

February 2025 Results

*This listing includes all events where members are known to have competed
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

Bunbury – 1 February

Weight

Harold Membrey	M70	11.21
Luella Jenkins	W80	9.08
Michelle Krokosz	W35	8.46
Sharon Moloney	W60	8.30
Phil Fenn	M40	7.25
Ruth Johnson	W80	6.91

100lb weight

Phil Fenn	M40	3.27	SR
Harold Membrey	M70	2.15	
Michelle Krokosz	W35	2.03	SR
Luella Jenkins	W80	0.62	
Ruth Johnson	W80	0.42	

AWA Combined Events Championships, WAAS – 1-2 February

Heptathlon

		80mH	HJ	Shot	200m	LJ	Jav	800m	
Jenn Parker	W55	14.68 SR	1.30	9.14	30.38 w/a	4.36	17.48	3:03.39	
		847	747	614	767	747	375	636	
		Total points							
		4733 SR							
Janet Smith	W45	14.73	1.30	8.57	28.89 w/a	4.29 w/a	25.50	2:42.52	
		694	577	551	696	543	512	701	
		Total points	4274 (not valid for record due to wind)						
			4226 (re-scored using second-best LJ)						SR
Tammi Doyle	W50	17.19	1.18	8.19	31.76 w/a	3.88 w/a	23.23	3:04.97	
		466	502	482	575	490	465	538	
		Total points	3518						
Carol Bowman	W70	33.92	0.85	4.82	39.49 w/a	2.41	9.31	3:56.21	
		0	340	400	483	261	263	450	
		Total points	2197 SR						
Nataleen Lockyer	W45	17.47	1.03	7.25	37.34 w/a	3.45 w/a	13.38	3:59.71	
		375	266	447	184	303	228	83	
		Total points	1886						

Decathlon

Sue Coate	W55	100m	LJ	Shot	HJ	400m	80mH	Discus	
		14.58	4.20	9.83	1.26	82.78	16.62	21.24	
		817	686	670	689	385	603	469	
		PV	Jav	1500m					
		2.40	29.64	6:38.05					
		594	700	631					
		Total Points	6244 WR pending						
Brad Schirmer	M55	100m	LJ	Shot	HJ	400m	100mH	Discus	
		13.43	4.71	10.80	1.50	61.45	19.49	29.28	
		707	617	692	661	684	525	501	
		PV	Jav	1500m					
		2.70	39.51	6:29.05					
		475	634	391					
		Total Points	5887 SR						
Dave Wilkie	M65	100m	LJ	Shot	HJ	400m	100mH	Discus	
		16.18	3.78	7.81	1.35	85.64	22.47	24.16	
		439	498	510	661	161	339	378	
		PV	Jav	1500m					
		2.20	23.03	7:34.38					
		421	370	285					
		Total Points	4062						

		100m	LJ	Shot	HJ	400m	110mH	Discus
Malachi MacKay	M40	13.94	4.51	7.10	1.32	63.89	30.48	22.49
		390	371	360	317	387	0	327
		PV	Jav	1500m				
		2.40	21.11	5:35.86				
		255	211	449				
	Total Points	3067						

		100m	LJ	Shot	HJ	400m	110mH	Discus
Paul Wilmot	M30	14.04	4.11	6.68	1.44	69.79	23.65	19.17
		307	224	289	345	142	119	257
		PV	Jav	1500m				
		1.70	25.83	6:46.25				
		86	241	107				
	Total Points	2117						

Bunbury – 4 February

100m

Tyne Timmers	M40	13.0
Michael Byrne	M70	15.5
Janet Smith	W45	15.9
Harold Membrey	M70	17.2
Ruth Johnson	W80	21.0
Brian Waldhuter	M80	21.0
Luella Jenkins	W80	21.4

800m

Tyne Timmers	M40	2:13.8
Michael Byrne	M70	2:54.8
Janet Smith	W45	3:15.4
Luella Jenkins	W80	6:30.9
Ruth Johnson	W80	8:58.8

High Jump

Brian Waldhuter	M80	1.10
Luella Jenkins	W80	0.90
Ruth Johnson	W80	0.90

Weight

John Fettus	M50	16.08
Jo Peters	M70	15.98
Phil Fenn	M40	7.76

Javelin

Jo Peters	M70	31.69
Tyne Timmers	M40	28.75
Garry Hastie	M60	27.07
Phil Fenn	M40	22.09
Harold Membrey	M70	17.37
Michael Byrne	M70	15.67
Sharon Moloney	W60	12.60
Brian Waldhuter	M80	10.71
Ruth Johnson	W80	9.52
Luella Jenkins	W80	7.97

