

# January 2025 Results

*This listing includes all events where members are known to have competed,  
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

## ECAC – 2 January

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<b>60m</b>				<b>3000m</b>			
Heat 1				Dean Wilkie	Vis	12:26.30	
Matt Walker	M40	8.01		Naomi Lagat	W40	14:00.91	
Dean Wilkie	Vis	8.84		Brian Hewitt	M70	17:13.44	
Malachi MacKay	M40	9.09		Bob Schickert	M80	21:59.47	
Jenn Parker	W55	9.33					
Dayna Lagat	Vis	9.33		<b>3000m walk</b>			
Sue Coate	W55	9.65		Tayte Moore	Vis	18:10.16	
Tammi Doyle	W50	9.72		Victor Munoz	M70	20:10.07	
Dave Wilkie	M65	9.79		Marcela Ruiz	W60	22:11.35	
Catherine Manners	W40	9.89		Lynne Schickert	W80	25:47.09	
				Steve Travell	M65	28:15.41	
Heat 2				<b>Long Jump</b>			
Dominic Lagat	M40	8.22		Jenn Parker	W55	4.49	
Hannah Etridge	Vis	9.08		Dayna Lagat	Vis	4.23	
Naomi Lagat	W40	10.19		Sue Coate	W55	4.10	
Larissa Lagat	Vis	10.65		Lisa Limonas	W55	3.81	
Sydelle Hynds	Vis	11.31		Dave Wilkie	M65	3.76	
Delia Baldock	W60	12.62		Dave Wyatt	M70	3.70	
Bob Schickert	M80	13.15		Hannah Etridge	Vis	3.67	
Terri Carr	W60	14.62		Tammi Doyle	W50	3.59	
Jackie Halberg	W75	16.20		Larissa Lagat	Vis	3.51	
Lynne Schickert	W80	16.50		Gay Wyatt	W70	3.02	
				Lynne Schickert	W80	1.86	
<b>400m</b>				<b>Shot</b>			
Heat1				Sue Coate	W55	10.03	
Dayna Lagat	Vis	67.52		Jenn Parker	W55	9.96	
Larissa Lagat	Vis	74.37		Jerome Conway-Mortimer	M50	9.24	
Naomi Lagat	W40	75.07		Dayna Lagat	Vis	9.21	
Catherine Manners	W40	82.46		Dave Wilkie	M65	8.02	
Carol Bowman	W70	1:30.87		Tammi Doyle	W50	7.83	
Sydelle Hynds	Vis	1:44.73		Malachi MacKay	M40	7.57	
				Lisa Limonas	W55	7.64	
Heat 2				Jacinta Thompson	W45	7.48	
Ciarein Hoey	Vis	54.64		Larissa Lagat	Vis	6.83	
Dominic Lagat	M40	54.69		Hannah Etridge	Vis	6.42	
Matt Walker	M40	65.13		Terri Carr	W60	5.68	
<b>1500m</b>				<b>Discus</b>			
Dean Wilkie	Vis	5:30.71		Jenn Parker	W55	28.04	
Malachi MacKay	M40	5:50.92		Jerome Conway-Mortimer	M50	26.03	
Isabella Tolardo	Vis	6:42.00		Dayna Lagat	Vis	25.96	
Brian Hewitt	M70	7:58.97		Dave Wilkie	M65	25.40	
Silke Peglow	W55	9:04.47		Dominic Lagat	M40	24.02	
Sydelle Hynds	Vis	9:37.08		Malachi MacKay	M40	23.08	
				Sue Coate	W55	21.81	
<b>1500m walk</b>				Tammi Doyle	W50	19.23	
Karyn Tolardo	W55	9:44.35		Jacinta Thompson	W45	18.24	
Victor Munoz	M70	9:49.11		Terri Carr	W60	14.09	
Marcela Ruiz	W60	10:43.97		Hannah Etridge	Vis	12.99	
Glenys Duncan	W80	14:16.43					
<b>5000m</b>							
Dominic Lagat	M40	19:32.81					
Isabella Tolardo	Vis	25:16.53					
Silke Peglow	W55	32:02.49					
<b>5000m walk</b>							
Karyn Tolardo	W55	32:36.34					

