey Vis 56.50  
Quewin Gould Vis 59.63  
Chris Gould Vis 60.76  
Eric Hayward M55 75.33  
Deanna Drabsch W30 77.53  
Dave Wilkie M65 83.03  
Hannah Gethin W30 85.20**1500m**Chris Gould Vis 4:32.89  
Nikola Radosevic Vis 4:44.67  
Quewin Gould Vis 5:02.02  
Aleksa Radosevic Vis 5:20.79  
Andy Roach M45 5:49.76  
Jovan Radosevic Vis 6:00.28  
Cobey Drabsch Vis 7:16.14**1500m walk**Fiona van Heerwaarden W45 8:06.69  
Karyn Tolardo W55 9:43.88  
Marcela Ruiz W60 10:38.65**3000m**Nikola Radosevic Vis 11:53.95  
Andy Roach M45 13:33.65  
Hannah Gethin W30 17:43.94  
Jim Langford M80 19:29.77**3000m walk**Fiona van Heerwaarden W45 21:21.99  
Marcela Ruiz W60 22:48.80**High Jump**Stephen Parker M30 1.54  
Brad Schirmer M50 1.49  
Hans Venter M60 1.49  
Rodney Glossop M45 1.46  
Jenn Parker W55 1.35  
Dave Wilkie M65 1.35  
Tammi Doyle W50 1.10  
Des Walsh M70 1.10  
Lynne Schickert W80 0.98  
Lucy Saliba W40 0.92  
Carol Bowman W70 0.92  
Bob Schickert M80 0.92**Discus**Andrew Ward M60 36.49  
Brad Schirmer M50 31.11  
Stephen Parker M30 29.50  
Jenn Parker W55 28.86  
Charmaine Tuia W30 26.00  
Des Walsh M70 23.69  
Garry Parker M60 23.11  
Tammi Doyle W50 19.80  
Lucy Saliba W40 17.21  
Terri Carr W60 15.05  
Sean Mousley M40 14.20  
Tegan Durbridge W35 13.71  
Max Tuia Vis 13.30

**Bunbury – 14 December**

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**Heavy weight pentathlon**

John Fettus	M50	<b>16lb</b>	<b>20lb</b>	<b>25lb (WT)</b>	<b>35lb</b>	<b>44lb</b>
		19.93	17.52	15.37	11.10	9.03
		711	754	754	642	714
Total points		3575				
Luella Jenkins	W80	<b>2kg</b>	<b>3kg</b>	<b>4kg (WT)</b>	<b>12lb</b>	<b>16lb (SWT)</b>
		11.96	10.18	8.07	5.48	4.53
		641	614	563	444	447
Total points		2709				
Ruth Johnson	W80	<b>2kg</b>	<b>3kg</b>	<b>4kg (WT)</b>	<b>12lb</b>	<b>16lb (SWT)</b>
		10.91	7.84	7.00	5.61	4.67
		576	451	475	457	467
Total points		2426				
Harold Membrey	M70	<b>4kg</b>	<b>12lb</b>	<b>16lb (WT)</b>	<b>20lb</b>	<b>25lb</b>
		14.08	12.61	10.48	8.77	6.92
		492	506	494	475	421
Total points		2388				
Garry Hastie	M60	<b>12lb</b>	<b>16lb</b>	<b>20lb (WT)</b>	<b>25lb</b>	<b>35lb</b>
		13.59	11.59	9.36	7.86	5.44
		462	447	420	396	304
Total points		2029				
Michael Anderson	M75	<b>4kg</b>	<b>12lb</b>	<b>16lb (WT)</b>	<b>20lb</b>	<b>25lb</b>
		9.07	7.61	6.22	5.59	4.71
		323	304	285	295	289
Total points		1496				

**QMA Decathlon/Heptathlon Championships, Brisbane – 14-15 December**

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**Decathlon**

Sue Coate	W55	<b>100m</b>	<b>D</b>	<b>PV</b>	<b>Jav</b>	<b>400m</b>	<b>80mH</b>	<b>LJ</b>
		14.90	22.59	2.10	28.01	77.68	18.03	4.29
		768	506	449	656	524	451	717
		<b>Shot</b>	<b>HJ</b>	<b>1500m</b>				
		10.08	1.25	6:45.86				
		690	678	594				
<b>Total Points</b>		6033	<b>SR</b>					