WAAS – 4 February

100m

Simon Martin	M40	14.2
John Dennehy	M65	28.1
Anthony Misson	Vis	36.7

200m

Simon Martin	M40	30.8
John McShane	M60	32.7
John Dennehy	M65	52.8
Anthony Misson	Vis	64.9

1500m

Campbell Lindsay	Vis	5:47.7
Richard Harris	M65	6:01.6
Mark Dawson	M60	6:28.0
David Adams	M45	7:04.8
John McShane	M60	7:21.5

1500m walk

Johan Hagedoorn	M80	10:42.2
Glenys Duncan	W80	14:01.0

3000m

Campbell Lindsay	Vis	11:54.9
Mark Dawson	M60	14:27.1
David Adams	M45	16:23.3

3000m walk

Johan Hagedoorn	M80	22:30.6
Glenys Duncan	W80	28:57.6

ECAC – 6 February

60m			1500m		
Heat 1			Anthony Grendon	M60	4:36.95
Mark Harper	VMA	7.63	Nikola Radosevic	Vis	4:42.41
Matt Walker	M40	8.07	Tom Collings	M40	4:49.03
Melissa Foster	W45	8.47	Aleksa Rodosevic	Vis	5:06.44
Clemie Jones	Vis	8.84	Ciarein Hoey	Vis	5:10.18
Simon Martin	M40	8.88	Cleo Collings	Vis	5:39.87
Cleo Collings	Vis	9.37	Issy O'Hore	Vis	5:41.33
Catherine Manners	W40	9.86	Andy Roach	M50	5:54.94
Ava Collings	Vis	10.88	Riley Kerr	Vis	6:22.73
Heat 2			James Kerr	M45	6:23.79
Jenn Parker	W55	9.34	Yan Xinhuan	M50	6:23.83
Charmaine Tuia	W30	9.39	David Adams	M45	6:53.21
Chris Brennan	M55	10.05	Brian Hewitt	M70	7:30.34
Yan Xinhuan	M50	10.08	Karyn Tolardo	W55	8:23.47
Des Walsh	M70	10.35	Fiona van Heerwaarden	W45	8:23.60
Barbara Blurton	W70	10.63	High Jump		
Nat Lockyer	W45	10.66	Mariette Botha	W40	1.44
Carol Bowman	W70	11.71	Malachi MacKay	M40	1.34
Heat 3			Jenn Parker	W55	1.31
Max Tuia	Vis	11.18	Sue Coate	W55	1.22
Caius Tuia	Vis	12.15	Jacinta Thompson	W45	1.19
Delia Baldock	W60	12.34	Lisa Limonas	W55	1.16
Jackie Halberg	W75	15.19	Tammi Doyle	W50	1.13
Steve Travell	M65	15.29	Nat Lockyer	W45	1.04
100m			Gay Wyatt	W70	1.04
Heat 1			Hammer		
Mark Harper	VMA	11.92	Jenn Parker	W55	29.69
Ciarein Hoey	Vis	12.40	Ben Botha	M45	28.37
Matt Walker	M40	12.98	Garry Parker	M60	25.52
Malachi MacKay	M40	13.83	Jacinta Thompson	W45	18.77
Clemie Jones	Vis	13.94	Terri Carr	W60	12.93
Sue Coate	W55	14.82	Andrea Penny	W45	12.62
Catherine Manners	W40	15.30	Javelin		
Tammi Doyle	W50	15.38	Sue Coate	W55	29.39
Eric Hayward	M55	15.66	Tammi Doyle	W50	23.81
Heat 2			Chris Brennan	M55	21.49
Simon Martin	M40	14.22	Malachi MacKay	M40	20.72
Cleo Collings	Vis	14.83	Jenn Parker	W55	20.27
Jenn Parker	W55	15.12	Nat Lockyer	W45	19.13
Charmaine Tuia	W30	15.24	Lisa Limonas	W55	18.72
Des Walsh	M70	16.69	Des Walsh	M70	18.69
Nat Lockyer	W45	16.74	Andrea Penny	W45	10.90
Barbara Blurton	W70	16.92	Carol Bowman	W70	9.62
Ava Collings	Vis	17.48	Terri Carr	W60	7.16
Carol Bowman	W70	18.70	Heat 3		
Heat 3			Max Tuia	Vis	17.90
Max Tuia	Vis	17.90	Caius Tuia	Vis	19.47
Caius Tuia	Vis	19.47	Delia Baldock	W60	20.45
Delia Baldock	W60	20.45	Terri Carr	W60	23.50
Terri Carr	W60	23.50	Jackie Halberg	W75	26.90
Jackie Halberg	W75	26.90	Steve Travell	M65	27.40
Steve Travell	M65	27.40	5000m		
5000m			Riley Kerr	Vis	18:32.75
Riley Kerr	Vis	18:32.75	Andy Roach	M50	24:10.44
Andy Roach	M50	24:10.44	James Kerr	M45	25:35.21
James Kerr	M45	25:35.21	David Adams	M45	27:12.59
David Adams	M45	27:12.59	5000m walk		
5000m walk			Karyn Tolardo	W55	33:28.56
Karyn Tolardo	W55	33:28.56	Fiona van Heerwaarden	W45	36:20.25
Fiona van Heerwaarden	W45	36:20.25	3000m		
3000m			Anthony Grendon	M60	11:37.73
Anthony Grendon	M60	11:37.73	Yan Xinhuan	M50	16:03.66
Yan Xinhuan	M50	16:03.66	Brian Hewitt	M70	16:31.97
Brian Hewitt	M70	16:31.97			