## Bunbury – 4 January

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### Outdoor Pentathlon – men

		Long Jump	Javelin	200m	Discus	1500m
Tyne Timmers	M40	4.41	28.82	26.6	22.94	4:47.3
		350	332	569	336	719
	Total points	2306				

#### 200m

Harold Membrey	M70	38.8
Ruth Johnson	W80	50.4

#### Long Jump

Ruth Johnson	W80	2.32
Luella Jenkins	W80	2.15

#### Discus

Garry Hastie	M60	29.16
Harold Membrey	M70	19.72
Sharon Moloney	W60	14.57
Luella Jenkins	W80	12.95
Ruth Johnson	W80	9.86

#### Javelin

Garry Hastie	M60	33.20
Harold Membrey	M70	15.77
Sharon Moloney	W60	11.54
Luella Jenkins	W80	10.28
Ruth Johnson	W80	9.20

## WAAS – 7 January

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#### 60m

Simon Martin	M40	8.8
Dave Wilkie	M65	9.5
Anthony Misson	Vis	16.3
John Dennehy	M65	16.7

#### 100m

Dave Wilkie	M65	15.6
Mike Anderson	M75	24.5
John Dennehy	M65	25.3
Anthony Misson	Vis	25.9

#### 1000m

Glenn Rogers	M60	3:34.7
Isabella Tolardo	Vis	4:16.0
Mark Dawson	M60	4:36.0

#### 1000m walk

Johan Hagedoorn	M80	7:20.5
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#### 3000m

Glenn Rogers	M60	11:58
Isabella Tolardo	Vis	14:26
Mark Dawson	M60	15:31

#### 3000m walk

Karyn Tolardo	W55	18:24
Andrew Brooker	M55	18:59
Wendy Farrow	W55	21:16
Johan Hagedoorn	M80	21:53
Steve Travell	M65	26:28
Glenys Duncan	W80	27:58

#### Javelin

Dave Wilkie	M65	23.85
Christina Faithfull	W75	12.56
Mike Anderson	M75	9.00

#### Discus

Dave Wilkie	M65	25.60
Christina Faithfull	W75	14.94
Mike Anderson	M75	14.90

## Bunbury – 7 January

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#### 100m

Tyne Timmers	M40	13.7
Harold Membrey	M70	17.9
Luella Jenkins	W80	24.2

#### 800m

Tyne Timmers	M40	2:15.8
Ross Goulden	M75	3:24.9
Garry Hastie	M60	3:55.1

#### High Jump

Ross Goulden	M75	1.22
Luella Jenkins	W80	0.86

#### Javelin

Garry Hastie	M60	34.12
Tyne Timmers	M40	29.24
Harold Membrey	M70	16.57
Sharon Moloney	W60	12.52
Luella Jenkins	W80	10.32
Ruth Johnson	W80	9.69

**ECAC – 9 January**

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**100m**

## Heat 1

Jacob Ouwendyk	Vis	12.65
Matt Walker	M40	12.81
Connor Ouwendyk	Vis	13.50
Jenn Parker	W55	14.91
Sue Coate	W55	15.32
Barbara Blurton	W70	17.21

## Heat 2

Hannah Etridge	Vis	15.04
Jayden Hynds	Vis	17.63
Amelia Ouwendyk	Vis	18.04
Sydelle Hynds	Vis	20.97
Jackie Halberg	W75	26.09
Lynne Schickert	W80	27.84

**200m**

## Heat 1

Matt Walker	M40	26.89
Tony Pfaff	M35	28.82
Jenn Parker	W55	30.62
Sue Coate	W55	31.63
Dave Wilkie	M65	32.52
Tammi Doyle	W50	32.78
Barbara Blurton	W70	35.80

## Heat 2

Malachi MacKay	M40	29.48
Hannah Etridge	Vis	30.75
Jayden Hynds	Vis	37.22
Trevor Scott	M65	39.23
Carol Bowman	W70	39.60
Dante van Heerwaarden	Vis	40.14
Tegan Durbridge	W35	42.56
Sydelle Hynds	Vis	45.48
Bob Schickert	M80	48.50
Jackie Halberg	W75	63.53