**WAAS – 17 December**

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<b>60m</b>			<b>3000m</b>		
Simon Martin	M40	8.9	Glenn Rogers	M60	11:57.2
Juliana Kelly	W60	10.2	Greg Knuckey	M65	11:59.4
John Dennehy	M65	14.7	Cathy Middleton	W50	16:44.0
Anthony Misson	Vis	15.4	Morland Smith	M85	21:40.9
<b>100m</b>			<b>3000m walk</b>		
Heat 1			Wendy Farrow	W55	21:28.3
Mike Anderson	M75	24.4	Johan Hagedoorn	M80	21:48.2
John Dennehy	M65	25.1			
Anthony Misson	Vis	28.4			
Heat 2			<b>Discus</b>		
Simon Martin	M40	14.7	Andrew Ward	M60	42.44
Juliana Kelly	W60	16.9	Mike Anderson	M75	16.26
<b>800m</b>					
Glenn Rogers	M60	2:56.1			
Johan Hagedoorn (walk)	M80	5:55.6			

**ECAC – 19 December**

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**200m**

Barbara Blurton	W70	36.01
Trevor Scott	M65	36.53
Maycie Speed	Vis	37.46
Carol Bowman	W70	39.32
Bob Schickert	M80	52.25
Jackie Halberg	W75	65.49

**400m**

Heat1		
Rodney Glossop	M45	65.88
Jenn Parker	W55	69.96
Tammi Doyle	W50	73.56
Sue Coate	W55	74.17
Dave Wilkie	M65	78.43
Tegan Durbridge	W35	1:31.88

**Heat 2**

Jacinta Thompson	W45	1:31.40
Maycie Speed	Vis	1:31.61
Bob Schickert	M80	1:54.71
Lynne Schickert	W80	2:46.88

**1 mile**

Chris Gould	M45	4:45.60
Anthony Grendon	M60	4:59.48
Ansen Soon	M30	5:15.03
Trevor Scott	M65	5:52.45
Scarlett Hunter	Vis	7:08.14
Xinhuan Yan	M50	7:10.39
Finn Hunter	Vis	8:28.98
Michelle Hunter	W35	8:32.81
Fiona van Heerwaarden	W45	8:46.28

**1 mile walk**

Karyn Tolardo	W55	10:04.30
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**3000m walk**

Tayte Moore	Vis	19:34.25
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**5000m**

Michelle Hunter	W35	19:44.87
Chris Gould	M45	19:45.58
Rodney Glossop	M45	25:14.98
Xinhuan Yan	M50	26:14.52
Crystal Glossop	W45	26:42.40
Ansen Soon	M30	28:17.97
Silke Peglow	W55	32:07.24

**5000m walk**

Karyn Tolardo	W55	31:50.49
Andrew Brooker	M55	33:09.07
Fiona van Heerwaarden	W45	33:51.33

**Long Jump**

Jenn Parker	W55	4.45
Sue Coate	W55	4.24
Dave Wyatt	M70	3.78
Tammi Doyle	W50	3.61
Nat Lockyer	W45	3.40
Gay Wyatt	W70	3.02
Lynne Schickert	W80	1.84
Brenda Painter	W80	1.72

**Triple Jump**

Nat Lockyer	W45	7.17
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**Javelin**

Sue Coate	W55	25.06
Dave Wilkie	M65	23.43
Jenn Parker	W55	21.74
Sean Mousley	M40	19.82
Nat Lockyer	W45	17.22
Tammi Doyle	W50	16.45
Jacinta Thompson	W45	12.26
Andrea Penny	W45	11.43
Brenda Painter	W80	10.70
Crystal Glossop	W45	10.32
Tegan Durbridge	W35	6.70

**Shot**

Sue Coate	W55	9.6
Jenn Parker	W55	8.95
Dave Wilkie	M65	7.71
Tammi Doyle	W50	7.54
Nat Lockyer	W45	7.37
Jacinta Thompson	W45	7.23
Rodney Glossop	M45	6.80
Xinhuan Yan	M50	6.51
Sean Mousley	M40	5.86
Bob Schickert	M80	5.82
Tegan Durbridge	W35	5.38
Crystal Glossop	W45	4.58
Lynne Schickert	W80	4.56

**Strive, WAAS – 20 December**

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**100m**

Kyle Ennis	M30	10.69	+1.4
Kimberly Young	W30	13.74	+0.9
Joe-Anne Dannenberg	W50	14.22	+1.0
John Dennehy	M65	18.74	+1.1
Alan Deans	M70	20.69	+1.1
Barrie Kernaghan	M80	21.60	+1.1

**400m**

Matthew Konsolis	M35	51.42
Kimberly Young	W30	64.17

**1500m**

Mark Maslen	M45	4:30.7
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**Pole Vault**

Brad Schirmer	M50	3.00
Phil Smyth	M75	2.30
Sue Coate	W55	2.20
Malachi MacKay	M40	2.10

**Hammer**

Malachi MacKay	M40	23.12
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**Bunbury – 21 December**

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**Weight**

John Fettus	M50	17.33
Harold Membrey	M70	10.81

**100lb weight**

Harold Membrey	M70	2.18
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