Strive, WAAS – 8 February

200m

Matthew Konsolis	M35	23.86	+1.7
Mathew Walker	M40	26.27	+0.8
Joe-Anne Dannenberg	W50	29.35	+1.7
Mark Dawson	M60	33.22	+2.4
John Dennehy	M65	41.33	+2.4

400m hurdles

Kimberly Young	W30	68.63
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800m

Mark Maslen	M45	2:12.67
Douglas Hill	M45	2:33.49

Long Jump

Melissa Foster	W45	5.37
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Pole Vault

Amanda Bisk	W35	3.75
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High Jump

Malachi MacKay	M40	1.35
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Discus

Paul Jeffery	M50	43.09
Malachi MacKay	M40	24.30

Shot

Paul Jeffery	M50	12.27
Malachi MacKay	M40	7.46

Bunbury – 8 February

Outdoor Pentathlon – men

		Long Jump	Javelin	200m	Discus	1500m
Michael Byrne	M70	3.29	14.41	30.4	16.81	6:12.3
		419	194	712	267	698
	Total points	2290				
Brian Waldhuter	M80	2.70	12.57	44.4	15.11	DNF
		378	204	149	325	0
	Total points	1056				

200m

Ruth Johnson	W80	45.4
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Long Jump

Ruth Johnson	W80	2.40
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Javelin

Garry Hastie	M60	33.91
Phil Fenn	M40	22.10
Harold Membrey	M70	17.46
Sharon Moloney	W60	12.52
Ruth Johnson	W80	10.09

Discus

John Fettus	M50	36.96
Garry Hastie	M60	27.94
Phil Fenn	M40	20.06
Harold Membrey	M70	19.77
Sharon Moloney	W60	15.94
Ruth Johnson	W80	10.80

Busselton Bay Run, Busselton– 8 February

Marathon

José Jerónimo	M60	3:57:48
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WAAS – 11 February

60m

Heat 1		
Gin Ang	M60	8.0
Simon Martin	M40	8.4
Dave Wilkie	M65	9.5

Heat 2

John Dennehy	M65	16.5
Anthony Misson	Vis	16.7

300m

Simon Martin	M40	56.4
Michael Davy	Vis	57.4

800m

Mark Dawson	M60	3:05.2
David Adams	M45	3:20.9
Johan Hagedoorn (walk)	M80	6:10.4

5000m

David Adams	M45	27:00.1
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3000m

Michael Davy	Vis	13:08.1
Mark Dawson	M60	14:17.1

3000m walk

Johan Hagedoorn	M80	22:53.6
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Javelin

Dave Wilkie	M65	25.73
Christina Faithfull	W75	10.45

Shot

Dave Wilkie	M65	7.31
Christina Faithfull	W75	6.31

Bunbury – 11 February

200m

Tyne Timmers	M40	27.5
Balinga Pasco	M35	29.4
Harold Membrey	M70	40.8
Brian Waldhuter	M80	47.8
Ruth Johnson	W80	51.0