**800m**

Tony Pfaff	M35	2:35.95
Trevor Scott	M65	2:47.00
Andy Roach	M45	2:49.97
Amelia Ouwendyk	Vis	3:02.13
Isabella Tolardo	Vis	3:25.63
Brian Hewitt	M70	3:48.53
Silke Peglow	W55	4:25.08
Karyn Tolardo	W55	4:26.03

**800m walk**

Fiona van Heerwaarden	W45	4:50.43
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**3000m**

Anthony Grendon	M60	10:12.16
Tony Pfaff	M35	11:10.61
Andy Roach	M45	13:34.61
Isabella Tolardo	Vis	14:52.57
Tegan Durbridge	W35	14:52.83
Mike Meredith	M60	17:23.96

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**Strive, WAAS – 10 January**

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**100m**

Malachi MacKay	M40	13.81	+2.1
Joe-Anne Dannenberg	W50	14.17	+2.4
John Dennehy	M65	18.86	+2.6
Barrie Kernaghan	M80	20.47	+2.6

**200m**

Matthew Konsolis	M35	23.96	+2.3
Mark Dawson	M60	35.31	+2.1

**3000m walk**

Karyn Tolardo	W55	19:10.46
Steve Travell	M65	26:36.89

**2000m steeplechase**

Trevor Scott	M65	8:31.88
Gabriel van Heerwaarden	Vis	9:33.59
Tammi Doyle	W50	10:48.15
Jayden Hynds	Vis	10:55.16
Amelia Ouwendyk	Vis	10:56.32
Tegan Durbridge	W35	12:04.00
Hannah Etridge	Vis	12:38.97
Fiona van Heerwaarden	W45	12:40.31
Sydelle Hynds	Vis	12:41.98
Silke Peglow	W55	12:53.57
Bob Schickert	M80	15:55.43

**High Jump**

Mariette Botha	W40	1.43
Jenn Parker	W55	1.37
Dave Wilkie	M65	1.34
Malachi MacKay	M40	1.28
Dave Wyatt	M70	1.25
Gabriel van Heerwaarden	Vis	1.25
Sue Coate	W55	1.22
Lisa Limonas	W55	1.16
Jacinta Thompson	W45	1.16
Tammi Doyle	W50	1.13
Gay Wyatt	W70	1.07
Lynne Schickert	W80	0.95
Carol Bowman	W70	0.89

**Hammer**

Fujiko MacKay	Vis	38.10
Jenn Parker	W55	31.58
Ben Botha	M45	28.91
Malachi MacKay	M40	22.34
Yumeko MacKay	Vis	18.54
Terri Carr	W60	16.03
Andrea Penny	W45	12.81

**Weight**

Ben Botha	M45	9.76
Terri Carr	W60	6.41
Andrea Penny	W45	5.02

**3000m**

Ian Thompson	M45	9:55.66
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**Pole Vault**

Amanda Bisk	W35	3.45
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**Discus**

Malachi MacKay	M40	22.15
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**WA Country Championships, Bunbury – 10-12 January**

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**200m**

Harold Membrey M70 36.31

**800m**

Tyne Timmers M40 2:11.30

**1500m**

Tyne Timmers M40 4:42.48

**1500m walk**

Garry Hastie M60 8:28.98

**Discus**

Garry Hastie M60 28.67

**Javelin**

Garry Hastie M60 34.85

**Cadbury Marathon, Hobart – 11 January**

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**Marathon**

Mitchell Cleasby M65 3:31:20

Denise Cleasby W65 4:37:58

**WAAS – 14 January**

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**100m**

## Heat 1

Amanda O'Shaughnessy W35 16.5

Juliana Kelly W60 16.5

John Dennehy M65 25.4

Anthony Misson Vis 35.8

## Heat 2

Ciarein Hoey Vis 12.2

Simon Martin M40 13.8

Ken Stone M50 13.9

**200m**

## Heat 1

Ken Stone M50 29.4

Simon Martin M40 30.7

John McShane M60 33.1

Mark Dawson M60 40.4

## Heat 2

Amanda O'Shaughnessy W35 35.7

Juliana Kelly W60 36.0

John Dennehy M65 54.9

Anthony Misson Vis 1:46.3

**1500m**

Amanda O'Shaughnessy W35 6:29.0

Isabella Tolardo Vis 6:37.2

Mark Dawson M60 6:51.9

John McShane M60 7:08.7

**1500m walk**

Wendy Farrow W55 10:16.8

Johan Hagedoorn M80 11:14.5

Glenys Duncan W80 13:50.1

**3000m**

Mark Dawson M60 14:49.0

**3000m walk**

Karyn Tolardo W55 18:41.0

Wendy Farrow W55 20:59.9

Johan Hagedoorn M80 23:09.1

**Shot**

Alex Newman M45 10.95

Andrew Ward M60 9.33

Christina Faithfull W75 6.04

Mike Anderson M75 5.90

**Discus**

Alex Newman M45 41.99

Andrew Ward M60 37.63

Christina Faithfull W75 16.92

Mike Anderson M75 15.56

**Bunbury – 14 January**

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**200m**

Tyne Timmers M40 27.8

Janet Smith W45 31.4

Ruth Johnson W80 51.9

Luella Jenkins W80 55.9

**1500m**

Tyne Timmers M40 4:51.4

Janet Smith W45 6:03.7

**Triple Jump**

Janet Smith W45 8.85

Ruth Johnson W80 5.19

Luella Jenkins W80 4.58

**Discus**

Jo Peters M70 38.16

Garry Hastie M60 26.47

Tyne Timmers M40 23.30

Harold Membrey M70 19.42

Sharon Moloney W60 14.62

Luella Jenkins W80 13.22

Ruth Johnson W80 9.90

**ECAC – 16 January**

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<b>60m</b>			<b>3000m walk</b>		
Heat 1			Karyn Tolardo	W55	19:28.66
Matt Walker	M40	8.06	Fiona van Heerwaarden	W45	21:09.89
Malachi MacKay	M40	9.00	Steve Travell	M65	30:36.68
Michelle Davies	W40	9.15	<b>Long Jump</b>		
Sue Coate	W55	9.44	Jenn Parker	W55	4.34
Jenn Parker	W55	9.52	Sue Coate	W55	3.93
Catherine Manners	W40	9.93	Dave Wyatt	M70	3.88
Stephen Crabbe	M75	11.67	Tammi Doyle	W50	3.82
Heat 2			Lisa Limonas	W55	3.73
Des Walsh	M70	10.32	Gay Wyatt	W70	3.14
Tegan Durbridge	W35	12.57	Carol Bowman	W70	2.57
Bob Schickert	M80	12.80	Lynne Schickert	W80	1.86
Mike Anderson	M75	14.58	<b>Triple Jump</b>		
Lynne Schickert	W80	15.71	Lisa Limonas	W55	7.51
<b>100m</b>			Gay Wyatt	W70	6.73
Heat1			Lynne Schickert	W80	4.65
Matt Walker	M40	12.90	<b>Discus</b>		
Malachi MacKay	M40	14.14	Alex Newman	M45	38.86
Michelle Davies	W40	15.41	Jenn Parker	W55	27.88
Catherine Manners	W40	15.68	Jerome Conway-Mortimer	M50	27.01
Heat 2			Ben Botha	M45	24.93
Des Walsh	M70	16.78	Malachi MacKay	M40	23.95
Stephen Crabbe	M75	19.22	Des Walsh	M70	23.59
Tegan Durbridge	W35	20.08	Anika Botha	Vis	23.31
Jackie Halberg	W75	27.51	Sue Coate	W55	21.60
<b>1500m</b>			Mariette Botha	W40	21.00
Andy Roach	M45	5:53.48	Tammi Doyle	W50	18.30
Mariette Botha	W40	6:21.87	Mike Anderson	M75	15.82
Isabella Tolardo	Vis	6:48.36	Zelda Claassen	Vis	15.04
John McShane	M60	7:12.54	<b>Shot</b>		
Fiona van Heerwaarden	W45	8:24.13	Alex Newman	M45	11.22
<b>1500m walk</b>			Sue Coate	W55	9.46
Karyn Tolardo	W55	9:51.19	Jenn Parker	W55	9.30
<b>80m hurdles</b>			Jerome Conway-Mortimer	M50	9.16
Jenn Parker	W55	15.82	Ben Botha	M45	8.59
Sue Coate	W55	17.41	Mariette Botha	W40	8.31
Tammi Doyle	W50	17.86	Des Walsh	M70	7.82
<b>3000m</b>			Lisa Limonas	W55	7.76
Andy Roach	M45	13:58.06	Malachi MacKay	M40	7.75
Isabella Tolardo	Vis	14:37.23	Tammi Doyle	W50	7.48
Tegan Durbridge	W35	15:14.55	Anika Botha	Vis	7.28
John McShane	M60	17:23.07	Zelda Claassen	Vis	5.72
Bob Schickert	M80	21:56.98			