1500m

Tyne Timmers	M40	4:54.4
Balinga Pasco	M35	4:55.6

Triple Jump

Brian Waldhuter	M80	5.72
Ruth Johnson	W80	5.32

1500m walk

Garry Hastie	M60	9:02.1
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Discus

Jo Peters	M70	41.03
John Fettus	M50	38.94
Tyne Timmers	M40	27.12
Garry Hastie	M60	24.92
Phil Fenn	M40	19.05
Harold Membrey	M70	18.45
Sharon Moloney	W60	16.23
Brian Waldhuter	M80	12.64
Ruth Johnson	W80	9.73

ECAC – 13 February

200m

Heat 1		
Mark Harper	VMA	24.41
Dominic Lagat	M40	25.27
Matt Walker	M40	27.53
Clemie Jones	Vis	29.09
Jenn Parker	W55	30.90
Andy Roach	M50	32.23
Catherine Manners	W40	32.47

Heat 2

Simon Martin	M40	30.24
Nick Moore	M50	30.85
Tamara Smith	Vis	32.90
Lee Davis	M50	32.91
Emilie Woods	Vis	34.85
Des Walsh	M70	35.09
Chris Brennan	M55	35.98
Barbara Blurton	W70	36.03

Heat 3

Matt Walker	M40	29.34
Peter Woods	M60	36.68
Delia Baldock	W60	42.91
Tegan Durbridge	W35	43.54
Bob Schickert	M80	45.69
Terri Carr	W60	53.64

400m

Heat 1		
Matt Walker	M40	61.67
Malachi MacKay	M40	62.82
Andy Roach	M50	71.06
Sue Coate	W55	71.89
Tammi Doyle	W50	73.40

Heat 2

Dominic Lagat	M40	57.96
Lee Davis	M50	74.26
Gabriel van Heerwarden	Vis	75.02
Peter Woods	M60	84.78
Carol Bowman	W70	88.17
Tegan Durbridge	W35	1:34.63
Delia Baldock	W60	1:41.66
Des Walsh	M70	1:57.91

1 mile walk

Karyn Tolardo	W55	9:47.11
Victor Munoz	M70	10:22.00
Marcela Ruiz	W60	12:11.41
Glenys Duncan	W80	15:00.92

1 mile

Jesse Hamer	Vis	5:11.67
Aleksa Radosevic	Vis	5:41.51
Jovan Radosevic	Vis	6:37.88
Peter Woods	M60	6:59.01
Xinhuan Yan	M50	7:04.18
David Adams	M45	7:06.78
Brian Hewitt	M70	7:55.83
Julie Wilson	W70	8:46.69
Isolde Tietz	W70	9:45.08

3000m

Nikola Radosevic	Vis	10:14.99
Dominic Lagat	M40	11:14.96
Lee Davis	M50	12:04.45
Andy Roach	M50	13:35.87
David Adams	M45	14:36.21
Xinhuan Yan	M50	14:38.90
Tegan Durbridge	W35	15:46.25
Brian Hewitt	M70	15:54.24
Julie Wilson	W70	16:58.28
Peter Tietz	M70	19:28.18
Isolde Tietz	W70	19:29.38
Jim Langford	M80	21:39.70

3000m walk

Eva Tomasini	Vis	17:09.10
Karyn Tolardo	W55	18:47.09
Gabriel van Heerwaarden	Vis	19:13.33
Fiona van Heerwaarden	W45	19:13.64
Victor Munoz	M70	19:24.97
Lynne Schickert	W80	26:47.03

Long Jump

Dominic Lagat	M40	5.10
Malachi MacKay	M40	4.49
Jenn Parker	W55	4.34
Sue Coate	W55	4.03
Lisa Limonas	W55	3.70
Tammi Doyle	W50	3.36
Gay Wyatt	W70	3.31
Singh Sukhdeep	Vis	3.22
Carol Bowman	W70	2.75

Discus

Jenn Parker	W55	29.78	SR
Malachi MacKay	M40	24.90	
Des Walsh	M70	24.06	
Sue Coate	W55	23.92	
Tammi Doyle	W50	19.68	
Chris Brennan	M55	18.29	
Singh Sukhdeep	Vis	15.82	
Terri Carr	W60	13.50	