**Strive, WAAS – 18 January**

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<b>60m</b>				<b>400m</b>			
Kyle Ennis	M30	6.88	+2.7	Matthew Konsolis	M35	52.02	
Adrian McKenzie	M50	7.44	+1.1	Malachi MacKay	M40	62.84	
Mathew Walker	M40	8.04	+3.5	Mark Dawson	M60	78.22	
Brian Callaghan	M60	8.76	+1.5	<b>5000m</b>			
Joe-Anne Dannenberg	W50	8.88	+1.7	Glen Fidler	M35	18:52.57	
John Dennehy	M65	11.59	+2.2	Clare Wardle	W50	20:34.08	
Alan Deans	M70	12.30	+2.2	<b>Pole Vault</b>			
Barrie Kernaghan	M80	13.44	+2.2	Amanda Bisk	W35	3.60	
<b>200m</b>				Brad Schirmer	M50	3.00	
Kyle Ennis	M30	21.19	+2.8	Alexander Newman	M45	3.00	
Mathew Walker	M40	26.28	+3.3	Phil Smyth	M75	2.35	
Kimberly Young	W30	27.56	+3.5	Geoff Brayshaw	M75	2.35	
Joe-Anne Dannenberg	W50	29.20	+1.3	Malachi MacKay	M40	2.20	
Mark Dawson	M60	34.68	+2.0	Sue Coate	W55	2.20	
John Dennehy	M65	40.81	+2.0				

**Long Jump**

Jenn Parker	W55	4.35	+4.7
Sue Coate	W55	4.00	+2.1

**Shot**

Jenn Parker	W55	9.63
Sue Coate	W55	9.32
Jerome Conway-Mortimer	M50	8.83

**Javelin**

Sue Coate	W55	24.48
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**Discus**

Jenn Parker	W55	27.98
Malachi MacKay	M40	24.03

**Bunbury – 18 January**

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**Outdoor Pentathlon – women**

		100m	Shot	Long Jump	Javelin	800m
Janet Smith	W45	13.8	8.76	4.52	25.81	2:50.9
		725	566	617	519	607
	Total points	3034				
Ruth Johnson	W80	20.9	5.21	2.27	10.31	5:11.0
		472	469	352	370	219
	Total points	1882				
Luella Jenkins	W80	21.6	5.12	2.19	10.21	6:02.4
		406	459	319	365	43
	Total points	1592				

**Shot**

Garry Hastie	M60	8.88
Michelle Krokosz	W35	8.35
Sharon Moloney	W60	6.26

**Javelin**

Garry Hastie	M60	34.75
Michelle Krokosz	W35	23.04
Sharon Moloney	W60	12.54

**Bunbury – 21 January**

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**400m**

Tyne Timmers	M40	57.8
Janet Smith	W45	74.9
Ruth Johnson	W80	1:58.9
Luella Jenkins	W80	2:40.7

**Long Jump**

Tyne Timmers	M40	4.63
Janet Smith	W45	4.17
Ruth Johnson	W80	2.34
Luella Jenkins	W80	2.30

**80m hurdles**

Janet Smith	W45	14.7
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**Hammer**

Jo Peters	M70	40.04
Harold Membrey	M70	24.41
Sharon Moloney	W60	20.41
Ruth Johnson	W80	18.78
Luella Jenkins	W80	16.61
Janet Smith	W45	16.53

**WAAS – 21 January**

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**60m**

Heat 1		
Mike Anderson	M75	14.6
Anthony Misson	Vis	16.0
John Dennehy	M65	16.3

**Heat 2**

Gin Ang	M60	8.0
Simon Martin	M40	8.2
Brian Callaghan	M60	8.5

**200m**

Simon Martin	M40	29.2
Brian Callaghan	M60	30.5
John McShane	M60	34.9
John Dennehy	M65	53.4
Anthony Misson	Vis	82.4

**400m**

John McShane	M60	78.4
Glenn Rogers	M60	79.1
Isabella Tolardo	Vis	83.3
Johan Hagedoorn	M80	2:07.0

**3000m**

Glenn Rogers	M60	11:55.4
Richard Harris	M65	12:37.7
Isabella Tolardo	Vis	14:47.7

**3000m walk**

Karyn Tolardo	W55	19:04.3
Johan Hagedoorn	M80	22:36.6

**Discus**

Andrew Ward	M60	37.44
Mike Anderson	M75	14.00

**Hammer**

Andrew Ward	M60	28.84
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**ECAC – 23 January**

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**200m**

## Heat 1

Malachi MacKay	M40	28.83
Clementine Jones	Vis	29.79
Mariette Botha	W40	31.80
Tammi Doyle	W50	32.18
Des Walsh	M70	35.90

## Heat 2

John McShane	M60	35.30
Nat Lockyer	W45	36.17
Charlotte Kelly	Vis	38.39
Trevor Scott	M65	39.19
Terri Carr	W60	54.63
Jackie Halberg	W75	56.80

**400m**

Sue Coate	W55	77.90
John McShane	M60	86.98
Barbara Blurton	W70	1:30.51
Charlotte Kelly	Vis	1:41.44
Brian Hewitt	M70	1:50.12

**1000m**

Trevor Scott	M65	3:30.34
Andy Roach	M45	3:37.01
Olivia Tuck	W35	3:38.67
Isabella Tolardo	Vis	4:16.04
John McShane	M60	4:29.00
David Adams	M45	4:51.48
Tegan Durbridge	W35	4:52.61
Karyn Tolardo	W55	4:53.44
Crystal Glossop	W45	4:54.73
Brian Hewitt	M70	5:03.07
Lara Botha	Vis	5:09.25
Anika Botha	Vis	5:14.01
Charlotte Kelly	Vis	5:20.21
Fiona van Heerwaarden	W45	5:34.09
Nat Lockyer	W45	5:53.15
Bob Schickert	M80	6:09.28

**5000m**

Olivia Tuck	W35	21:39.79
Andy Roach	M45	24:06.99
Isabella Tolardo	Vis	26:28.78
Tegan Durbridge	W35	26:44.80
Crystal Glossop	W45	26:53.04
David Adams	M45	35:31.82

**5000m walk**

Karyn Tolardo	W55	33:18.14
Fiona van Heerwaarden	W45	33:55.74

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**Strive, WAAS – 24 January**

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**100m**

Kyle Ennis	M30	10.77	+0.8
Mathew Walker	M40	12.86	-0.7
Gin Ang	M60	14.04	-0.7
Malachi MacKay	M40	14.13	-1.3
Mark Dawson	M60	17.20	-1.9
John Dennehy	M65	19.69	-1.9
Barrie Kernaghan	M80	21.77	-1.9

**400m**

Matthew Konsolis	M35	52.05
Malachi MacKay	M40	65.72
Mark Dawson	M60	76.86

**1500m**

Ian Thompson	M45	4:35.87
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**3000m**

Trevor Scott	M65	11:54.87
Brian Hewitt	M70	18:57.76

**3000m walk**

Lynne Schickert	W80	26:24.25
Steve Travell	M65	28:10.57

**High Jump**

Ryan Satinover	M40	1.65	
Hans Venter	M60	1.54	SR
Malachi MacKay	M40	1.34	
Mariette Botha	W40	1.31	
Sue Coate	W55	1.25	
Dave Wyatt	M70	1.22	
Jacinta Thompson	W45	1.19	
Lisa Limonas	W55	1.16	
Tammi Doyle	W50	1.16	
Gay Wyatt	W70	1.01	
Lynne Schickert	W80	0.92	
Zac Satinover	Vis	0.92	