Strive, WAAS – 14 February

100m

Kimberly Young	W30	13.91	+0.1
Joe-Anne Dannenberg	W50	14.41	+0.1
John Dennehy	M65	19.40	+0.3
Barrie Kernaghan	M80	21.21	+0.3
Alan Deans	M70	21.44	+0.3

400m

Matthew Konsolis	M35	51.52
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1500m

Mark Maslen	M45	4:17.04
Ian Thompson	M45	4:30.56
Douglas Hill	M45	5:12.47

High Jump

Mariette Botha	W40	1.45
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Pole Vault

Brad Schirmer	M55	3.00	SR
Malachi MacKay	M40	2.50	
Geoff Brayshaw	M75	2.40	
Phil Smyth	M75	2.40	
Dave Wilkie	M65	2.40	
Sue Coate	W55	2.30	

Triple Jump

Stephen Edwards	M40	12.13	+0.0
Melissa Foster	W45	10.97	+0.8

Hammer

Ben Botha	M45	28.90
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Bunbury – 15 February

Outdoor Pentathlon – women

		100m	Shot	Long Jump	Javelin	800m
Ruth Johnson	W80	20.4	5.41	2.14	9.10	4:56.8
		522	492	296	316	289
	Total points	1915				
Luella Jenkins	W80	21.3	5.96	2.39	7.68	6:04.8
		434	555	408	254	38
	Total points	1689				

100m

Harold Membrey	M70	17.2
Brian Waldhuter	M80	20.1

Javelin

Garry Hastie	M60	35.58
Phil Fenn	M40	23.73
Harold Membrey	M70	16.80
Sharon Moloney	W60	12.98

Long Jump

Brian Waldhuter	M80	2.73
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Shot

John Fettus	M50	13.61
Garry Hastie	M60	8.78
Phil Fenn	M40	7.87
Harold Membrey	M70	7.57
Brian Waldhuter	M80	6.66
Sharon Moloney	W60	6.24

WAAS – 18 February

100m

Heat 1		
David Carbon	M55	13.3
Gin Ang	M60	13.6
Ken Stone	M50	15.0

Heat 2

Simon Martin	M40	13.7
Dave Wilkie	M65	15.6
Anthony Misson	Vis	26.9
John Dennehy	M65	27.3

200m

David Carbon	M55	28.3
Simon Martin	M40	28.6
Dave Wilkie	M65	33.4
John Dennehy	M65	54.1
Anthony Misson	Vis	1:19.5

1000m

Anthony Grendon	M60	2:55.1	AR pending
Xander van Rijen	M55	3:08.0	
Glenn Rogers	M60	3:43.5	
David Adams	M45	4:07.0	

1000m walk

Johan Hagedoorn	M80	7:22.5
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3000m

Glenn Rogers	M60	11:33.9
David Adams	M45	14:36.0

3000m walk

Wendy Farrow	W55	20:56.4
Johan Hagedoorn	M80	23:05.9
Glenys Duncan	W80	28:02.4

Javelin

Ken Wilkins	M60	27.34
Dave Wilkie	M65	25.40
Christina Faithfull	W75	12.16

Discus

Dave Wilkie	M65	23.75
Ken Wilkins	M60	22.73
Christina Faithfull	W75	16.89

Bunbury – 18 February

400m

Tyne Timmers	M40	58.3
Ross Goulden	M80	83.4
Ruth Johnson	W80	2:03.2

Long Jump

Tyne Timmers	M40	4.49
Ross Goulden	M80	2.98
Brian Waldhuter	M80	2.67
Ruth Johnson	W80	2.10

Hammer

John Fettus	M50	43.63
Jo Peters	M70	40.85
Harold Membrey	M70	25.79
Garry Hastie	M60	24.86
Sharon Moloney	W60	20.50
Phil Fenn	M40	20.00
Ruth Johnson	W80	19.85
Brian Waldhuter	M80	17.60
Tyne Timmers	M40	15.53

ECAC – 20 February

60m

Heat 1		
Mark Harper	VMA	7.57
Matt Walker	M40	7.98
David Carbon	M55	8.34
Melissa Foster	W45	8.48
Malachi MacKay	M40	8.83
Clemie Jones	Vis	8.91
Cleo Collings	Vis	9.16
Michelle Davies	W40	9.22
Catherine Manners	W40	9.60

Heat 2		
Jenn Parker	W55	9.10
Charmaine Tuia	W30	9.14
Tammi Doyle	W50	9.68
Chris Brennan	M55	10.01
Owen Renting	Vis	10.20
Peter Woods	M60	10.26
Nat Lockyer	W45	10.37
David Adams	M45	10.56
Ava Collings	Vis	10.82

Heat 3		
Maureen Keshwar	W70	10.31
Max Tuia	Vis	10.92
Caius Tuia	Vis	11.52
Carol Bowman	W70	11.79
Delia Baldock	W60	12.14
Bob Schickert	M80	13.25
Terri Carr	W60	13.47
Anastasia Tuia	Vis	14.62
Jackie Halberg	W75	15.00
Des Walsh	M70	19.53

3000m

Peter Woods	M60	13:29.27
Brian Hewitt	M70	15:43.14
Mike Meredith	M60	16:03.24
Julie Wilson	W70	17:07.36
Jim Langford	M80	20:00.44
Bob Schickert	M80	21:52.55

3000m walk

Fiona van Heerwaarden	W45	18:57.42
Lynne Schickert	W80	26:05.98

200m

Heat 1		
Mark Harper	VMA	24.46
Dominic Lagat	M40	26.35
Matt Walker	M40	26.50
Duka Jansuk	Vis	27.28
Bonny Ndungu	M35	27.86
David Carbon	M55	28.09
Malachi MacKay	M40	28.36
Clemie Jones	Vis	29.87

Heat 2		
Jenn Parker	W55	30.42
Cleo Collings	Vis	30.51
Dayna Lagat	Vis	30.90
Catherine Manners	W40	32.39
Tammi Doyle	W50	32.44
Jovan Radosevic	Vis	33.00
Larissa Lagat	Vis	35.77
Peter Woods	M60	36.49

Heat 3		
Charmaine Tuia	W30	31.04
Chris Brennan	M55	35.70
Owen Renting	Vis	36.00
Ava Collings	Vis	37.78
Max Tuia	Vis	41.42
Delia Baldock	W60	42.54
Caius Tuia	Vis	43.98
Jackie Halberg	W75	56.61

5000m

Nikola Radosevic	Vis	17:35.09
Dominic Lagat	M40	19:40.05
Olivia Tuck	W35	20:48.95
Andy Roach	M50	23:24.61
Phil Mangano	M55	23:34.98
David Adams	M45	25:15.14
Xinhuan Yan	M50	25:21.69
Naomi Lagat	W40	25:29.01
Silke Peglow	W55	31:56.86
Peter Tietz	M70	33:13.41
Isolde Tietz	W70	34:26.34

5000m walk

Elizabeth Sheddon	Vis	37:41.34
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800m

Heat 1

Dominic Lagat	M40	2:09.02
Duku Jansuk	Vis	2:09.71
Tom Collings	M40	2:18.01
Aleksa Radosevic	Vis	2:29.53
Dayna Lagat	Vis	2:36.30
Cleo Collings	Vis	2:42.38
Olivia Tuck	W35	2:44.36
Andy Roach	M50	2:45.66
Larissa Lagat	Vis	2:47.36
Naomi Lagat	W40	2:48.15
Jovan Radosevic	Vis	2:57.39
David Adams	M45	3:15.12

Heat 2

Xinhuan Yan	M50	3:03.01
Peter Woods	M60	3:13.95
Owen Renting	Vis	3:22.62
Brian Hewitt	M70	3:23.09
Mike Meredith	M60	3:54.37
Fiona van Heerwaarden	W45	3:56.80
Julie Wilson	W70	4:06.63
Isolde Tietz	W70	4:20.62
Peter Tietz	M70	4:57.86

Hammer

Jenn Parker	W55	27.68
Garry Parker	M60	24.07
Tammi Doyle	W50	17.37
Tamara Smith	Vis	15.67
Charmaine Tuia	W30	15.34
Nat Lockyer	W45	13.95
Terri Carr	W60	13.47
Andrea Penny	W45	13.02

High Jump

Duka Jansuk	Vis	1.63
Hans Venter	M60	1.49
Mariette Botha	W40	1.45
Jenn Parker	W55	1.37
Malachi MacKay	M40	1.34
David Carbon	M55	1.28
Dave Wyatt	M70	1.25
Lisa Limonas	W55	1.16
Tammi Doyle	W50	1.13
Gay Wyatt	W70	1.07
Nat Lockyer	W45	1.04
Lynne Schickert	W80	0.92
Carol Bowman	W70	0.89