**Javelin**

Brad Schirmer	M50	34.77
Sue Coate	W55	30.26
Ben Botha	M45	24.58
Malachi MacKay	M40	20.51
Nat Lockyer	W45	20.27
Lisa Limonas	W55	20.05
Tammi Doyle	W50	19.31
Des Walsh	M70	17.86
Anika Botha	Vis	17.42
Sean Mousley	M40	17.09
Mariette Botha	W40	15.20
Jacinta Thompson	W45	16.17
Lara Botha	Vis	13.45
Carol Bowman	W70	10.05
Terri Carr	W60	6.97

**Hammer**

Ben Botha	M45	28.32
Malachi MacKay	M40	23.55
Zelda Claassen	Vis	22.46
Anika Botha	Vis	21.00
Tammi Doyle	W50	17.36
Jacinta Thompson	W45	16.45
Terri Carr	W60	14.23
Nat Lockyer	W45	13.49
Sean Mousley	M40	11.32

**Pole Vault**

Brad Schirmer	M50	2.80
Malachi MacKay	M40	2.50
Phil Smyth	M75	2.20

**3000m walk**

Melissa Lewis	W35	16:06.43
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**Bunbury – 25 January**

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**Throws pentathlon**

		<b>Hammer</b>	<b>Shot</b>	<b>Discus</b>	<b>Javelin</b>	<b>Weight</b>
Jo Peters	M70	38.78 697	11.59 796	39.15 787	32.20 590	15.92 811
	Total points	3681				
Jenn Parker	W55	31.56 602	9.09 610	29.51 SR 697	22.05 496	9.01 490
	Total points	2895				
Sue Coate	W55	22.98 409	9.73 662	18.66 400	27.72 649	8.86 480
	Total points	2600				
Luella Jenkins	W80	16.74 433	5.58 511	13.01 456	11.22 410	8.53 601
	Total points	2411				
Garry Hastie	M60	24.37 352	9.21 563	29.51 435	34.08 538	9.71 439
	Total points	2327				
Ruth Johnson	W80	19.06 508	5.05 451	11.30 383	9.13 317	7.09 482
	Total points	2141				
Harold Membrey	M70	24.87 405	7.98 510	17.97 293	17.87 269	10.64 503
	Total points	1980				
Sharon Moloney	W60	20.69 411	6.05 411	16.48 390	12.97 296	7.97 384
	Total points	1892				
Garry Parker	M60	23.26 331	7.37 427	23.28 319	11.19 99	7.84 335
	Total points	1511				

**Hammer**

Brian Waldhuter M80 17.07

**Discus**

Brian Waldhuter M80 15.43

**WAAS – 28 January**

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**60m**

Heat 1  
Robert Brooke Vis 8.3  
Ken Stone M50 8.5  
Brian Callaghan M60 8.7

Heat 2  
Juliana Kelly W60 10.1  
John Dennehy M65 16.7  
Anthony Misson Vis 17.0

**100m**

Heat 1  
Mike Anderson M75 24.7  
John Dennehy M65 26.6  
Anthony Misson Vis 27.5

Heat 2  
Ken Stone M50 13.6  
Brian Callaghan M60 13.6  
Dave Wilkie M65 15.3  
Juliana Kelly W60 16.1

**3000m**

Richard Harris M65 12:17.3  
Robert Brooke Vis 13:14.9  
Mark Dawson M60 14:55.7

**800m**

Richard Harris M65 2:53.4  
Mark Dawson M60 3:09.7  
Glenn Rogers M60 3:26.1  
Johan Hagedoorn (walk) M80 5:46.8

**5000m**

Glenn Rogers M60 20:21.7  
Isabella Tolardo Vis 25:05.2

**3000m walk**

Andrew Brooker M55 19:31.5  
Wendy Farrow W55 21:29.4  
Johan Hagedoorn M80 22:12.2  
Glenys Duncan W80 28:57.6