Shot

Dayna Lagat	Vis	9.76
Jenn Parker	W55	8.77
Dominic Lagat	M40	7.97
Malachi MacKay	M40	7.82
Tamara Smith	Vis	7.82
Tammi Doyle	W50	7.80
Maureen Keshwar	W70	7.20
Garry Parker	M60	7.14
Nat Lockyer	W45	7.14
Des Walsh	M70	7.08
Larissa Lagat	Vis	7.05
Charmaine Tuia	W30	6.86
Naomi Lagat	W40	5.83
Terri Carr	W60	5.63
Carol Bowman	W70	4.71
Andrea Penny	W45	4.40

Strive, WAAS – 22 February**100m**

Kyle Ennis	M30	10.75	+1.5
Mathew Walker	M40	12.50	+3.9
Melissa Foster	W45	13.12	+4.8
Malachi MacKay	M40	13.66	+1.1
John Dennehy	M65	19.61	+0.1
Alan Deans	M70	20.81	+0.1

200m

Kyle Ennis	M30	21.40	+4.5
Matthew Konsolis	M35	23.64	+2.2
Mathew Walker	M40	26.52	+2.8
John Dennehy	M65	40.06	+5.0

400m hurdles

Kimberly Young	W30	66.98
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800m

Mark Maslen	M45	2:09.15
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5000m

Natalia Pond	W40	18:33.85
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High Jump

Malachi MacKay	M40	1.30
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Long Jump

Melissa Foster	W45	5.53	+1.7
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Pole Vault

Amanda Bisk	W35	3.70	SR
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Discus

Paul Jeffery	M50	42.37
Malachi MacKay	M40	23.25

Shot

Malachi MacKay	M40	7.72
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AMA Combined Events Championships, Brisbane – 22-23 February**Decathlon**

Sue Coate W55	100m	LJ	Shot	HJ	400m	80mH	Discus
	14.76	4.16	9.71	1.24	74.21	16.53	23.50
	790	671	660	666	630	614	531
	PV	Jav	1500m				
	2.20	28.70	6:27.80				
	496	675	682				

Total Points 6415 WR pending

WAAS – 25 February

60m			5000m		
Heat 1			David Adams	M45	27:36.8
David Adams	M45	9.7			
John Dennehy	M65	15.5	3000m		
Anthony Misson	Vis	15.9	Kirsty Peddie	W40	17:19.8
Heat 2			3000m walk		
Brian Callaghan	M60	8.2	Wendy Farrow	W55	21:21.5
Simon Martin	M40	8.6	Johan Hagedoorn	M80	23:48.0
200m					
Simon Martin	M40	28.7			
Brian Callaghan	M60	29.8			
1 mile					
David Adams	M45	7:00.3			
Kirsty Peddie	W40	8:05.4			
1 mile walk					
Wendy Farrow	W55	11:25.4			
Johan Hagedoorn	M80	13:02.6			

Bunbury – 25 February

60m			Shot		
Tyne Timmers	M40	8.4	John Fettus	M50	12.76
Brian Waldhuter	M80	12.6	Jo Peters	M70	11.95
Ruth Johnson	W80	13.2	Tyne Timmers	M40	9.29
300m hurdles			Garry Hastie	M60	8.83
Harold Membrey	M70	87.2	Harold Membrey	M70	7.49
400m hurdles			Phil Fenn	M40	7.24
Tyne Timmers	M40	75.3	Brian Waldhuter	M80	6.29
Hammer			Ruth Johnson	W80	4.80
Jo Peters	M70	44.29			

Strive, WAAS – 26 February

100m				Pole Vault		
Kyle Ennis	M30	10.89	+0.0	Brad Schirmer	M55	2.90
Adrian McKenzie	M50	11.73	+0.4	Malachi MacKay	M40	2.30
Malachi MacKay	M40	13.61	+0.9	Geoff Brayshaw	M75	2.30
Gin Ang	M60	13.64	+0.9	Phil Smyth	M75	2.00
Joe-Anne Dannenberg	W50	14.06	+0.6	High Jump		
John Dennehy	M65	18.96	+1.2	Mariette Botha	W40	1.45
400m				Hammer		
Matthew Konsolis	M35	51.39	Ben Botha		M45	28.38
Malachi MacKay	M40	64.03				
1500m						
Mark Maslen	M45	4:30.29				
Ian Thompson	M45	4:31.02				
3000m walk						
Melissa Lewis	W35	15:28.98	SR			