**Shot**

Dave Wilkie M65 7.97  
Brian Callaghan M60 7.95  
Mike Anderson M75 5.61  
Juliana Kelly W60 5.39

**Discus**

Dave Wilkie M65 24.84  
Mike Anderson M75 14.77



**Bunbury – 28 January**

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<b>60m</b>			<b>Shot</b>		
Tyne Timmers	M40	8.2	Jo Peters	M70	12.24
Janet Smith	W45	8.6	Garry Hastie	M60	9.20
Brian Waldhuter	M80	12.5	Janet Smith	W45	8.69
Ruth Johnson	W80	12.9	Tyne Timmers	M40	8.65
<b>400m hurdles</b>			Harold Membrey	M70	8.15
Tyne Timmers	M40	69.2	Sharon Moloney	W60	6.14
Janet Smith	W45	75.5	Brian Waldhuter	M80	6.05
<b>3000m walk</b>			Ruth Johnson	W80	5.16
Garry Hastie	M60	21:02.8			
<b>3000m</b>					
Tyne Timmers	M40	11:47.4			

**ECAC – 30 January**

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<b>100m</b>			<b>3000m</b>		
Heat 1			Trevor Scott	M65	11:51.62
Ciarain Hoey	Vis	12.54	Campbell Till	M65	15:18.93
Matt Walker	M40	13.14	Tegan Durbridge	W35	15:25.31
Ansen Soon	M30	13.89	Brian Hewitt	M70	16:48.02
Sue Coate	W55	14.99	John McShane	M60	17:23.89
Jenn Parker	W55	15.14	David Adams	M45	19:23.98
Michelle Davies	W40	15.54	Bob Schickert	M80	22:33.00
Catherine Manners	W40	15.72			
Heat 2			<b>Long Jump</b>		
Clementine Jones	Vis	14.76	Jenn Parker	W55	4.42
Deanna Drabsch	W30	15.32	Sue Coate	W55	4.10
Vicki Townsend (ACT)	W60	16.30	Vicki Townsend (ACT)	W60	3.72
Hannah Gethin	W30	17.16	Lisa Limonas	W55	3.70
Nat Lockyer	W45	17.49	Tammi Doyle	W50	3.70
Trevor Scott	M65	18.67	Dave Wyatt	M70	3.56
Bob Schickert	M80	25.27	Deanna Drabsch	W30	3.51
Jackie Halberg	W75	25.46	Nat Lockyer	W45	3.50
Heat 3			Gay Wyatt	W70	3.25
Matt Walker	M40	13.19	Hannah Gethin	W30	2.88
Barbara Blurton	W70	17.13	Carol Bowman	W70	2.70
Jenn Parker	W55	17.15	Lynne Schickert	W80	1.92
Hannah Gethin	W30	17.16	<b>Triple Jump</b>		
Trevor Scott	M65	18.00	Lisa Limonas	W55	7.64
<b>200m</b>			Gay Wyatt	W70	6.60
Matt Walker	M40	27.63	Lynne Schickert	W80	4.47
Ansen Soon	M30	28.62	<b>Discus</b>		
Catherine Manners	W40	33.13	Andrew Ward	M60	37.94
Tammi Doyle	W50	33.19	Mike Anderson	M75	15.69
Barbara Blurton	W70	36.26	Terri Carr	W60	13.49
John McShane	M60	36.33	Fiona van Heerwaarden	W45	11.16
Tegan Durbridge	W35	41.98	<b>Weight</b>		
<b>800m</b>			Andrew Ward	M60	12.54
Ciarain Hoey	Vis	2:19.66	Terri Carr	W60	6.03
Ansen Soon	M30	2:23.25	<b>Super weight</b>		
David Adams	M45	3:17.81	Mike Anderson	M75	3.39
Hannah Gethin	W30	3:18.32	<b>100lb weight</b>		
John McShane	M60	3:24.20	Harold Membrey	M70	2.18
Tegan Durbridge	W35	3:27.59			
Brian Hewitt	M70	3:42.40			
Fiona van Heerwaarden	W45	4:11.93			
<b>3000m walk</b>					
Fiona van Heerwaarden	W45	20:09.93			
Steve Travell	M65	27:17.54			