60m			3000m		
Heat 1			Isabella O'Hare Vis 11:45.84		
Mark Harper	VMA	7.51	Andy Roach	M50	13:02.84
Matt Walker	M40	7.91	Ansen Soon	M30	13:02.96
Bonny Ndungu	M35	7.98	Peter Woods	M60	13:30.11
Dominic Lagat	M40	8.30	David Adams	M45	13:32.32
David Carbon	M55	8.32	Xinhuan Yan	M50	14:04.81
Melissa Foster	W45	8.44	Tegan Durbridge	W35	14:54.73
Gin Ang	M60	8.45	Brian Hewitt	M70	16:27.92
Clemie Jones	Vis	8.82	Jim Langford	M80	20:43.13
Cleo Collings	Vis	9.24	Bob Schickert	M80	21:32.59
Heat 2			3000m walk		
Nkosi Ndlovu	M40	8.79	Elizabeth Sheddon	Vis	21:49.55
Jenn Parker	W55	9.02	Lynne Schickert	W80	25:58.08
Tammi Doyle	W50	9.31	2000m steeplechase		
Asami Kobayashi	W50	9.40	Tom Collings	M40	7:16.92
Keith Redpath	M70	9.48	Sandra Siviour	W50	9:43.28
David Adams	M45	9.56	Sue Coate	W55	10:07.81
Xinhuan Yan	M50	9.99	Xinhuan Yan	M50	10:20.76
Des Walsh	M70	10.03	Tammi Doyle	W50	10:24.93
Chris Brennan	M55	10.16	Tegan Durbridge	W35	11:04.41
Peter Woods	M60	10.17	Julie Wilson	W70	11:52.99
Heat 3			Long Jump		
Delia Baldock	W60	11.91	Dominic Lagat	M40	5.03
Bob Schickert	M80	12.62	David Carbon	M55	4.41
Tegan Durbridge	W35	13.10	Jenn Parker	W55	4.23
Mike Anderson	M75	14.94	Lisa Limonas	W55	3.69
Jackie Halberg	W75	15.42	Dave Wyatt	M70	3.68
Lynne Schickert	W80	16.07	Gay Wyatt	W70	3.13
Elizabeth Sneddon	Vis	19.04	Jacinta Thompson	W45	2.55
100m			Lyn Arnott W70 2.36		
Heat 1			Triple Jump		
Mark Harper	VMA	12.01	Gay Wyatt	W70	6.45
Bonny Ndungu	M35	12.37	Lynne Schickert	W80	4.59
Dominic Lagat	M40	12.53	Javelin		
Matt Walker	M40	12.70	Dominic Lagat	M40	35.39
Nicholas Collis	Vis	13.16	Sue Coate	W55	27.33
David Carbon	M55	13.44	Jenn Parker	W55	21.79
Clemie Jones	Vis	14.11	Tammi Doyle	W50	20.00
Cleo Collings	Vis	14.80	Des Walsh	M70	17.69
Tammi Doyle	W50	15.21	Chris Brennan	M55	17.53
Heat 2			Christina Faithfull	W75	11.67
Nkosi Ndlovu	M40	14.39	Carol Bowman	W70	9.77
Asami Kobayashi	W50	15.73	Andrea Penny	W45	9.02
Des Walsh	M70	16.66	Terri Carr	W60	7.22
Chris Brennan	M55	16.87	Weight		
Jacinta Thompson	W45	17.97	Tamari Smith	Vis	7.67
Delia Baldock	W60	19.63	Christina Faithfull	W75	6.34
Jackie Halberg	W75	25.26	Terri Carr	W60	5.86
Mike Anderson	M75	25.55	400m		
Dominic Lagat M40 55.25			Ansen Soon M30 60.80		
Ansen Soon M30 60.80			Matt Walker M40 63.11		
Matt Walker M40 63.11			Cleo Collings Vis 66.95		
Cleo Collings Vis 66.95			Andy Roach M50 70.89		
Andy Roach M50 70.89			Peter Woods M60 87.45		
Peter Woods M60 87.45			Barbara Blurton W70 89.17		
Barbara Blurton W70 89.17			Brian Hewitt M70 1:33.56		
Brian Hewitt M70 1:33.56					